

Cornell Estates

Events Calendar

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Sunday Service - PR 2:30 Bible Study - CR	2 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Current Events - ELR 1:30 Balance & Mobility Class - PR 2:30 Cook Family Piano - PR 3:00 Pretty Nails - ML 3:00 Book Club 3FA 6:00 Movie- ELR	3 8:00 - 11:00 Bus to Doctors Appt 8:35 Bus to SMART 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 10:00 Cell Phones 101 - CR 1:30 Fred Meyer 1:30 Bingo - PR 4:00 Computer Lab - COL 6:30 Current Events - ML	4 HEARING EDUCATION DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 1:30 Resident Meeting - PR 2:30 White Elephant Exchange - PR 3:00 Conversational French - CR 6:15 Bingo with Bobbie - PR	5 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 1:30 Trip: Portland Art Museum 1:30 Bingo - PR 2:00 Friendly Readers 3:00 Dance 4 Health: Linda Anderson - PR 4:00 Computer Lab - COL 6:30 Current Events - ML	6 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 How Music Helps Our Brains with Dr. Larry Sherman, OHSU - PR 3:00 Friendly Visiting 3:00 Afternoon Gratitude - ML 6:00 Movie - ELR	7 1:00 Saturday Matinee - ELR 3:00 Play Pool - ER
8 9:30 Sunday Service & Communion - PR 2:30 Bible Study - CR	9 8:00 Bus to Doctors & Errands 9:00 Hearing Aid Services - ML 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Current Events - ELR 1:30 Balance & Mobility Class - PR 3:00 Pretty Nails - ML 6:00 Movie - ELR	10 8:00 - 11:00 Bus to Doctors Appt 8:35 Bus to SMART 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 10:00 Everything Yarn! - ELR 1:30 Safeway/Target/Bi-Mart 1:30 Beat the Winter Blues - PR 2:30 Bus: Mooberry Homework 3:00 "Village Idiots" Demo - CR 4:00 Computer Lab - COL 6:30 Current Events - ML	11 HEARING EDUCATION DAY 8:00 Bus to Doctors & Errands 8:45 -12:00 AARP Driver Safety-PR 9:15 Bus to Adelante Mujeres 10:00 Current Events - ELR 10:00 Share, Prayer, and Care - CR 1:30 Sr. Serenaders Bday Party - PR 3:00 Conversational French - CR 3:00 Poetry Out Loud - 3 FA 6:15 Bingo with Bobbie - PR	12 8:45 - 12:00 AARP Driver Safety-PR 9:15 Walking Club- ELR 10:45 Trip: Hale's & Movies on TV Highway 10:00 Pretty Nails - ELR 10:00 Water Color Class - CR 1:30 Bingo - PR 2:00 Friendly Readers 3:00 Music Sing-a-long w/Jan - ML 4:00 Computer Lab - COL 6:30 Current Events - ML	13 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Planes, Trains, & Automobiles: Private Jet Pilot Col. Scott Powell - PR 3:00 Friendly Visiting 3:00 Intro to Spanish - CR 6:00 Movie - ELR	14 1:00 Saturday Matinee - ELR 3:00 Play Pool - ER
15 9:30 Sunday Service - PR 2:30 Bible Study - CR	16 MLK JR. DAY NATIONAL DAY OF SERVICE 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 11:00 - 2:00 Your Clothing Solution Fashion Store - ML 2:30 Service Projects - PR 3:00 Pretty Nails-ML 6:00 Movie- ELR	17 PU Dental Clinic 1:00 - 5:00 pm 8:00 - 11:00 Bus to Doctors Appt 8:35 Bus to SMART 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 10:00 Expose Yourself to Art - Printmaking - AC 1:30 Winco/\$ Tree 1:30 Bingo - PR 2:30 Bus: Mooberry Homework 3:00 Fall Prevention - PR 4:00 Computer Lab - COL 6:30 Current Events - ML	18 HEARING EDUCATION DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 10:00 Hearing Education: Brain & Cognitive Re-training - CR 1:30 History of Elvis - PR 2:15 Girl Scouts - COL 3:00 Conversational French - CR 3:00 Cornell Choir Rehearsal - PR 6:15 Bingo with Bobbie - PR	19 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 1:30 Trip: Fire Station #1 1:30 Bingo - PR 1:30 Language Lingo - COL 2:00 Friendly Readers 3:00 Dance 4 Health: Linda Anderson - PR 4:00 Computer Lab - COL 6:30 Current Events - ML	20 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 11:00 Phil Hall Accordion- DR 1:00 - 4:00 Voter Assistance - CR 1:30 Travelogue: The Gulf of Mexico - PR 3:00 Friendly Visiting 3:00 Afternoon Gratitude - ML 6:00 Movie - ELR	21 10:00 Vets Talk with VFW - ML 1:00 Saturday Matinee - ELR 3:00 Play Pool - ER
22 9:30 Sunday Service - PR 2:30 Bible Study - CR	23 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 1:30 Balance & Mobility Class - PR 3:00 Pretty Nails - ML 3:00 Book Club - 3FA 6:00 Movie - ELR	24 PU Dental Clinic 1:00 - 5:00 pm 8:00 - 11:00 Bus to Doctors Appt 8:35 Bus to SMART 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 10:00 Mooberry Classroom Materials - PR 1:30 Hanks 1:30 Bingo - PR 2:30 Bus: Mooberry Homework 3:00 Boost Your Memory - CR 4:00 Computer Lab - COL 6:30 Current Events - ML	25 HEARING EDUCATION DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 11:00 The Candy Lady - ML 2:00 Hawaiian Escape Meet Your Neighbors - PR 3:00 Conversational French - CR 3:00 Poetry out Loud - 3FA 6:15 Bingo with Bobbie - PR	26 9:00 Trip: Spirit Mountain 9:15 Modified Sports - "Beach Volleyball" - PR 10:00 Pretty Nails - ELR 10:00 Water Color Class - CR 1:30 Bingo - PR 2:00 Friendly Readers 3:00 Music Sing-a-long w/Jan - ML 4:00 Computer Lab - COL 6:30 Current Events - ML	27 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Origami - PR 3:00 Librarians on Wheels 3:00 Friendly Visiting 3:00 Intro to Spanish - CR 6:00 Movie - ELR	28 1:00 Saturday Matinee - ELR 3:00 Play Pool - ER
29 9:30 Sunday Service - PR 2:30 Bible Study - CR	30 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 1:30 Balance & Mobility Class - PR 2:30 Monty Watters- PR 3:00 Pretty Nails-ML 6:00 Movie- ELR	31 PU Dental Clinic 1:00 - 5:00 pm 8:00 - 11:00 Bus to Doctors Appt 8:35 Bus to SMART 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 10:00 Adelante Materials - PR 1:30 Trader Joes/Safeway/Pier 1 1:30 Bingo - PR 2:30 Bus: Mooberry Homework 3:00 Boost Your Memory - CR 4:00 Computer Lab - COL 6:30 Current Events - ML	One kind word can warm three winter months. ~ Japanese Proverb	Happy Birthday Connie Sheets 1/2 Esther Chalmers 1/3 Jane Doherty 1/17	Happy Birthday Susie Kinney 1/20 Raymond Frewing 1/20 Joyce Hallowell 1/24 Barbara Ives 1/28	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st fl ER - Exercise Room - 3rd fl FA - Floor Alcove LIB - Library - 2nd fl ML - Main Lobby - 1st fl RCY - Retirement Court Yard PR - Party Room - 2nd fl