



# Cornell Estates

# Events Calendar

# August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st fl FA - Floor Alcove LIB - Library - 2nd fl ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st fl PR - Party Room - 2nd fl		<b>Happy Birthday!</b>  Burton Huggett 8/5 Noreen Peene 8/6 Iona Fast 8/8	<b>Happy Birthday!</b>  Ava Hill 8/11 Elaine Smedstad 8/16 Vesta Sundstrom 8/18	<b>Happy Birthday!</b>  Maxine Brown 8/22 Annie Kolodziejczak 8/30 Bob Brooks 8/30		1  9:15 SilverSneakers Walking Class - Meet in ELR 6:00 Saturday Movie
2  9:30 Worship Service - PR  2:30 Bible Study - CR	3  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Current Events - ELR 3:00 Pretty Nails - ML	4  8:00 - 11:00 Bus to Doctors Appt 9:15 Summer Stroll - ELR 9:15 SS Strength & Balance - PR 10:00 Community Gardening - ML 10:30 Read Aloud Newsletter - ML 1:30 Bingo - PR 3:00 Monte Watters - ML 5:00 Trip: Tuesday Night Market	5 HEARING AWARENESS DAY  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Water Color Class - CR 10:00 Current Events - ELR 1:30 Resident's Meeting - PR	6  9:15 Functional Fitness - PR 9:30 Trip: Mystery Ride 10:00 Cornell Theatre - CR 10:00 Pretty Nails - ELR 1:30 Bingo - PR 2:00 Laughter Tai Chi - RCY 3:00 Assisted Happy Hour - ELR 4:00 Retirement Happy Hour - ML	7 NAME TAG DAY  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 Jewelry with Jani - PR 1:30 Fred Meyer 3:00 Friendly Visiting 3:30 Arm Chair Travel: Iceland- CR	8  9:15 SilverSneakers Walking Class - Meet in ML 4:00 Music Hour at the Grand Piano - ML  6:00 Saturday Movie - ELR
9  9:30 Worship Service & Communion - PR  2:30 Bible Study - CR	10  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Current Events - ELR 3:00 Pretty Nails - ML	11  8:00 - 11:00 Bus to Doctors 9:15 Summer Stroll - ELR 9:15 SS Strength & Balance - PR 10:00 Community Gardening - ML 1:30 Safeway/Target/Bi-Mart/\$Tree 1:30 Bingo - PR	12 HEARING AWARENESS DAY  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Current Events - ELR 10:00 Janice the Card Lady - PR 1:30 Birthday Party - PR 3:00 Poetry Out Loud - 3FA	13  9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Cornell Theatre - CR 10:00 Pretty Nails - ELR 1:30 Bingo - PR 3:00 Music Sing-along w/ Jan - ML 6:00 Trip: Showtime at Shute! 6:30 Orenco Photography Club	14 NAME TAG DAY  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 Patio Cocktail Hour with Dom Franco - RCY 3:00 Friendly Visiting	15  9:15 SilverSneakers Walking Class - Meet in ML 10:00 Vets Talk with VFW - ML  6:00 Saturday Movie - ELR
16  9:30 Worship Service - PR  2:30 Bible Study - CR	17  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice- PR 3:00 Pretty Nails - ML 3:00 Current Events - ELR	18  8:00 - 11:00 Bus to Doctors 9:15 Summer Stroll - ELR 9:15 SS Strength & Balance - PR 10:00 Community Gardening - ML 1:30 Winco/JoAnn/Kohls 2:30 Bingo - PR 3:00 Boost Your Memory - CR	19 HEARING AWARENESS DAY  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Watercolor Class - CR 10:00 Current Events - ELR 1:30 STAGES Performing Arts Youth Academy Presents: "Harmony High" - PR 3:00 Bean Bag Baseball - RCY	20  9:15 Trip: Spirit Mountain 9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Cornell Theatre - PR 10:00 Pretty Nails - ELR 1:30 EmpRes Bingo - PR 3:00 Assisted Happy Hour 4:00 Retirement Happy Hour - ML	21 NAME TAG DAY  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 Trip: Mystery Ride 1:30 C.A.R.E. Project - PR 3:00 Friendly Visiting 3:00 The More You Know - CR	22  9:15 SilverSneakers Walking Class - Meet in ML 2:00 Lemonade Social - RCY 4:00 Music Hour at the Grand Piano - ML 6:00 Saturday Movie - ELR
23  9:30 Worship Service - PR 2:30 Bible Study - CR	24 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir - PR 2:30 Balance & Mobility - PR 3:00 Pretty Nails - ML 3:00 Current Events EL	25  8:00 - 11:00 Bus to Doctors 9:15 Summer Stroll - ELR 9:15 SS Strength and Balance - PR 10:00 Community Gardening - ML 1:30 Albertson's 1:30 Bingo - PR 3:00 Tea with Friends - CR	26 HEARING AWARENESS DAY  8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Current Events - ELR 1:30 Pacific Lady - PR 3:00 Poetry Out Loud - 3FA	27  9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Trip: Hagg Lake Picnic 10:00 Cornell Theatre - CR 10:00 Pretty Nails - ELR 1:30 Bingo - PR 3:00 Music Sing-along w/ Jan - ML	28 NAME TAG DAY  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 2:00 Cornell Choir Concert: Disney Classics - PR 3:00 Friendly Visiting 3:00 Food Committee - CR	29  9:15 SilverSneakers Walking Class - Meet in ML  5:30 Toy and Joy Spaghetti Dinner and Bingo
30  9:30 Worship Service - PR 2:30 Bible Study - CR	31 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Current Events - ELR 1:30 Crafts - CR 2:30 Balance & Mobility- PR 3:00 Book Club - LIB 3:00 Pretty Nails -ML					