


# Cornell Estates



# Events Calendar



# August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>AUGUST</b>	<b>Happy Birthday!</b>  <b>Burton Huggett 8/5</b> <b>Joanne Ulrich 8/6</b> <b>Vesta Sundstrom 8/18</b> <b>Maxine Brown 8/22</b> <b>Bob Brooks 8/30</b>	<b>1</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities -AC 10:00 Read Aloud:Newsletter-ML 1:00 Bingo - PR 1:30 Target/Safeway/BiMart/\$Tree	<b>2 HEARING AWARENESS DAY</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Spanish Conversation COL 1:30 Resident's Meeting - PR 3:00 Men's Club- CR	<b>3</b>  9:15 Functional Fitness - PR 9:00 Trip: Lincoln City 's Chinook Winds Casino 10:00 Adult Coloring - AC 1:00 Bingo - PR 3:00 Music Sing-along w/ Jan-ML 2:30 Dish Round-up	<b>4 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 1:30 Alpacas visiting CE- PR 3:00 Boost Your Memory -CR	<b>5</b>  9:30 Walking Group with Dynamic Stretch - ML  2:00 Knit and Stitch Group -ML
<b>6</b>  9:30 Worship Service -PR  2:30 Bible Study - CR	<b>7</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:30 Pretty Nails - ML	<b>8</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities -AC 10:00 Community Gardening-ML 1:00 Bingo - PR 6:00 Trip: Tuesday Marketplace 6:00 Wii Games-PR	<b>9 HEARING AWARENESS DAY</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Spanish Conversation COL 10:00 Janice the Card Lady - PR 1:30 Birthday Party with the Senior Serenaders- PR	<b>10</b>  9:15 Functional Fitness - PR 10:00 Pretty Nails - ELR 1:00 Bingo - PR 2:30 Dish Round-up 3:00 Happy Hour w/Hans & his Accordion-RCY 6:00 Trip: Showtime at Shute Johnny Limbo & the Lugnuts 6:30 Pokeno - CR	<b>11 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 1:30 STAGES Performing Arts Youth Academy - PR 3:00 Boost Your Memory -CR	<b>12</b>  2:00 Knit and Stitch Group -ML
<b>13</b>  9:30 Worship Service & Communion - PR  2:30 Bible Study - CR	<b>14</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:30 Pretty Nails - ML	<b>15</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 6:00 Wii Games-PR	<b>16 HEARING AWARENESS DAY</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Spanish Conversation COL 1:30 Bean Bag Baseball and Root Beer Floats - RCY 3:00 History of Oregon-PR	<b>17</b>  9:15 Functional Fitness - PR 10:00 Trip: Stubs Park & Picnic 10:00 Adult Coloring- AC 1:00 Bingo - PR 3:00 Music Sing-along w/ Jan-ML 2:30 Dish Round-up 6:30 Orenco Photography Club - PR	<b>18 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion-CR 1:30 Matthew Casey-ML 3:00 Boost Your Memory -CR	<b>19</b>  9:30 Walking Group with Dynamic Stretch - ML  2:00 Knit and Stitch Group -ML
<b>20</b>  9:30 Worship Service-PR  2:30 Bible Study - CR	<b>21</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:30 Pretty Nails - ML	<b>22</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities -AC 10:00 Community Gardening-ML 1:00 Bingo - PR 1:30 Albertson's 6:00 Wii Games-PR	<b>23 HEARING AWARENESS DAY</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Spanish Conversation COL 1:30 Bingo-PR	<b>24</b>  9:15 Functional Fitness - PR 10:00 Pretty Nails - ELR 1:00 Bingo - PR 2:30 Dish Round-up 3:00 Luau w/Dom Franco-RCY 6:30 Pokeno - CR	<b>25 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize PR 9:30 Catholic Communion - CR 1:30 Trolley Talks Presentation by Richard Thompson-PR 3:00 Boost Your Memory -CR	<b>26</b>  2:00 Knit and Stitch Group -ML
<b>27</b>  9:30 Worship Service -PR  2:30 Bible Study - CR	<b>28</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:00 Pretty Nails - ML 3:00 Book Club - LIB	<b>29</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities -AC 1:00 Bingo - PR 1:30 Winco/ Joann/Kohls 3:00 Tea with Friends - CR 6:00 Wii Games-PR	<b>30 HEARING AWARENESS DAY</b>  8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Spanish Conversation-COL 1:30 History of Oregon- PR	<b>31</b>  9:15 Functional Fitness - PR 10:00 Adult Coloring - AC 10:30 Trip: Helvetian Restaurant 1:00 Bingo-PR 2:30 Dish Round-up 2:30 Alzheimer's Support Group w/Sandy Morehouse -CA 6:30 Pokeno - CR	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st fl FA - Floor Alcove LIB - Library - 2nd floor ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl	RCY - Retirement Side Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL- Retirement Living  