The Conchords Chorale Presents:
The Trouble with Trebles
Valentine’s Day Concert

Saturday, February 13th
2:00 pm in the Party Room

Come share your love of music with
a special Valentine’s Day concert
by The Trouble with Trebles of the
Conchords Chorale.

The Trouble with Trebles is a double-trio of ladies performing all sorts of tunes that will bring a smile to your face and a tap to your feet.

Their Valentine’s Day show features love songs from the 1930’s through the 1970’s so you’ll be sure to hear all your favorites. You will just adore their smooth sound and sweet melodies!

Valentine’s Day is all about spending time with those you love, so invite your friends, family, or special someone and join your neighbors for this spectacular performance on Saturday, February 13th at 2:00 pm in the Party Room.

A reception with refreshments will follow the concert.

“Illinois” Doug Tracy
Liberty and Union
Wednesday, February 17th
1:30 pm in the Party Room

Music was a main component of the campaigns for Presidential candidates in the 1860s.

Looking back at these songs gives us an insight to the candidates' positions and how divided Americans were, both culturally and politically, at the time of the Civil War and the election of Abraham Lincoln.

Through this special President’s Day presentation at Cornell Estates, "Illinois" Doug Tracy will guide the audience through a musical tour of these songs and campaigns. Discover how music helped to shape what were the most crucial Presidential elections our nation has ever held.

“Illinois” Doug Tracy is a musician, folklorist, and troubadour. He’s part of a long tradition of entertainers who share encyclopedic collections of American songs with their audiences.

As a member of the Oregon Lincoln Bicentennial Commission (OLBC) he became interested in the songs of Lincoln’s two campaigns —1860 & 1864. The melodies used were those of popular songs of the day so everyone could sing along. Some songs may seem familiar still, but many have been long forgotten. “Illinois” Doug Tracy brings these forgotten songs back to life!
Cornell Estates Management Team

**EXECUTIVE DIRECTOR**
Charlene Torrey

**MARKETING DIRECTOR**
Cindy Lovell

**DIRECTOR OF HEALTH SERVICES**
Dawn Enderle, RN

**COMMUNITY PROGRAMS DIRECTOR**
Amanda Bigus

**DIETARY MANAGER**
Ron Gifford

**MAINTENANCE COORDINATOR**
David De La Torre

**HOUSEKEEPING SUPERVISOR**
Rosa Vargas

**BOOKKEEPER**
Tim Helling

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**CORNELL ESTATES WELCOMES...**

Doris Stauffer  
Robert Dressler  
David & Janet Johnson  

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**February Birthdays**

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frank Colly</td>
<td>2/4</td>
<td>Robert Plumb</td>
<td>2/15</td>
</tr>
<tr>
<td>Violet Aquino</td>
<td>2/5</td>
<td>Arden Sheets</td>
<td>2/17</td>
</tr>
<tr>
<td>Tamiko Gage</td>
<td>2/7</td>
<td>Frank Reding</td>
<td>2/20</td>
</tr>
<tr>
<td>Phyllis Burell</td>
<td>2/9</td>
<td>Shig Mukai</td>
<td>2/24</td>
</tr>
<tr>
<td>Bess Loos</td>
<td>2/12</td>
<td>Roy Benson</td>
<td>2/28</td>
</tr>
</tbody>
</table>

Birthday Party on Wednesday, February 10th at 1:30 pm in the Party Room with the Senior Serenaders

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**Thank you!**

We could not have done the following without you:

- Welcome Bags: June Ranf, Fran Whittaker, and Jim Pavis
- Newsletter Folding: Sue Colly and Lois Minson
- Assisting with Church: Bob Brooks and Burt Huggett
- Assisting with Exercise: Eva Beeman
- Library Maintenance: Anne Matthes
- Cleaning up after Bingo: Florence Hess
- Help setting up for exercise: Betty Tellhed and Burt Huggett
- Entertaining our residents on the Piano: Elizabeth Simons
- Playing the Accordion for Happy Hour: Hans Friedrichs

A very special thank you to all who donated items for and/or helped assemble the Welcome Boxes for foster children for our National Day of Service project. Because of your help, Cornell Estates donated 17 Welcome Boxes to Embrace Oregon.

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**Staff Birthdays**

Taylor H.  
2/18
**February Highlights**

**Bone & Joint Pain**  
*With Providence Health*  
**Friday, February 26th**  
**1:30 pm in the Party Room**

Joint problems usually develop from a loss of cartilage. Cartilage is the white tissue at the end of your bones that enables joints to move without friction. This tissue reaches its peak growth between the ages of 18 and 20, and it does not regenerate. As we age, our cartilage gradually diminishes. Bones begin to rub against each other, causing stiffness and pain.

This pain can be relieved in many ways. Exercise, weight loss, lifestyle changes and physical therapy can relieve some pain caused by a loss of cartilage. Injections of medications or steroids can ease the pain. When the damage is more advanced, the joint may be replaced surgically.

Join a professional from Providence Health & Services on **Friday, February 26th at 1:30 pm in the Party Room** to learn about specific joint problems, what your pain might mean, and the treatment options that are available.

**Martial Arts & Self-Defense**  
**Friday, February 5th**  
**1:30 pm in the Party Room**

Come and explore how the study of martial arts like Hapkido and Tae Kwon Do can enhance your daily living as it emphasizes the integration of mind, body, and spirit; the perfection of human character, social responsibility, and appropriate use of force. Presentation will include self defense techniques, non-violent conflict resolution, and martial art philosophy.

**Reader’s Theatre**  
**Radio Show**  
**Friday, February 19th**  
**1:30 pm in the Party Room**

Back before TV and DVD players, radio shows like “Stop Me if You’ve Heard This One” and “Can You Top This” were the popular form of entertainment.

Now, we invite you to step back in time as the Young at Heart Readers Theatre performs a 1940’s style radio show right here at Cornell Estates!

The radio show begins at **1:30 pm on Friday, February 19th in the Party Room**.

The Young at Heart radio show is based on “The Inner Sanctum,” an incredibly popular mystery program that aired in The early 1940’s.

The group will perform the original commercials from the show interspersed with some short comedy bits, so you’re sure to be in for a great variety show!

The Young at Heart Readers Theatre is a group of actors who perform throughout Washington County, bringing to life a wide variety of books, plays, and radio dramas for new audiences. Don’t miss your chance to see the Young at Heart Readers Theatre in action!

**Men’s Club**  
**Wednesday, February 10th**  
**3:00 pm in the Cascade Room**

Join your 2016 Ambassador, John Crockett, on **Wednesday, February 10th at 3:00 pm in the Cascade Room** for the Men’s Club.

All male residents at Cornell Estates are invited to participate. This group will discuss common interests and identify and initiate new activities based on those interests. This is a group created for the men by the men of Cornell Estates!
## Continuing Education

### The More You Know:
#### Leap Year
Friday, February 19th
3:00 pm in the Cascade Room

2016 is a leap year! Leap years only occur every 4 years, so this month we will have one extra day - Monday, February 29th.

Leap years are necessary to keep the calendar aligned with Earth's revolutions around the sun. While the calendar assumes the Earth revolves around the sun every 365 days, it actually takes the Earth a bit longer - 365 days, 5 hours, 48 minutes and 46 seconds.

Come learn more fun facts about leap year at this month’s, “The More You Know” on **Friday, February 19th at 3:00 pm in the Cascade Room**.

### NEW! Cornell College
#### Conquest of the Americas
Every Monday
10:00 am in the Cascade Room

Why was Christopher Columbus's voyage to the Americas in 1492 arguably the most important event in the history of the world?

Professor Marshall C. Eakin of Vanderbilt University argues that it gave birth to the distinct identity of the Americas today by creating a collision between three distinct peoples and cultures: European, African, and Native American.

Find out more in this exciting and educational series of Cornell College. This course includes 24 lectures. Each week we will watch a 30 minute video lecture and then engage in discussion. Everybody is welcome to join.

Cornell College meets every **Monday at 10:00 am in the Cascade Room**. Reading materials are available at the front desk.

### Arm Chair Travel
#### Friday, February 5th
3:00 pm in the Party Room

Arm Chair travel let’s us explore new and exciting places without having to leave the comfort of our chairs. This month, we will be travelling to the East Coast and visiting Bar Harbor, Maine.

Bar Harbor, Maine is Mount Desert Island's largest community and the home to 1,532-foot Cadillac Mountain—part of neighboring Acadia National Park. You can use Bar Harbor as your home base to explore the park's loop road and historic carriage roads, or to go hiking or rock climbing on Cadillac Mountain.

To learn many more facts and see some beautiful sights, join your fellow travelers in the **Party Room on Friday, February 5th at 3:00 pm**.

### Coloring for Adults
#### NOW WEEKLY!
Thursdays at 10:00 am
In the Cascade Room

You may think coloring is just for kids, but a recent trend has shown that coloring can be an effective stress reliever for adults—and it’s fun!

The patterns aren’t anything like you were used to as a kid either. The intricate designs help your mind focus while using colored pencil, crayon or marker.
That’s Entertainment

<table>
<thead>
<tr>
<th>Monte Watters</th>
<th>Music with Mario</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tuesday, February 2nd</strong></td>
<td><strong>Wednesday, February 24th</strong></td>
</tr>
<tr>
<td><strong>3:00 pm in the Main Living Room</strong></td>
<td><strong>1:30 pm in the Party Room</strong></td>
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</table>

Monte Watters has been playing the piano since early childhood. He comes from a musical family, and performed often with his parents and siblings throughout the Northwest.

He has been to Cornell Estates many times and always brings a certain charm that will make you smile. He will also delight and amaze you with his musical talent and knowledge.

Don’t miss one of Cornell’s favorite entertainers. Come to the Main Living Room on Tuesday, February 2nd at 3:00 pm.

<table>
<thead>
<tr>
<th>Themed Movie Night: “The Blind Side”</th>
<th>The Suzuki Academy of Strings</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Thursday, February 25th</strong></td>
<td><strong>Violin Performance</strong></td>
</tr>
<tr>
<td><strong>6:00 pm in the Party Room</strong></td>
<td><strong>Friday, February 19th</strong></td>
</tr>
</tbody>
</table>

We are taking movie night to a whole new level! Join us on the last Thursday of each month to enjoy a themed movie night.

This month we are having a football theme based on the movie “The Blind Side,” starring Sandra Bullock, Quinton Aaron and Tim McGraw.

Summary: The story of Michael Oher, a homeless and traumatized boy who became an All American football player and first round NFL draft pick with the help of a caring woman and her family. Based on a true story.

Our football theme will include assorted “game day” snacks and Gatorade — and don’t forget to wear your favorite football jersey!

With all this talent and experience you are sure to be in for a great show.

We are very excited to host the students from the Suzuki Academy of Strings at Cornell Estates for their winter recital. You will be amazed at the talent of these young musicians.

The Suzuki approach provides an excellent musical foundation for the teaching of violin and viola students. Suzuki education and the joy of making music has enhanced the lives of countless students and their families.
## Grand Days Out

| Trip: Lunch At Fresh Thyme Soup Co.  
Thursday, February 4th  
Bus leaves at 11:00 am  
Lunch Cost: $3.75 - $10.00 |
|---|
| By now we are probably getting pretty tired of the winter rain, but what is better on a cold rainy day than a bowl of soup?  

Fresh Thyme Soup company’s daily soup menu offers five or more soups, with at least one hearty meat soup, broth soup, thick cream soup, vegetarian soup, and everything in between.  

Not into soup? You will love their salads, breads, deli sandwiches, and Panini grilled sandwiches.

Join your neighbors out to lunch. Both the soup and the company will keep you warm!  

*The soup pictured to the right is Fresh Thyme’s Baked Potato Soup* |

| Trip: Oregon Rail Heritage Museum  
Thursday, February 11th  
Bus leaves at 1:00 pm  
FREE Admission |
|---|
| Portland’s industrial heritage is entwined with being at the crossroads of many different railroads for over a century.  

The east-side Brooklyn Yard near the Willamette continues to host one of the last remaining round-houses with a turntable. Therein live three historic steam locomotives and most of the heavy machinery necessary to maintain them by volunteers. The near vicinity hosts a variety of historic diesel locomotives as well as historic passenger cars and other rolling stock.

There is plenty to see and do! Come take in the latest exhibit, get a guided tour of the big engines up close or browse the ORHC Gift Shop.

Sign up at the front desk. |

| Trip: Stash Tea Tour & Tasting  
Thursday, February 18th  
Bus leaves at 1:30 pm |
|---|
| Founded in 1972, Stash Tea originally operated out of an old Portland Victorian style house, supplying loose herbal teas and bulk herbs to natural food stores.

Today, Stash Tea is one of the largest specialty tea companies in the United States, with products available everywhere from grocery stores to tea and coffee shops.

We are very excited to have the opportunity to get an educational tour of the Stash Retail Store located in Tigard. After the tour, we will visit the tasting room where you can try a variety of Stash Tea.

The packaging will probably look familiar—Stash tea is what you are served here at Cornell! |

| Trip: Portland Opera at the Walters  
Cultural Arts Center  
Saturday, February 27th  
Bus leaves at 1:30 pm  
Cost: Suggested $5.00 Donation |
|---|

As the story goes, a clumsy young man called Nemorino has fallen madly in love with the beautiful and high-falutin’ Adina, who laughs off every attempt to catch her attention.

When Adina is swept away by the dashing Sergant Belcore, Nemorino desperately turns his hopes on a potion of love sold to him by a roguish traveling salesman called Dulcamara . . . But will it work?

Come find out what happens next in this delightful and lighthearted opera for all ages! |
**Simple Pleasures**

<table>
<thead>
<tr>
<th>Trip: Hillsboro High Senior Breakfast</th>
<th>Super Bowl Party!</th>
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<tbody>
<tr>
<td>Saturday, February 20th</td>
<td>Sunday, February 7th</td>
</tr>
<tr>
<td>Bus leaves at 7:45 am</td>
<td>3:30 pm in the Party Room</td>
</tr>
<tr>
<td>FREE!</td>
<td>Come watch the big game on the big screen! We will have snacks and drinks available for you to enjoy.</td>
</tr>
</tbody>
</table>

Hillsboro High School is hosting a FREE breakfast for senior citizens, and you are invited! Enjoy a hot meal and friendly conversation. The breakfast will be complete with entertainment, games and prizes!

Sign up at the front desk to reserve your seat. The bus will be leaving at 7:45 am on Saturday, February 20th.

<table>
<thead>
<tr>
<th>Hidden Meanings!</th>
<th>Genealogy 101</th>
</tr>
</thead>
<tbody>
<tr>
<td>Answers from last month:</td>
<td>Wednesday, February 24th</td>
</tr>
<tr>
<td>1. One step forward, two steps back</td>
<td>10:00 am in the Cascade Room</td>
</tr>
<tr>
<td>2. Two or Nothing</td>
<td>Barbara Hovorka is ready to help you discover your family lines. She poses the question, “What do you remember about your grandmother?”</td>
</tr>
<tr>
<td>3. Peppermint Swirl</td>
<td>Having taught at Portland Community College for fifteen years, Barbara received her genealogy certification from BYU at the Professional Level in 1989 and has worked hard over the years to stay current with new strategies and techniques.</td>
</tr>
<tr>
<td>4. Drawn to Scale</td>
<td>She takes great enjoyment from researching her family lines and believes that finding a new great-grandparent is almost as much fun as having a new great grandchild in the family!</td>
</tr>
<tr>
<td>5. Round of applause</td>
<td><strong>Word Game: Words in a Word</strong></td>
</tr>
<tr>
<td>6. Splitting Hairs</td>
<td>See how many words you can create from the letters in CHOCOLATES (example: shoe, toes, heat). Compare your list to ours in next month’s newsletter!</td>
</tr>
<tr>
<td>7. Over there, over there!</td>
<td><strong>Most Popular answers from December (RESOLUTION):</strong></td>
</tr>
<tr>
<td>8. I tease</td>
<td>Solution, nostril, nut, lose, tune, outline, erosion, lotion, lesion, outers, tonsil, silent, insert, insult, tools, risen, onset, urine, toner, roots, suite, nurse</td>
</tr>
<tr>
<td>9. Different strokes for different folks</td>
<td></td>
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</tbody>
</table>
# Celebrating Our ENCORE Partners

Encore Partners are wonderful contributors from our surrounding community who participate alongside Cornell Estates residents in our many ENCORE Community Opportunities.

## Thank you!

To our current Encore Partners:

- **Richard Banham** - Bible Study
- **Chet Bishop** - Bible Study
- **Dorothy Eby** - Senior Serenaders
- **Janice Haley** - “The Card Lady”
- **Beverly Nighorn** - Friendly Visiting
- **Becky Palfenier** - Pretty Nails
- **Bobbie Rodriguez** - Adelante Materials
- **Les Payne** - Sunday Church Services
- **Bobbie Quillin** - Wednesday Evening Games
- **Josefina Salazar** - Friendly Visiting
- **Elizabeth Smith** - Pretty Nails
- **Tracie Wahlberg** - Friendly Visiting, Crafts w/Wahlbergs
- **Grant Wahlberg**, age 15 - Friendly Visiting
- **Ryan Wahlberg**, age 12 - Friendly Visiting
- **Jan Whittaker** - Sing along with Jan, Cornell Choir

## What’s Happening with Pacific University in February?

### Speech Language Pathology

Your speech language pathology student will be back on **Friday, February 5th**. Please meet them in the **Party Room at 10:00 am**. Thank you for volunteering to help these students with their future careers!

### Dental Clinic

Don’t forget about our on-site dental clinic at Cornell Estates. Pacific University Dental Students are here every Tuesday and are available for appointments or to just answer any questions you may have. **Sign up at the front desk.**

## Opportunities to Volunteer Within Cornell Estates:

- Community Gardening
- Folding Newsletters
- Friendly Visiting
- Welcome Baskets
- Library Maintenance
- Monthly C.A.R.E. Projects (Community Action Rejuvenates Everyone!)

## This month in Hearing Health @ Cornell Estates:

**First Wednesdays**—Free Hearing Assessments with Darin Scheurer, Smart Step Hearing. Sign up at the Front Desk. The next appointments are on **Wednesday, March 2nd.**

**Pacific University Ear Wax Clinic**
Next Ear Clinic will be in March
Ear Wax Removal is $25
Sign up at the front desk
<table>
<thead>
<tr>
<th>Meetups @ Cornell</th>
<th>Opportunities for residents with shared interests to meet and participate together</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Book Club</strong></td>
<td>Monday, February 29th 3:00 pm (LIB)</td>
</tr>
<tr>
<td>Residents who share a love of reading gather to discuss the books they are enjoying.</td>
<td></td>
</tr>
<tr>
<td><strong>Boost Your Memory</strong></td>
<td>Tuesday, February 16th 3:00 pm (CR)</td>
</tr>
<tr>
<td>Residents gather to tickle the brain cells with fun and stimulating memory exercises and games.</td>
<td></td>
</tr>
<tr>
<td><strong>Conversational Spanish</strong></td>
<td>Wednesdays 9:50 am (COL)</td>
</tr>
<tr>
<td>Residents work with an instructor to develop basic Spanish vocabulary and conversation skills.</td>
<td></td>
</tr>
<tr>
<td><strong>Cornell Choir</strong></td>
<td>Mondays 1:30 pm (PR)</td>
</tr>
<tr>
<td>Residents share their love of singing and vocal talents in this fun and friendly Cornell choir.</td>
<td></td>
</tr>
<tr>
<td><strong>Cornell College</strong></td>
<td>Mondays 10:00 am (CR)</td>
</tr>
<tr>
<td>Residents meet once a week to watch a half-hour college lecture followed by a discussion.</td>
<td></td>
</tr>
<tr>
<td><strong>Cornell Community Garden</strong></td>
<td>On break for Winter 10:00 am (ML)</td>
</tr>
<tr>
<td>Residents have created a garden together with assistance from master gardener Arden Sheets.</td>
<td></td>
</tr>
<tr>
<td><strong>Food Committee</strong></td>
<td>Friday, February 26th 3:00 pm (CR)</td>
</tr>
<tr>
<td>Residents can offer their opinions and suggestions to Chef Ron regarding meals at Cornell.</td>
<td></td>
</tr>
<tr>
<td><strong>Happy Hour</strong></td>
<td>Thursday, February 4th &amp; 18th 3:00 pm (ELR)</td>
</tr>
<tr>
<td>Enjoy an hour of drinks, appetizers and socializing before supper. 4:00 pm (ML)</td>
<td></td>
</tr>
<tr>
<td><strong>Orenco Photography Club</strong></td>
<td>Thursday, February 11th 6:30 pm (PR)</td>
</tr>
<tr>
<td>Local club invites residents to join monthly roundtables and discussions on photography.</td>
<td></td>
</tr>
<tr>
<td><strong>Poetry Out Loud</strong></td>
<td>Wednesday, February 10th &amp; 24th 3:00 pm (3FA)</td>
</tr>
<tr>
<td>Residents share their favorite poems through live readings and discussions.</td>
<td></td>
</tr>
<tr>
<td><strong>Read Aloud: Newsletter</strong></td>
<td>Tuesday, February 2nd 10:00 am (ML)</td>
</tr>
<tr>
<td>Residents gather together to read the Cornell newsletter out loud.</td>
<td></td>
</tr>
<tr>
<td><strong>Sing-Along with Jan</strong></td>
<td>Thursday, February 11th &amp; 25th 3:00 pm (ML)</td>
</tr>
<tr>
<td>Residents join Jan at the Grand Piano in the Main Lobby to sing their favorite songs!</td>
<td></td>
</tr>
<tr>
<td><strong>Tea with Friends</strong></td>
<td>Tuesday, February 23rd 3:00 pm (CR)</td>
</tr>
<tr>
<td>Grab a cup of tea and join your friends for an afternoon of conversation and laughter.</td>
<td></td>
</tr>
<tr>
<td><strong>Water Color Class</strong></td>
<td>Wednesday, February 3rd &amp; 17th 10:00 am (CR)</td>
</tr>
<tr>
<td>Join this fun class and express your artist side by learning to paint with water colors.</td>
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</tr>
<tr>
<td><strong>Wii Games</strong></td>
<td>Tuesdays 6:00 pm (PR)</td>
</tr>
<tr>
<td>Play sports such as golf, bowling, and tennis on the Nintendo Wii. All abilities welcome!</td>
<td></td>
</tr>
<tr>
<td><strong>Write Your Life Story</strong></td>
<td>Tuesdays 9:00 am (CR)</td>
</tr>
<tr>
<td>Local author Morgan Brown facilitates a writers’ group for residents and community members.</td>
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</tbody>
</table>
Volunteer Spotlight
National Day of Service: Welcome Boxes for Embrace Oregon

Thanks to countless donations from residents, staff and community members and the hard work and love of the volunteers who assembled Welcome Boxes on Monday, January 18th, Cornell Estates was able to donate 17 Welcome Boxes to foster children through Embrace Oregon.

That means that 17 children who are waiting to be placed into foster care will receive one of these boxes filled with essential items, toys, and a loving handwritten note. It will provide them comfort and joy at what is most likely a very vulnerable time in their lives.

Embrace Oregon cannot thank you enough for your time and donations to this very important cause.

Mooberry Elementary

SMART Reading Program Every Tuesday at 12:30 pm

The SMART program helps students age kindergarten - second grade learn to read
We have the opportunity to read with first grade children for 1 hour a week for the school year.

Pen Pals with 6th Graders October 2015 - May 2016 *Still Looking for Volunteers!*

Mrs. Ahern’s 6th grade class is looking for Pen Pals for the 2015/2016 school year. You will be paired up with a child to write back and forth with throughout the year. It is a great opportunity to hear life through the perspective of a 6th grader!

Adelante Mujeres

Classroom Materials February 16th 10:00 am PR

Help our local teachers and assemble crafts for the preschool children and English students.
Residents Serving the Surrounding Community

Knit & Stitch
Hats for Foster Children
Every Saturday at 10:00 am
In the Main Living Room

Cornell Estates residents have started an ongoing project to knit, crochet, or sew hats for foster children. These hats will be donated to the Washington County DHS office and will be distributed to kids in need. Other projects such as scarves or blankets can also be donated.

Join your neighbors every Saturday morning at 10:00 am in the Main Living Room to work together on these projects. If you don’t knit or crochet, you can always just come to socialize around the fire.

Girl Scout Cookie Sale
Saturday, February 20th
11:00 am - 1:00 pm
In the Main Living Room

Thin mints, somoas, tag alongs, oh my! Stop by the Main Living Room on Saturday, February 20th to support your local Girl Scout Troupe and buy some of those delicious Girl Scout cookies! The girls will be here from 11:00 am – 1:00 pm, so be sure to get a box (or a couple boxes) before they are gone!

Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.
**Magic Moments @ Cornell**

**Top left:** Hans F. helped ring in the new year at the Cornell Estates Old Hollywood New Years Eve Party!

**Middle left:** Dee S., Bob B., John C., Bessie H., and Susie S. are all hard at work at the new adult coloring class.

**Middle right:** Fran W. shows off her finished coloring page.

**Bottom left:** The Hillsboro Firefighters are presented a check for the Toy and Joy program during the January residents meeting.

**Bottom right:** A huge thank you again to all who donated to the Hillsboro Firefighters Toy & Joy Program!