


# Cornell Estates

# Events Calendar

# January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st FA - Floor Alcove LIB - Library - 2nd fl ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard		<b>Happy Birthday!</b> <b>Connie Sheets 1/2</b> <b>Esther Chalmers 1/3</b> <b>Stella Casey 1/4</b> <b>Lois Sprecher 1/5</b> <b>Jane Doherty 1/17</b> <b>Elden Kellar 1/20</b>	<b>Happy Birthday!</b> <b>Susie Kinney 1/20</b> <b>Genevieve Morgan 1/25</b> <b>Julie Waibel 1/27</b> <b>Barbara Ives 1/28</b> <b>Herb Snook 1/28</b> <b>Alma Dobra 1/30</b>	1 9:15 Functional Fitness - PR 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 11:00 Trip: Lunch at Thai Elephant Restaurant 1:30 Bingo - PR 3:00 Arm Chair Travel - CR	2 <b>NAME TAG DAY</b> 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 2015 Brainstorm - CR 3:00 Friendly Visiting	3 2:00 Songs, Crafts, and Treat with Group of St. Matthews Volunteers - PR 6:00 Saturday Movie
4 9:30 Worship Service - PR 2:30 Bible Study - CR	5 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Stories for the Soul - ELR 2:30 Balance & Mobility - PR 3:00 Current Events - ELR 3:00 Pretty Nails - ML	6 8:00 - 11:00 Bus to Doctors Appt 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 9:15 Strength & Balance - PR 10:00 Read Aloud: Newsletter - ML 1:30 Wal-mart 1:30 Bingo - PR 3:00 Fireside Chat - ML	7 <b>HEARING AWARENESS DAY</b> 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Water Color Class - CR 10:00 Spanish Conversation - COL 10:00 Current Events - ELR 10:00 Free Hearing Assessments with Darin. 1:30 Resident's Meeting - PR 3:00 Stories for the Soul - ELR	8 9:15 Functional Fitness - PR 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 1:30 Trip: Antique Shopping at Garage Sale Warehouse 1:30 Bingo - PR 2:00 Laughter Tai Chi - ML 3:00 Music Sing-along w/ Jan - ML	9 <b>NAME TAG DAY</b> 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Health Lecture: Macular Degeneration - PR 3:00 Friendly Visiting 3:00 Computer and Cell Phone Consultations (sign up at Front desk) - COL	10 6:00 Saturday Movie - ELR
11 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	12 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Stories for the Soul - ELR 2:30 Balance & Mobility - PR 3:00 Current Events - ELR 3:00 Pretty Nails - ML	13 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 9:15 Strength & Balance - PR 10:00 Adelante Materials - PR 1:30 Safeway/Target/Bi-Mart/\$Tree 1:30 Bingo - PR	14 <b>HEARING AWARENESS DAY</b> 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 10:00 Spanish Conversation - COL 10:00 Janice the Card Lady - PR 1:30 Birthday Party - PR 3:00 Poetry Out Loud - 3FA	15 9:15 Functional Fitness - PR 9:15 Walking Club - ELR 9:30 Trip: Mystery Ride 10:00 Pretty Nails - ELR 1:30 Trip: Fire Station Tour 1:30 Bingo - PR	16 <b>NAME TAG DAY</b> 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 2:00 Recalling the 1960's: Segregation and Dr. King's Dream - PR 3:00 Friendly Visiting 3:00 The More You Know - CR	17 10:00 Vets Talk with VFW - ML 6:00 Saturday Movie - ELR
18 9:30 Worship Service - PR 2:30 Bible Study - CR	19 <b>Martin Luther King Jr. Day NATIONAL DAY OF SERVICE</b> 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Stories for the Soul - ELR 1:30 National Day of Service: Service Project - PR 3:00 Pretty Nails - ML 3:00 Current Events - ELR	20 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 9:15 Strength & Balance - PR 10:00 Craft Corner - COL 1:30 Winco/JoAnn/Kohls 1:30 Bingo - PR 3:00 Boost Your Memory - CR	21 <b>HEARING AWARENESS DAY</b> 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Watercolor Class - CR 10:00 Spanish Conversation - COL 10:00 Current Events - ELR 1:30 Roy Torley: Planetarium - PR 3:00 Stories for the Soul - ELR	22 9:15 Functional Fitness - PR 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 10:00 Trip: Washington Square Mall and Lunch at The Cheesecake Factory 1:30 EmpRes Bingo - PR 3:00 Music Sing-along w/ Jan - ML	23 <b>NAME TAG DAY</b> 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Beat the Winter Blues Luau Party with Dom Franco! - PR 3:00 Friendly Visiting 3:00 Board Games - PR	24 6:00 Saturday Movie - ELR
25 9:30 Worship Service - PR 10:00 LDS Church Services - CR 2:30 Bible Study - CR	26 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Current Events - ELR 10:00 Cornell College - CR 1:30 Matthew Casey - ML 2:30 Balance & Mobility - PR 3:00 International Club - CR 3:00 Pretty Nails - ML 3:00 Book Club - LIB	27 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 Walking Club - ELR 9:15 Strength & Balance - PR 10:00 Craft Corner - COL 1:30 Hanks 1:30 Bingo - PR 3:00 Tea with Friends - CR	28 <b>HEARING AWARENESS DAY</b> 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Spanish Conversation - COL 10:00 Current Events - ELR 1:30 Valentine's Cards and Crafts With Forest Hills Students - PR 3:00 Poetry Out Loud - 3FA	29 9:15 Functional Fitness - PR 9:15 Walking Club - ELR 10:00 Pretty Nails - ELR 1:30 Trip: Classic Aircraft Aviation Museum 1:30 Bingo - PR	30 <b>NAME TAG DAY</b> 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 1:30 Wine and Chocolate Tasting - PR 3:00 Friendly Visiting 3:00 Food Committee - CR	31 6:00 Saturday Movie - ELR