National Day of Service  
Welcome Boxes for Embrace Oregon  
Monday, January 18th  
1:30 pm in the Party Room  

Every year on Martin Luther King Jr. Day, individuals and organizations around the United States celebrate Dr. King’s birthday through a National Day of Service project. This year, Cornell Estates invites you to join our residents to create welcome boxes for foster kids!

This will be Cornell Estate’s third year assembling welcome boxes for children entering foster care. They will receive the boxes while waiting in the Department of Human Services Office. Most kids have a few items in a plastic garbage bag, but often times these kids have absolutely nothing to call their own. The hope is that the contents of the welcome box will provide joy and comfort as the children transition to a new home.

Volunteers will assemble the boxes, add a note of encouragement, and then send them on their way to DHS Child Welfare where they will be distributed to each child. We encourage you to serve our community alongside us on the National Day of Service.

As well as help assembling the boxes, we are also in need of supplies. If you would like to donate, here are some of the supplies we will need:

- Markers or Crayons
- Coloring/Activity Books
- Stuffed Animals
- Children’s toothbrushes
- Toothpaste

Please turn in donations to the front desk at Cornell Estates. Your donations are greatly appreciated!

Inspire Your Heart with Art:  
Resident Art Show  
Friday, January 29th  
1:30 pm in the Party Room

Calling all artists! We are looking for some great artwork to display for our resident art show on Friday, January 29th at 1:30pm.

We have many talented residents here at Cornell Estates and in honor of National Inspire Your Heart with Art Day, we are going to embrace that talent with an art show!

Inspire Your Heart with Art Day, typically celebrated on January 31st, is a special holiday to ponder how art affects your heart. Art is valued and appreciated for all sorts of reasons and comes in many forms. Whether it’s a trip to a local museum, watching or acting in a play, or creating your own artwork, this day celebrates creativity with an artistic flair as well as the positive effect it has on our lives.

Cornell Estates is excited to share the talents of the many artists that reside here. From watercolor to sculpture to quilting and more, there will be lots to view at the show. Each resident will have a table to display their work, so come admire their art and get a chance to talk with the artists. A reception of hor d’oeuvres and refreshments will be served.

If you would like to show your art, please sign up at the front desk.
Cornell Estates Management Team

EXECUTIVE DIRECTOR
Charlene Torrey

MARKETING DIRECTOR
Cindy Lovell

DIRECTOR OF HEALTH SERVICES
Dawn Enderle, RN

COMMUNITY PROGRAMS DIRECTOR
Amanda Bigus

DIETARY MANAGER
Ron Gifford

MAINTENANCE COORDINATOR
David De La Torre

HOUSEKEEPING SUPERVISOR
Rosa Vargas

BOOKKEEPER
Tim Helling

Staff Birthdays

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geneva A.</td>
<td>1/2</td>
</tr>
<tr>
<td>Maria M.</td>
<td>1/12</td>
</tr>
<tr>
<td>Charlene T.</td>
<td>1/18</td>
</tr>
<tr>
<td>Nancy O.</td>
<td>1/21</td>
</tr>
</tbody>
</table>

CORNELL ESTATES WELCOMES...

Art Ochsenbein Apt 310
Josephine Fraser Apt 280
Alton Ashford Apt 290

January Birthdays

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Connie Sheets</td>
<td>1/2</td>
</tr>
<tr>
<td>Esther Chalmers</td>
<td>1/3</td>
</tr>
<tr>
<td>Stella Casey</td>
<td>1/4</td>
</tr>
<tr>
<td>Norm Nielson</td>
<td>1/4</td>
</tr>
<tr>
<td>Arlene Judah</td>
<td>1/5</td>
</tr>
<tr>
<td>Lois Sprecher</td>
<td>1/5</td>
</tr>
<tr>
<td>Germaine Kaufman</td>
<td>1/9</td>
</tr>
<tr>
<td>Olga Valero</td>
<td>1/13</td>
</tr>
<tr>
<td>Deanna Lilly</td>
<td>1/14</td>
</tr>
<tr>
<td>Jane Doherty</td>
<td>1/17</td>
</tr>
<tr>
<td>Doris Mccollum</td>
<td>1/19</td>
</tr>
<tr>
<td>Susie Kinney</td>
<td>1/20</td>
</tr>
<tr>
<td>Elden Kellar</td>
<td>1/20</td>
</tr>
<tr>
<td>Julie Waibel</td>
<td>1/27</td>
</tr>
<tr>
<td>Herb Snook</td>
<td>1/28</td>
</tr>
<tr>
<td>Barbara Ives</td>
<td>1/28</td>
</tr>
</tbody>
</table>

Birthday Party on Wednesday, January 13th at 1:30 pm in the Party Room with the Senior Serenaders

Thank you!

We could not have done the following without you:

Welcome Bags: June Ranf
Newsletter Folding: Dorothy Carson, Sue Colly, Margot Stoneking
Assisting with Church: Bob Brooks and Burt Huggett
Assisting with Exercise: Eva Beeman
Library Maintenance: Anne Matthes
Cleaning up after Bingo: Florence Hess
Sorting Cards in the Arts Center: Sue Colly
Help setting up for exercise: Betty Tellhed
Donating the Newspaper for Current Events: Ethel Hiatt

Special Thank you to Marketing Director, Cindy Lovell, for sharing her trip to Springfield, Illinois at our monthly Arm Chair Travel.

Thank you Applan Family for calling Bingo on Christmas Day!
Happy New Year!

Introducing our 2016 Ambassadors

On Friday, December 5th at our annual Sights and Sounds Supper, the scepter was passed on and the 2016 Ambassadors were crowned. All of the men who live here at Cornell Estates were very deserving, but there were two who surpassed the rest in nobility, kindness and charm.

These two Ambassadors will represent Cornell Estates over the next year and will have the opportunity to take on special roles at events both at Cornell and within the Community.

Assisted Living Ambassador: Elden Kellar

Retirement Living Ambassador: John Crockett

Tune in next month to learn a little bit more about our 2016 Ambassadors. Congratulations, gentlemen!

Sig Unander Presents: The Tale of Two Quakes
Friday, January 15th
1:30 pm in the Party Room

In 1906, San Francisco was the leading city in the Western United States. Prosperous from Gold Rush days, it was the largest West Coast port, terminus of the transcontinental railway and national center of finance, trade and manufacturing, famed for opulent theaters, majestic skyscrapers, picturesque parks, colorful Chinatown and notorious brothel districts.

All that changed early on April 18, 1906 when a magnitude 8 earthquake struck without warning. Hundreds of buildings and homes collapsed and thousands more burned to the ground as a firestorm swept the city. As a result of the earthquake and fire, San Francisco lost much of its population, manufacturing capacity and port traffic to Los Angeles. Although the city was rebuilt, the earthquake changed it forever.

The March 11, 2011 9.0 magnitude earthquake in Japan triggered a massive tsunami that killed 14,308 residents and triggered a nuclear reactor meltdown. Yet in Tokyo, the world’s largest city and other major population centers, casualties from shaking and fire were remarkably light - just 430 deaths - and damage was relatively minor. How did Tokyo, a larger, more densely-populated city, survive a quake six times longer and one hundred times more intense that which destroyed San Francisco?

These two historic events hold lessons for the Pacific Northwest as we prepare for a Cascadia Subduction Zone earthquake. Speaker Sig Unander tells the dramatic stories of what happened and what we can learn to help us survive and rebound from the coming Cascadia quake.
Continuing Education

How to Hear Better on Your Television & Over the Phone:
Key Strategies for Staying Connected
Friday, January 22nd
1:30 pm in the Party Room

With the holiday’s winding down, it may be time to relax and enjoy a good movie or favorite television show. But if you’re like many older adults, that’s when hearing can become most challenging.

People often say they can hear, but can’t always understand the dialogue on their favorite programming. Even with the use of closed captioning, people still miss some of the dialogue of their favorite programs. Also, when watching with friends or family, it can be hard to find a comfortable volume level that everyone can enjoy and isn’t too loud for your neighbors.

Come join Darin Scheurer of SmartStep Hearing at Cornell Estates for this interactive workshop to learn about lots of different ways you can hear better on your television. Options for hearing over the phone will also be shared including a program sponsored by the State of Oregon that provides amplified devices free of charge. This workshop will include tips for persons with hearing loss as well as for persons who live with someone with hearing loss. The 1 hour format will be fun with hands on demonstrations.

Darin Scheurer is a hearing healthcare provider and owner of SmartStep Hearing. Darin visits Cornell Estates monthly and offers complimentary hearing tests and hearing aid care and service. Darin’s specialty is Hearing Education, with a special ability to describe complex hearing health information in easy-to-understand presentations.

Trivia Challenge:
The Human Body
Wednesday, January 20th
1:30 pm in the Party Room

Come test your knowledge on the human body at Cornell’s next Trivia Challenge!

Did you know water makes up more than 50 percent of the average adult's body weight or that there are at least 10 times as many bacteria in the human body as cells?

Whether you think you are an expert or you just want to learn something new, this is a challenge anyone can take on!

Come to play or come to watch. The fun starts at 1:30 pm in the Party Room on Wednesday, January 20th.

Coloring for Adults
Thursday, January 7th & 21st
10:00 am in the Cascade Room

You may think coloring is just for kids, but a recent trend has shown that coloring can be an effective stress reliever for adults—and it’s fun!

The patterns aren’t anything like you were used to as a kid either. The intricate designs help your mind focus while using colored pencil, crayon or marker.
That’s Entertainment

Swing Hits with Matthew Casey
Friday, January 8th
1:30 pm in the Party Room

Everyone’s favorite crooner is back just in time to kick off the new year! Matthew Casey is one of Portland’s premier Swing Era musicians and singers, performing the pop hits from the 1940’s and 50’s.

Affectionately called “The Crooner” by his fans, Matthew loves doing the best music of the 20th century ~ hits by great artists such as Sinatra, Nat King Cole, Bing Crosby, Duke Ellington, Tony Bennett, Mel Torme, and many more.

Don’t miss it! Friday, January 8th at 1:30 pm in the Party Room.

NEW! Themed Movie Night:
“Blue Hawaii”
Thursday, January 28th
6:00 pm in the Party Room

We are taking movie night to a whole new level! Join us on the last Thursday of each month to enjoy a themed movie night.

This month we are having an island theme based on the movie “Blue Hawaii,” starring Elvis Presley.

Summary: Chad Gates has just gotten out of the Army, and is happy to be back in Hawaii with his surf-board, his beach buddies, and his girlfriend. His father wants him to go to work at the Great Southern Hawaiian Fruit Company, but Chad is reluctant. So Chad goes to work as a tour guide at his girlfriend's agency.

Our island theme will include assorted tropical snacks and pina colodas — and don’t forget to wear your Hawaiian shirts!

Meet Your Neighbor
With Brenda Sue!
Wednesday, January 27th
1:30 pm in the Party Room

There are many new faces around the halls here at Cornell and this is your chance to get to know them!

This month’s Meet Your Neighbor Party will feature singer, Brenda Sue. Brenda has a passion for singing and can’t wait to share her passion with you.

While tapping your toes to the music, we will also have some activities and tasty treats for you to enjoy.

Your neighbors are looking forward to seeing you there!

A Note from the Cornell Choir….
Thank you for your support at our annual Christmas Concert. It was a wonderful way to celebrate the season!

The choir will be taking a break during the month of January and will resume rehearsal in February.

We are always looking for new members and anyone is free to join! Our rehearsals are every Monday at 1:30 pm in the Party Room.
<table>
<thead>
<tr>
<th>Trip: Lunch &amp; Tour at Whole Foods</th>
<th>Trip: Stitches in Bloom at the Oregon Garden and Indoor Picnic</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday, January 2nd</strong></td>
<td><strong>Saturday, January 23rd</strong></td>
</tr>
<tr>
<td>Bus leaves at 11:00 am</td>
<td>Bus leaves at 10:00 am</td>
</tr>
<tr>
<td>It’s the new year and along with that often comes new resolutions to eat healthy! Whole Foods is known as America’s healthiest grocery store and we have an opportunity to find out what they are all about.</td>
<td>The Oregon Garden is pleased to present their annual Stitches in Bloom Quilt Show.</td>
</tr>
<tr>
<td>We will start with a tour of the store from a trained Team Member. They will give a description of the products available. Throughout the store you will never find any artificial flavors, preservatives, colors, or hydrogenated oils – ever.</td>
<td>The show will feature more than 150 beautiful quilts, vendors selling quilting wares, lectures by featured artists and demonstrations by quilting vendors. Enjoy the Tea Room, presented by Stash Tea, where treats and specialty items will be available for purchase.</td>
</tr>
<tr>
<td>After the tour, we will have lunch at the Whole Foods deli. This is not just your typical deli. The variety is endless. All of the ingredients are natural or organic and as many as possible are locally grown. That means no artificial flavors, colors, sweeteners, preservatives or heart-clogging trans fats. It means the food is pure, fresh, and flavorful, produced by farmers who care about quality and their environment.</td>
<td>The cost is only $9.00 which also gets you admission into the beautiful gardens and includes a tram ride.</td>
</tr>
<tr>
<td><strong>Trip: Brunch at IHOP</strong></td>
<td><strong>Trip: Oregon Food Bank Tour</strong></td>
</tr>
<tr>
<td><strong>Thursday, January 14th</strong></td>
<td><strong>Thursday, January 28th</strong></td>
</tr>
<tr>
<td>Bus leaves at 10:00 am</td>
<td>Bus leaves at 1:00 pm</td>
</tr>
<tr>
<td>Cost: $8-$10</td>
<td><strong>Cost:</strong> $9.00</td>
</tr>
<tr>
<td>“Hop” on the Cornell bus to go out for brunch at IHOP! No need to go very far for a great meal—the restaurant is just down the street.</td>
<td>Oregon Food Bank collects and distributes food through a network of four Oregon Food Bank branches and 17 independent regional food banks serving Oregon and Clark County, Washington.</td>
</tr>
<tr>
<td>For 57 years, the IHOP family restaurant chain has served world famous pancakes and a wide variety of breakfast, lunch and dinner items that are loved by people of all ages — offering an affordable, everyday dining experience with warm and friendly service.</td>
<td>Our tour will be of the Main Headquarters in Portland. While there we will receive a tour of the facility and learn about where the food comes from, where it is stored and how it gets distributed.</td>
</tr>
<tr>
<td>If you would like to join your neighbors for brunch, sign up at the front desk. <strong>The bus leaves at 10:00 am on Thursday, January 14th.</strong></td>
<td>If you would like to come along for this educational trip, sign up at the front desk. <strong>The bus leaves at 1:00 pm on Thursday, January 28th.</strong></td>
</tr>
</tbody>
</table>
**Simple Pleasures**

<table>
<thead>
<tr>
<th>Arm Chair Travel</th>
<th>The More You Know: New Years Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, January 15th</td>
<td>Friday, January 1st</td>
</tr>
<tr>
<td>3:00 pm in the Cascade Room</td>
<td>3:00 pm in the Cascade Room</td>
</tr>
</tbody>
</table>

Do you ever wish you could escape for the afternoon and visit an exciting location without leaving your chair? With Arm Chair Travel, you can do just that!

This month, we will be travelling to Barcelona, Spain. Barcelona contains both the authentically historic and the wildly bizarre and has something that appeals to everyone.

If you have travelled to Barcelona before, we would love to hear about your experience as well!

<table>
<thead>
<tr>
<th>Hidden Meanings!</th>
<th>Word Game: Words in a Word</th>
</tr>
</thead>
<tbody>
<tr>
<td>Look for the answers in next month’s newsletter</td>
<td>See how many words you can create from the letters in RESOLUTION (example: nut, lose, tune). Compare your list to ours in next month’s newsletter!</td>
</tr>
</tbody>
</table>

**Most Popular answers from December (PEPPERMINT):**

Temper, preempt, meter, merit, ripen, tier, time, tire, item, pipe, enter, rent, tree, trim, mint, perm, empire, entire, met, mine
Thank you!

To our current Encore Partners:

Richard Banham - Bible Study
Chet Bishop - Bible Study
Dorothy Eby - Senior Serenaders
Janice Haley - “The Card Lady”
Beverly Nighorn - Friendly Visiting
Becky Palfenier - Pretty Nails
Bobbie Rodriguez - Adelante Materials
Les Payne - Sunday Church Services
Bobbie Quillin - Wednesday Evening Games
Josefina Salazar - Friendly Visiting
Elizabeth Smith - Pretty Nails
Tracie Wahlberg - Friendly Visiting, Crafts w/Wahlbergs
Grant Wahlberg, age 14 - Friendly Visiting
Ryan Wahlberg, age 11 - Friendly Visiting
Jan Whittaker - Sing along with Jan, Cornell Choir

What’s Happening with Pacific University in January?

Speech Language Pathology

The Speech Language Pathology students are on break for January. They are looking forward to seeing you again in February!

Please mark your calendars for Friday, February 5th. Students will be back and meeting in the Party Room at 10:00 am. Thank you for volunteering to help these students with their future careers!

Opportunities to Volunteer Within Cornell Estates:

Community Gardening
Folding Newsletters
Friendly Visiting
Welcome Buddies
Welcome Baskets
Library Maintenance
Monthly C.A.R.E. Projects (Community Action Rejuvenates Everyone!)

This month in Hearing Health @ Cornell Estates:

First Wednesdays-- Free Hearing Assessments with Darin Scheurer, Smart Step Hearing. Sign up at the Front Desk. The next appointments are on Wednesday, January 6th

Pacific University Ear Wax Clinic
Friday, January 15th 1:00—4:00 pm
Ear Wax Removal is $25
Sign up at the front desk
# Meetups @ Cornell

*Opportunities for residents with shared interests to meet and participate together*

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Book Club</td>
<td>Monday, January 25th</td>
<td>3:00 pm (LIB)</td>
<td>Residents who share a love of reading gather to discuss the books they are enjoying.</td>
</tr>
<tr>
<td>Boost Your Memory</td>
<td>Tuesday, January 19th</td>
<td>3:00 pm (CR)</td>
<td>Residents gather to tickle the brain cells with fun and stimulating memory exercises and games.</td>
</tr>
<tr>
<td>Conversational Spanish</td>
<td>Wednesdays</td>
<td>9:50 am (COL)</td>
<td>Residents work with an instructor to develop basic Spanish vocabulary and conversation skills.</td>
</tr>
<tr>
<td>Cornell Choir</td>
<td>Mondays</td>
<td>1:30 pm (PR)</td>
<td>Residents share their love of singing and vocal talents in this fun and friendly Cornell choir.</td>
</tr>
<tr>
<td>Cornell College</td>
<td>Mondays</td>
<td>10:00 am (CR)</td>
<td>Residents meet once a week to watch a half-hour college lecture followed by a discussion.</td>
</tr>
<tr>
<td>Cornell Community Garden</td>
<td>On break for Winter</td>
<td>10:00 am (ML)</td>
<td>Residents have created a garden together with assistance from master gardener Arden Sheets.</td>
</tr>
<tr>
<td>Fireside Chat</td>
<td>Tuesdays</td>
<td>6:00 pm (ML)</td>
<td>Residents share news and opinions on current events every week.</td>
</tr>
<tr>
<td>Food Committee</td>
<td>Friday, January 29th</td>
<td>3:00 pm (CR)</td>
<td>Residents can offer their opinions and suggestions to Chef Ron regarding meals at Cornell.</td>
</tr>
<tr>
<td>Orenco Photography Club</td>
<td>Thursday, January 14th</td>
<td>6:30 pm (PR)</td>
<td>Local club invites residents to join monthly roundtables and discussions on photography.</td>
</tr>
<tr>
<td>Poetry Out Loud</td>
<td>Wednesday, January 13th &amp; 27th</td>
<td>3:00 pm (3FA)</td>
<td>Residents share their favorite poems through live readings and discussions.</td>
</tr>
<tr>
<td>Read Aloud: Newsletter</td>
<td>Tuesday, January 5th</td>
<td>10:00 am (ML)</td>
<td>Residents gather together to read the Cornell newsletter out loud.</td>
</tr>
<tr>
<td>Sing-Along with Jan</td>
<td>Thursday, January 14th &amp; 28th</td>
<td>3:00 pm (ML)</td>
<td>Residents join Jan at the Grand Piano in the Main Lobby to sing their favorite songs!</td>
</tr>
<tr>
<td>Tea with Friends</td>
<td>Tuesday, January 26th</td>
<td>3:00 pm (CR)</td>
<td>Grab a cup of tea and join your friends for an afternoon of conversation and laughter.</td>
</tr>
<tr>
<td>Water Color Class</td>
<td>Wednesday, January 6th &amp; 20th</td>
<td>10:00 am (CR)</td>
<td>Join this fun class and express your artist side by learning to paint with water colors.</td>
</tr>
<tr>
<td>Write Your Life Story</td>
<td>Tuesdays</td>
<td>9:00 am (CR)</td>
<td>Local author Morgan Brown facilitates a writers’ group for residents and community members.</td>
</tr>
</tbody>
</table>
Volunteer Spotlight

The Wahlbergs

We are very fortunate to have such wonderful volunteers at Cornell Estates. This month, we would like to highlight and thank the Wahlbergs; a family who does so much for our residents. Whether it is visiting one on one with residents, playing games, helping with activities, dressing up as an elf for the bazaar or going that extra mile to help a resident with a project, we know we can count on their service and smiles. Tracie, Grant, and Ryan have been volunteering at Cornell for about 5 years and it has been great getting to know them! If you haven’t met them yet, they are looking forward to meeting you soon!

Grant and Ryan Wahlberg with Dorothy Carson after helping her decorate her door for the Door Decoration Contest. Ryan came up with the creative design!

Mooberry Elementary

SMART Reading Program
Every Tuesday at 12:30 pm

Help students age kindergarten - second grade learn to read
Read with first grade children for 1 hour a week for the school year. Volunteers Needed.

Pen Pals with 6th Graders
October 2015 - May 2016
*Still Looking for Volunteers!*

Mrs. Ahern’s 6th grade class is looking for Pen Pals for the 2015/2016 school year. You will be paired up with a child to write back and forth with throughout the year. It is a great opportunity to hear life through the perspective of a 6th grader!

Adelante Mujeres

Classroom Materials
January 19th

Help our local teachers and assemble crafts for the preschool children and English students.
Residents Serving the Surrounding Community

**Pacific University**

**Public Health Care**
Staff and residents assist Public Health Care students with their Practicum projects.

**“One Odd Job”**
Occupational Therapy students offer their assistance to residents every other month with odd jobs around the apartment.

**Speech-Language Pathology**
Residents serve as mentors to Speech-Language Pathology students to help the students learn how to provide speech and language enhancements in a natural setting.

**Occupational Therapy Students**
Residents meet with a student on a one on one basis to assist in conversational interviewing.

**School of Audiology**
Residents volunteer to work one-on-one with Audiology students on their hearing health curriculum assignments.

**“Ask a Pharmacist”**
Pacific University interns and local pharmacists will be available to give you a consultation on your prescriptions or answer any questions about medications you are taking.

**Pacific University On-Site Clinics**

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Days/Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dental Clinic</td>
<td>Tuesdays</td>
<td>9:00am—4:00pm</td>
</tr>
<tr>
<td>Ear Clinic</td>
<td>Friday, January 15th</td>
<td>1:00pm—4:00pm</td>
</tr>
</tbody>
</table>

On-site dental clinic provided by senior dentistry students for preventative dental treatment, e.g. free brushing and teeth cleaning at a reduced rate.

Audiologist Dr. Trent Westrick provides convenient on-site ear wax management on the 2nd Thursday of the month. Cost is $25 per appointment. Cash or check only!

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**Kids in Foster Care**  Washington County Department of Human Services Child Welfare
Residents are invited to make and donate quilts for children and teens in foster care in our County.

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**Kids in Foster Care**  Washington County Department of Human Services Child Welfare
Residents are invited to make and donate quilts for children and teens in foster care in our County.
Magic Moments @ Cornell

Top left: Pearl P. and Jane V. enjoying the delicious appetizers at the Holiday Sights & Sounds Supper!

Middle left: Jackie J., June R., Noreen P., and Jim P., are having a great time at Sights & Sounds. Cheers!

Middle right: Esther C. and her daughter shared a wonderful evening of music, food and fun at the Sights & Sounds supper!

Bottom: The Cornell Choir and pianist Jan Whittaker before their annual Christmas concert.