


Cornell Estates

Events Calendar

July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday! Grace Swope 7/1 Bill Thomas 7/1 Cynthia Pannell 7/3 William Barfield 7/4	Happy Birthday Georgia Rutledge 7/11 Lois Minson 7/13 Ethel Hiatt 7/14 Doris George 7/19	1 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Water Color Class - CR 10:00 Current Events - ELR 10:00 Free Hearing Assessments with Darin. 1:30 Resident's Meeting - PR	2 9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Pretty Nails - ELR 1:30 Bingo - PR 3:00 Assisted Happy Hour - ELR 4:00 Retirement Happy Hour - ML	3 NAME TAG DAY 8:00-11:00 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ML 1:30 OGA Games - PR 3:00 Friendly Visiting 3:00 Food Committee - CR 6:30 PatioCocktail Hour with New Horizons Big Band-RCY	4 INDEPENDENCE DAY 9:15 Trip: Hillsboro Fourth Of July Parade 6:00 Saturday Movie
5 9:30 Worship Service - PR 2:30 Bible Study - CR	6 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Current Events - ELR 3:00 Pretty Nails - ML	7 8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 Summer Stroll- ELR 10:00 Read Aloud Newsletter - ML 10:00 Community Gardening 1:30 Wal-Mart 1:30 Bingo - PR 6:30 Scrabble Night - COL	8 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Current Events - ELR 10:00 Janice the Card Lady - PR 1:30 Birthday Party with the Senior Serenaders - PR 3:00 Poetry Out Loud - 3FA	9 9:15 Group Activities - AC 9:30 Trip: Seaside 10:00 Pretty Nails - ELR 1:00-4:30 Pacific University Ear Wax Clinic - COL 1:30 EmpRes Bingo - PR 3:00 Music Sing-along w/ Jan - ML 6:30 Orenco Photography Club - PR	10 NAME TAG DAY 8:00-11:00 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Happiness in a Nutshell-PR 1:30 Arm Chair Travel - CR 3:00 Friendly Visiting 3:00 Current Events and Afternoon Pick Me Up - ML	11 9:30 SilverSneakers Walking Group - ML 2:00 Board Games - CR 6:00 Saturday Movie - ELR
12 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	13 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance and Mobility - PR 3:00 Pretty Nails - ML 3:00 Current Events - ELR	14 8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 Summer Stroll - ELR 10:00 Community Gardening - ML 1:30 Target/Safeway/Bi-Mart/\$tree 1:30 Bingo - PR 3:00 Boost Your Memory - CR 5:00 Trip: Tuesday Marketplace 6:30 Scrabble Night - COL	15 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Watercolor Class - CR 10:00 Current Events - ELR 1:30 C.A.R.E. Project - PR 3:00 Fleece Pillow Craft - CR	16 9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Trip: Mystery Ride 10:00 Pretty Nails - ELR 1:30 Bingo - PR 3:00 Assisted Happy Hour - ELR 4:00 Retirement Happy Hour - ML	17 NAME TAG DAY 8:00-11:00 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Current Events - ELR 1:30 Bean Bag Baseball -RCY 3:00 Friendly Visiting 3:00 The More You Know - CR	18 9:30 SilverSneakers Walking Group - ML 10:00 Vets Talk with VFW - ML 6:00 Saturday Movie - ELR
19 9:30 Worship Service - PR 2:30 Bible Study - CR	20 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:00 Pacific University Assesments Sign up at Front Desk 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 International Club - CR 3:00 Pretty Nails - ML	21 8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 Summer Stroll - ELR 10:00 Community Gardening - ML 1:30 Winco/JoAnn's/Kohl's 1:30 Bingo - PR 3:00 Tea with Friends - CR 6:30 Scrabble Night - COL	22 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Current Events - ELR 1:30 State Representative Susan McClain - PR 3:00 Poetry Out Loud - 3FA	23 9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Pretty Nails - ELR 10:30 Trip: South Store Café and Smith Berry Barn 1:30 Bingo - PR 3:00 Music Sing-along w/ Jan - ML	24 NAME TAG DAY 8:00-11:00 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Movie Day & Popcorn - PR 3:00 Friendly Visiting 3:00 Resident Spotlight - PR	25 9:30 SilverSneakers Walking Group - ML 2:00 Board Games - CR 6:00 Saturday Movie - ELR
26 9:30 Worship Service - PR 2:30 Bible Study - CR	27 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 10:00 Current Events - ELR 1:30 Cornell Choir Practice - PR 2:30 Balance and Mobility - PR 3:00 Pretty Nails - ML 3:00 Book Club - LIB	28 8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 Summer Stroll - ELR 10:00 Community Gardening - ML 1:30 Albertson's 1:30 Bingo - PR 3:00 Craft Corner - CR 6:30 Scrabble Night - COL	29 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Watercolor Class - CR 10:00 Current Events - ELR 1:30 Greathouse of Music with Mark and Helena - PR	30 9:15 Functional Fitness - PR 9:15 Group Activities - AC 9:30 Trip: Washington County Fair 10:00 Pretty Nails - ELR 1:30 Bingo - PR 1:30 Trip: Mystery Ride	31 NAME TAG DAY 8:00-11:00 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Current Events - ELR 1:30 Hearing Health Lecture-PR 3:00 Friendly Visiting 3:00 Food Share Information-PR 3:00 Food Committee - CR	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st FA - Floor Alcove LIB - Library - 2nd fl ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl