




Cornell Estates

Events Calendar

November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	2 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 11:00-1:00 Jewelry Repair - ML 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Book Club - LIB 3:00 Pretty Nails - ML 5:30 Monday Night Football - PR	3 8:00 - 11:00 Bus to Doctors Appt 8:45 SMART Readers to Mooberry 9:00 Write Your Life Story - CR 9:15 SS Strength & Balance - PR 9:15 Walking Club - ELR 10:00 Read Aloud: Newsletter - ML 1:30 Wal-mart 1:30 Bingo - PR 6:00 Fireside Chat - ML	4 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Water Color Class - CR 10:00 Free Hearing Assessments With Darin (sign up at desk) 1:30 Resident's Meeting - PR 3:00 Fall Craft - CR 6:00 Movie Night in the ELR	5 9:15 Functional Fitness - PR 9:30 Mystery Ride 10:00 Pretty Nails - ELR 1:30 Trip: Hillsboro Public Library Book Sale 1:30 Bingo- PR 3:00 Assisted Happy Hour - ELR 4:00 Retirement Happy Hour - ML 6:00 Wii Bowling - PR	6 8:00-11:00 Bus to Doctors Appts 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 1:30 <u>BirthDay Party with Michael Baker</u> - PR 3:00 Friendly Visiting 3:00 The More You Know: Rheumatoid Arthritis -CR	7 9:30 Silver Sneakers Walking Group—Meet in ML 10:00 Knit & Stitch - ML 1:30 Bingo - PR 6:00 Saturday Movie - ELR
8 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	9 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:00 <u>Matthew Casey</u> - ML 2:30 Balance & Mobility - PR 3:00 Pretty Nails - ML 5:30 Monday Night Football - PR	10 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 SS Strength & Balance - PR 9:15 Walking Club - ELR 1:30 Safeway/Target/Bimart/\$tree 1:30 Bingo - PR 2:30 <u>Fused Glass Pendants</u> - CR 6:00 Fireside Chat - ML	11 VETERAN'S DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Memoirs of Veterans - CR 10:00 Janice the Card Lady - PR 1:30 <u>Veteran's Day Salute</u> - PR 3:00 Poetry Out Loud - 3FA 6:00 Movie Night in the ELR	12 9:15 Functional Fitness - PR 9:15 Group Activities - AC 10:00 Pretty Nails - ELR 1:30 <u>Fire Drill (optional)</u> - PR 3:00 Music Sing-along w/ Jan-ML 6:00 Game Night-CR 6:30 Orenco Photography Club	13 NAME TAG DAY 8:00-11:00 Bus to Doctors Appts 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 1:30 <u>Medicare 101</u> - PR 3:00 Friendly Visiting 3:00 Arm Chair Travel: Donna's Travels - PR	14 9:30 Silver Sneakers Walking Group—Meet in ML 10:00 Books on Wheels 1:30 Trip: Jackson Bottom Wetlands and Education Center 6:00 Saturday Movie - ELR
15 9:30 Worship Service - PR 2:30 Bible Study - CR	16 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Pretty Nails - ML 5:30 Monday Night Football - PR	17 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 SS Strength & Balance - PR 9:15 Walking Club - ELR 10:00 Adelante Materials - PR 1:30 Winco/JoAnn/Kohls 1:30 Bingo - PR 3:00 Boost Your Memory - CR 6:00 Fireside Chat - ML	18 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Watercolor Class - CR 1:30 <u>The Greathouse of Music With Mark and Helena</u> - PR 6:00 Movie Night in the ELR	19 9:15 Functional Fitness - PR 10:00 Pretty Nails - ELR 1:00 Trip: Northwest Senior Theatre: "Silver Season Holidays" 1:30 EmpRes Bingo - PR 3:00 Assisted Happy Hour - ELR 4:00 Retirement Happy Hour - ML 6:00 Wii Golf - PR	20 NAME TAG DAY 8:00-11:00 bus to Doctors Appts 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 PU SLP Students - PR 1:00—3:30 PU Ear Wax Clinic 1:30 Bazaar Preparations! 3:00 Friendly Visiting	21 HOLIDAY BAZAAR 9am-3pm 6:00 Saturday Movie - ELR 
22 9:30 Worship Service - PR 2:30 Bible Study - CR	23 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice - PR 2:30 Balance & Mobility - PR 3:00 Pretty Nails - ML 5:30 Monday Night Football - PR	24 8:00 - 11:00 Bus to Doctors 9:00 Write Your Life Story - CR 9:15 SS Strength & Balance - PR 9:15 Walking Club - ELR 10:00 Fleece Pillow Craft - CR 1:30 Albertson's 1:30 Bingo - PR 3:00 Tea with Friends - CR 6:45 <u>Tualatin Valley Harmony Masters</u> - PR	25 HEARING AWARENESS DAY 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Stories of our Neighbors: Thanksgiving Memories - CR 1:30 Trivia Challenge! - PR 3:00 Poetry Out Loud - 3FA 6:00 Movie Night in the ELR	26 THANKSGIVING 	27 NAME TAG DAY 8:00-11:00 Bus to Doctors Appts 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 1:30 <u>Tea Talk: History, Education and Poetry</u> - PR 3:00 Friendly Visiting	28 9:30 Silver Sneakers Walking Group—Meet in ML 10:30 Trip: Lunch at McMenamin's Grand Lodge 2:00 Bingo - PR 6:00 Saturday Movie - ELR
29 9:30 Worship Service - PR 2:30 Bible Study - CR	30 8:00 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Cornell Choir Practice- PR 2:30 Balance & Mobility - PR 3:00 Pretty Nails - ML 3:00 Book Club - LIB 5:30 Monday Night Football - PR	30 	Happy Birthday! Jackie Jacobsen 11/1 Shirley Bogar 11/1 Alice Etwiler 11/2 Jane VanDyke 11/3 Dale Fick 11/5	Happy Birthday! Sandy Pierce 11/6 John Crockett 11/12 Bessie Hodson 11/12 Feli Friedrichs 11/15 Cleeta Charles 11/15	Happy Birthday! Dorothy Carson 11/16 Roxanne Rhoades 11/22 Dee Larsen 11/25 Sarah Mackay 11/29 LeNell Jones 11/30	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st FA - Floor Alcove LIB - Library - 2nd fl ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl
30 9:30 Worship Service - PR 2:30 Bible Study - CR						