


<p><b>Happy Birthday!</b></p> <p><b>Wiley Bogar 11/1</b>  <b>Van Dyke 11/3</b>  <b>Hele Fink 11/5</b>  <b>Andy Pierce 11/6</b>  <b>Arma Orr 11/10</b></p>	<p><b>Happy Birthday!</b></p> <p><b>Feli Friedrich 11/15</b>  <b>Dorothy Carson 11/16</b>  <b>Roxanne Rhoades 11/22</b>  <b>Dee Larsen 11/25</b>  <b>Gail Luchs 11/28</b>  <b>Sarah MacKay 11/29</b></p>	<p><b>1 SMART STEP HEARING</b></p> <p>8:00—3:30 Bus to Doctors  9:00 Voter Assistance Team-COL  9:15 Stretch, Flex, Energize-PR  10:00 Spanish Conversation COL  10:00 AL Group Activities- AC  1:30 Resident's Meeting - PR  3:00 Men's Club-CA</p>	<p><b>2</b></p> <p>9:15 Functional Fitness - PR  10:00 Bean Bag Baseball-PR  1:00 Bingo - PR  2:30 Dish Round-up  3:00 Music Sing-along w/Jan-ML  6:00 Pokeno - CR</p>	<p><b>3 NAME TAG DAY</b></p> <p>9:15 Stretch, Flex, Energize-PR  9:30 Catholic Communion  10:00 Pretty Nails - ELR  1:00-3:00 PU Earwax Cleaning  1:30 Ruby the Miniature Horse  3:00 Boost Your Memory</p>
<p>6:00 Bus to Doctors  9:15 Stretch, Flex, Energize PR  10:00 Cornell College - CR  1:00 Lady Boy Jewelry -ML  1:30 Pie &amp; Popcorn -CR  3:00 Pretty Nails - ML</p>	<p><b>7</b></p> <p>8:00-11:00 Bus to Doctors Appt  9:15 Strength &amp; Balance - PR  10:00 AL Group Activities -AC  1:30 Fred Meyer  1:30 Bingo - PR  6:00 Wii Games - PR</p>	<p><b>8</b></p> <p>8:00—3:30 Bus to Doctors  9:15 Stretch, Flex, Energize-PR  10:00 Spanish Conversation COL  10:00 Janice the Card Lady - PR  10:00 AL Group Activities-AC  1:30 Birthday Party with the Senior Serenaders- PR</p>	<p><b>9</b></p> <p>9:15 Functional Fitness - PR  9:45 Trip: Bowling  10:00 Adult Coloring- CR  1:30 Bingo - PR  2:30 Dish Round-up  3:00 Happy Hour w/Hans-PR  5:30 Pokeno- CL  6:30 Orenco Photography Club</p>	<p><b>10 VETERAN'S DAY</b></p> <p>9:15 Stretch, Flex, Energize-PR  9:30 Catholic Communion  10:00 Pretty Nails - ELR  1:30 Veteran's Day Sale  3:00 Boost Your Memory</p>
<p>6:00 Bus to Doctors  9:15 Stretch, Flex, Energize PR  10:00 Cornell College - CR  1:00 Pie &amp; Popcorn -CR  3:00 Pretty Nails - ML</p>	<p><b>14 PU Dental Clinic</b></p> <p>8:00 - 11:00 Bus to Doctors  9:15 Strength &amp; Balance - PR  10:00 AL Group Activities -AC  1:00 Bingo - PR  1:30 Target/Safeway/\$Tree  6:00 Wii Games-PR</p>	<p><b>15</b></p> <p>8:00—3:30 Bus to Doctors  9:15 Stretch, Flex, Energize -PR  10:00 Spanish Conversation COL  10:00 AL Group Activities-AC  1:30 Trivia with the Hillsboro Public Library - PR  6:30 Daughter of the American Revolution Meeting -CA</p>	<p><b>16</b></p> <p>9:15 Functional Fitness - PR  10:00 Adult Coloring- CR  1:00 Bingo - PR  1:00 Trip: N.W.Senior Theatre  2:30 Dish Round-up  3:00 Music Sing-along w/Jan-ML  6:00 Pokeno - CR</p>	<p><b>17 NAME TAG DAY</b></p> <p>9:15 Stretch, Flex, Energize-PR  9:30 Catholic Communion  10:00 PU Speech Language Pathology Clinic-  10:00 Pretty Nails - ELR  1:30 Taking the Right Turn  3:00 Boost Your Memory</p>
<p>6:00 Bus to Doctors  9:15 Stretch, Flex, Energize PR  10:00 Cornell College - CR  1:00 Pie &amp; Popcorn -CR  3:00 Pretty Nails - ML</p>	<p><b>21</b></p> <p>8:00 - 11:00 Bus to Doctors  9:15 Strength &amp; Balance - PR  10:00 AL Group Activities -AC  11:00 Blood Pressure Clinic-ML  1:00 Bingo - PR  1:30 WinCo/ Joann/Kohl's  6:00 Wii Games-PR</p>	<p><b>22</b></p> <p>8:00—3:30 Bus to Doctors  9:15 Stretch, Flex, Energize- PR  10:00 Spanish Conversation-COL  10:00 AL Group Activities-AC  1:30 Bean Bag Baseball-PR</p>	<p><b>23 Thanksgiving</b></p> 	<p><b>24 NAME TAG DAY</b></p> <p>9:15 Stretch, Flex, Energize-PR  9:30 Catholic Communion  10:00 Pretty Nails - ELR  11:30-12:30 Dining Music &amp; his accordion  1:30 Movie and Popcorn  3:00 Boost Your Memory</p>
<p>6:00 Bus to Doctors  9:15 Stretch, Flex, Energize PR  10:00 Cornell College - CR</p>	<p><b>28 PU Dental Clinic</b></p> <p>8:00 - 11:00 Bus to Doctors  9:15 Stretch, Flex, Energize-PR  10:00 AL Group Activities -AC</p>	<p><b>29</b></p> <p>8:00—3:30 Bus to Doctors  9:15 Stretch, Flex, Energize -PR  10:00 Spanish Conversation COL</p>	<p><b>30</b></p> <p>9:00 Trip: Spirit Mountain  10:00 Adult Coloring - CR  1:00 Bingo - PR</p>	<p>AC - Arts Center  COL - Columbia Room - 1st  CR - Cascade Room - 2nd  ELR - East Living Room - 1st  FA - Floor Alcove</p>