Pioneer of Hillsboro: Joseph Meek
Presentation by David Meek
Friday, June 2nd
1:30pm in the Party Room

Visiting at Cornell Estates is a descendant of the famous pioneer, frontiersman, sheriff, and politician Joe Meek!

David Meek will be speaking on the life of his forefather, Joe Meek; a man who went from being fur trapper to a politician advocating for the Oregon territory.

As a leading member in the new Oregon territory, Joseph Meek left his mark on Oregon and specifically Hillsboro, where many landmarks and a road are named after him. Look into Oregon history and one is bound to find a Joe Meek story.

Join us on Friday, June 2nd at 1:30pm in the Party Room to learn more about this Oregon icon and get a glimpse into the past!

18th Annual Queen’s Coronation
Wednesday, June 14th
1:30pm in the Party Room

The pageantry and enchantment of the Portland Rose Festival will come to Cornell Estates! Portland’s Royal Rosarians will take part in the coronation of our Assisted Living and Retirement Living 2017 Senior Rose Court.

Dressed in their distinctive white suits, straw hats, and gloves, the Royal Rosarians will escort each of the former Cornell Estates’ courts and the 2017 court into the Party Room. Cornell Estates has a longstanding tradition of crowning their own Rose Festival queens and members of the Seabold family, owners of Cornell Estates, are always proud to be in attendance.

The festivities will conclude with the traditional rose dedication ceremony featuring the history of the rose and special blessings by the Rosarian chaplain. A Queen’s reception with cake and punch will follow the ceremony. Please invite your family and friends; all are welcome!
Cornell Estates Management Team

EXECUTIVE DIRECTOR  
Charlene Torrey

MARKETING DIRECTOR  
Cindy Lovell

RESIDENT CARE MANAGER  
Jennifer Edimon

EXECUTIVE CHEF  
Ron Gifford

MAINTENANCE SUPERVISOR  
David De La Torre

HOUSEKEEPING SUPERVISOR  
Betzy Johnson

BOOKKEEPER  
Tim Helling

Cornell Estates Welcomes...
Norma Orr 141
Jay Eisenbeis 126

June Birthdays!
Marion Fisher  6/1 JoNell Thomas  6/10
Esther Flamme  6/4 Art Ochsenbein  6/10
Jackie Swietzer  6/5 Jim Stoneking  6/11
Dean Saylor  6/6 Margot Stoneking  6/26

Birthday Party with the Senior Serenaders
June 21st at 1:30 pm in the Party Room

Thank You!
We could not have done the following without you:
Welcome Bags: June Ranf, Jackie Jacobson, and Jim Pavis
Lunch Tour: June Ranf
Community Gardening: Arden Sheets, Anne Matthes, Donna Detrick
Newsletter Folding: Margot Stoneking, Dorothy Carson, Lois Minson, Bob Plumb, Sue Colly, and Nancy Finster
Assisting with Church: Bob Brooks
Assisting with Exercise: Eva Beeman
Assisting with Bingo: Jeanne Fairley
Library Maintenance: Anne Matthes Cardstock Organizer: Sue Colly

CORNELL ANNOUNCEMENTS:

- Please review the bus sign up procedure. They will be at the front desk if you have any questions. Also, we are now reinforcing the deadline for signing up for all trips at 4:00pm the day before.

- Men's club: this is a meet up for all of Cornell Estates' guys to get together once a month. Wednesday, June 7th @3:00 pm in the Cascade Room.
June Events

Ruby the Therapy Miniature Horse
Friday, June 16th
1:30 pm in the Retirement Side Courtyard

Cornell Estates is welcoming Ruby, a miniature horse, to spend the afternoon with residents and community members. Ruby is from VFM Miniature Horse Farm which is owned and run by Linda and Gerald VanFleet with help from their daughter Katie Hansen. VFM Miniature Horse Farm is located in Hillsboro, OR and has been breeding and showing miniature horses since 1993.

Miniature therapy horses are just like full-sized horses in terms of personality, preferences, and intelligence but are more accessible to those who need the support. While a large horse can be intimidating, a miniature horse is easier to trust and befriend. Anywhere that people could use the kind of pick-me-up bestowed by a calm, empathetic, 2.5-foot tall, stuffed animal-like creature, these horses are visiting. Miniature horses very existence makes the world a happier place.

Dr. Roy Torley:
Total Solar Eclipse
Friday, June 9th
1:30 pm in the Party Room

Oregon gets to see a solar eclipse on Monday, August 21st 2017. It will be an historic event of astronomical proportions!

Hotels and campgrounds are already all booked up for the event. Dr. Torley shares with you pictures and short movies of past eclipses of the sun, of the moon, on Jupiter, and on Saturn. You will also see what the shadow of the moon looks like from the International Space Station as an eclipse shadow path crosses the Earth’s face.

Come and do some eclipse chasing with Dr. Torley!

Planting of the Roses
Thursday, June 22nd
1:30 pm in the Retirement Side Courtyard

We will be welcoming back the Portland Royal Rosarians to plant and dedicate a rose bush in honor of our Rose Festival Queens.

Come enjoy this ceremony in the sun or under the awning in the Retirement Side Courtyard on Thursday, June 22nd.
History of Hillsboro
Wednesdays, June 7th & 21st
3:00 pm in the Party Room

Starting this summer is a look back at local history! Come to the party room to peer back into time and see what Hillsboro was like when it was founded. Join us in this summer long series of bi-weekly presentations on local history, landmarks, and people. Come to share your own stories of our beloved town and hear others’ stories as well! Join us on Wednesdays, June 7th & 21st at 3:00 pm in the Party Room.

Book Club
Monday, June 26th
3:00 pm in the Library

Mysteries, romance, biographies and more! If you enjoy reading a good book, you should join us at the Book Club! We talk about the books we are each individually reading or listening to. Even if you aren’t currently reading anything, this is a good opportunity to hear about some good books that you may be interested in reading.

This fun and insightful monthly group is one you will surely want to join! Cornell Estates’ Book Club meets on the last Monday of every month in the Library.

Life and Career of Bing Crosby
Presentation by Gordon Neal Herman
Friday, June 23rd
1:30 pm in the Party Room

A new series is starting at Cornell Estates: Gordon Neal Herman’s Multimedia Presentations in American Music History. This series of lectures will incorporate pictures, videos, and recordings of famous musicians and eras of music. To kick off the series we will be looking into the life and career of Bing Crosby.

Bing Crosby was the bestselling musical performer prior to the rise of rock and roll. His career included acting in movies, investing in reel to reel recording, and influence on such singers as Sinatra, Como and others.
That’s Entertainment

**Movie Matinee!**
Every Monday
1:30pm in the Party Room

This month we have some exciting movies heading your way. We will also be featuring popcorn at all of our movie showings.

- Enjoy a movie every Monday at 1:30 pm in the Party Room with fresh popcorn.

Do you have a movie that you would like us to play? Please let Karen know your movie of choice.

**See you in the Party Room on Mondays!**

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**The Passing of the Crown:**
Tales of Past Princesses and Queens
Monday, June 12th
3:00 pm in the Cascade Room

We would like to formally invite all past princesses and queens of Cornell Estates to come share their stories and experiences from being a part of the Rose Festival. Each princess and queen will be asked to impart some wisdom and advice to pass on to the 2017 Cornell Estates Rose Festival Court.

The audience can expect to hear everything from their reactions when they heard their name called at Parent’s Day Brunch to riding in the convertibles at the Fourth of July Parade.

**You won’t want to miss this event!**

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**Lemonade Social with the 2017 Rose Festival Court**
Wednesday, June 28th
1:30 pm in the Retirement Courtyard

Come get to know your 2017 Rose Festival Court with a lemonade social on the patio! With summer in full swing it’s time to take advantage of the beautiful weather out in the retirement courtyard.

The 2017 Rose Festival princesses that you nominated will be in attendance and will be available to answer any questions you may have. Enjoy lemonade and cookies while you are basking in the sun or staying cool under the awning.

**Trip to Tuesday Market**
Tuesday, June 13th
Bus leaves at 6:00pm

The Hillsboro Tuesday Marketplace is a long-standing family tradition, and has become a tradition for Cornell Estates!

Join your neighbors in quaint downtown Hillsboro, where friends put on their old-fashioned grins and enjoy a weekly summertime stroll that stocks their garden baskets, tempts their taste buds with culinary delights, sets their toes tapping to live music and enjoy local art and crafts.

**Sign up at the front desk!**
Grand Days Out

<table>
<thead>
<tr>
<th>Trip: Spirit Mountain Casino</th>
<th>Trip: Unger Farm &amp; Picnic Lunch</th>
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</thead>
<tbody>
<tr>
<td>Thursday, June 8th</td>
<td>Thursday, June 15th</td>
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<tr>
<td>Bus Leaves at 9:00am</td>
<td>Bus Leaves at 10:30am</td>
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<tr>
<td>Bring $10.00-$15.00</td>
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Spirit Mountain Casino is Oregon’s premier gaming destination. Located in Grand Ronde, Oregon, in scenic Polk County. Serious players and novices alike will find the best games of skill and chance the Northwest has to offer. Choose from a variety of table games, slots, keno games, and bingo, or try your hand in the poker room.

Sign up at the front desk to come along!

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<table>
<thead>
<tr>
<th>Trip: Oregon Gardens</th>
<th>Trip: Lloyd Baron Rhododendron Garden &amp; Picnic Lunch</th>
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<tbody>
<tr>
<td>Thursday, June 29th</td>
<td>Thursday, June 1st</td>
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<tr>
<td>Bus Leaves at 9:00am</td>
<td>Bus Leaves at 10:30am</td>
</tr>
<tr>
<td>Bring $10.00 for Admission</td>
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Whether you are an avid gardener or just appreciate the beauty of flowers and plants; this trip to the Oregon Garden in historic Silverton is for you! Officially opened in 2001, today the Oregon Garden covers over 80 acres and features more than 20 specialty gardens. Specialty gardens include a Sensory Garden, Rose Garden, Conifer Garden, Amazing Water Garden, and the Silverton Market Garden. Tickets are $10.00, and a picnic lunch is included.

The bus will leave at 9:00 am on Thursday, June 29th.

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Enjoy a morning stroll through the Lloyd Baron Rhododendron Garden. This beautiful public garden is a thank you for Lloyd Baron’s vision and dreams which led to the creation of the rhododendron garden. His gifts of time, effort, and generosity have allowed the garden to continue to grow for today’s generation and the ones of the future.

After your stroll, fill your stomachs with a delicious picnic lunch made by Cornell Estates on one of the many picnic benches at Rood Bridge Park.

Sign up at the front desk!
Simple Pleasures

**Community Gardening**
*Tuesdays, June 6th & 20th*
10:00 am in the Main Lobby

Our own greenhouse garden, located on the southeast side of the building, is always in need of volunteers. Spring is in full swing and our garden is full of flowers! Community Gardening is for anyone who wants to participate in the garden, whether they have experience or not! Join Cornell’s gardeners on **Tuesdays, June 6th & 20th in the Main Lobby**, before heading outside.

**Bean Bag Baseball**
*And Root Beer Floats*
*Fridays, June 9th & 23rd*
3:00 pm in the Retirement Courtyard

In the mood for a little friendly competition? Head out to the Retirement Courtyard for Cornell Estates’ Bean Bag Baseball Tournament! The rules are simple to learn and the game is always fun to play.

Spectators are also needed! Come cheer on your fellow residents and enjoy a root beer float!

**Trip: Father’s Day Brunch at IHOP**
*Friday, June 16th*
Bus Leaves at 9:00am
Bring $8.00-$10.00

In honor of Father’s day, we will be having a brunch out at the International House of Pancakes. Invite family along, or just treat yourself to a stack of pancakes.

Sign up at the front desk. The bus will leave at **9:00am on Friday, June 16th**.

**Word Game: Words in a Word**
See how many words you can create from the letters in **Hillsboro** (example: is, oh, oil) Compare your list to ours in next month’s newsletter!

Most Popular answers from May (Sculpture)
Us, up, sup, sue, rue, use, put, rut, true, rust, rule, cup, etc, user, curt, cute, super, slept, cruel, result, upset, lupus, pulse, purest, ulcers, curse, setup, rustle, spruce, strep, spurt, erupt, letup, pursue, lures, luster, pustule, cutpurse, cultures

**TONGUE TWISTERS!**

**Solving a Problem**

*A problem of solving a problem is not a problem, but when a problem solves a problem without any problem, then the problem is not at all a problem.*
Celebrating Our ENCORE Partners

Encore Partners are wonderful contributors from our surrounding community who participate alongside Cornell Estates residents in our many ENCORE Community Opportunities.

What’s happening with Pacific University in June

The Speech Language Pathology students are taking the summer off. Check back in the fall to participate. Thank you to all of the resident who volunteered your time with these students in preparing for their career.

Pacific University Dental Clinic

The dental clinic is on hiatus for the summer! Check back in the fall

Alzheimer’s Support Group with Sandy Morehouse
Thursday, June 29th
2:30 pm in the Cascade Room

This support group is for family members, friends and anyone who needs a little help learning about Alzheimer’s Disease or other types of Dementia.

This month in Hearing Health @ Cornell Estates:

First Wednesdays-- Free Hearing Assessments with Darin Scheurer, SmartStep Hearing. Sign up at the front desk.

Pacific University Ear Wax Clinic
The ear wax clinic is on hiatus for the summer! Check back in the fall

Pen Pals with Elementary Students

Thank you to everyone who has participated with your lovely letters. We will be making a trip out soon to meet up with our buddies. Interested in becoming a pen pal talk to activities to sign up.

To our current Encore Partners:

Richard Banham - Bible Study
Chet Bishop - Bible Study
Harold Polluck - Senior Serenaders
Janice Haley - “The Card Lady”
Becky Palfenier - Pretty Nails
Les Payne - Sunday Church Services
Jan Whittaker - Sing along with Jan, Cornell Choir
<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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</thead>
<tbody>
<tr>
<td><strong>Meetups @ Cornell</strong></td>
<td><strong>Opportunities for residents with shared interests to meet and participate together</strong></td>
</tr>
<tr>
<td>Book Club</td>
<td>Monday, June 26th, 3:00 pm (LIB)</td>
</tr>
<tr>
<td>Residents share a love of reading gather to discuss the books they are enjoying.</td>
<td></td>
</tr>
<tr>
<td>Boost Your Memory</td>
<td>Fridays, 3:00 pm (CR)</td>
</tr>
<tr>
<td>Residents gather to tickle the brain cells with fun and stimulating memory exercises and games.</td>
<td></td>
</tr>
<tr>
<td>Conversational Spanish</td>
<td>Wednesdays, 9:50 am (COL)</td>
</tr>
<tr>
<td>Residents work with an instructor to develop basic Spanish vocabulary and conversation skills.</td>
<td></td>
</tr>
<tr>
<td>Cornell Choir</td>
<td>Coming Back in Fall</td>
</tr>
<tr>
<td>Residents share their love of singing and vocal talents in this fun and friendly Cornell choir.</td>
<td></td>
</tr>
<tr>
<td>Cornell College</td>
<td>Mondays, 10:00 am (CR)</td>
</tr>
<tr>
<td>Residents meet once a week to watch a half-hour college lecture followed by a discussion.</td>
<td></td>
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<tr>
<td>Cornell Community Garden</td>
<td>Tuesdays, June 6th &amp; 20th, 10:00 am (ML)</td>
</tr>
<tr>
<td>Residents have created a garden together with assistance from master gardener Arden Sheets.</td>
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</tr>
<tr>
<td>Happy Hour</td>
<td>Thursdays, June 1st &amp; 15th, 3:00 pm (PR)</td>
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<tr>
<td>Enjoy an hour of drinks, appetizers and socializing before supper.</td>
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</tr>
<tr>
<td>Hillsboro History</td>
<td>Wednesdays, June 7th &amp; 21st, 3:00 pm (PR)</td>
</tr>
<tr>
<td>Come on by to see bi-weekly presentations on local history, landmarks, and people and share your own stories of our beloved town.</td>
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<td>Men’s Club</td>
<td>Wednesday, June 7th, 3:00 pm (CR)</td>
</tr>
<tr>
<td>This a meet up for all of Cornell Estates’ guys to get together once a month.</td>
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</tr>
<tr>
<td>Orenco Photography Club</td>
<td>Thursday, June 8th, 6:30 pm (PR)</td>
</tr>
<tr>
<td>Local club invites residents to join monthly roundtables and discussions on photography.</td>
<td></td>
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<tr>
<td>Read Aloud</td>
<td>Thursday, June 1st, 10:00 am (ELR)</td>
</tr>
<tr>
<td>Residents gather together to hear different written materials read out loud; Newsletter, current events and stories for the soul.</td>
<td></td>
</tr>
<tr>
<td>Sing-Along with Jan</td>
<td>Thursday, June 8th &amp; 22nd, 3:00 pm (ML)</td>
</tr>
<tr>
<td>Residents join Jan at the Grand Piano in the Main Lobby to sing their favorite songs!</td>
<td></td>
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<tr>
<td>Tea with Friends</td>
<td>Tuesday, June 27th, 3:00 pm (CR)</td>
</tr>
<tr>
<td>Grab a cup of tea and join your friends for an afternoon of conversation and laughter.</td>
<td></td>
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<tr>
<td>Wii Games</td>
<td>Tuesdays, 6:00 pm (PR)</td>
</tr>
<tr>
<td>Play sports such as golf, bowling, and tennis on the Nintendo Wii. All abilities welcome!</td>
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</tr>
<tr>
<td>Write Your Life Story</td>
<td>Tuesdays, 9:00 am (CR)</td>
</tr>
<tr>
<td>Meet with this writers’ group made up of residents and community members.</td>
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</tbody>
</table>
Poetry Corner!
A place for Cornell Estates residents to express themselves and share their written work or work they have enjoyed. This poem is by Evelyn Steele

Pregnant with Rain

Expectant and obedient
The leaves of the tree, waiting.
Grass with the little arms held up…
No wind, no stirring.

Waiting they are
So quietly expectant.
Flowers heads lifted
Exposing their beauty.

The light of the sun
She too is very still.
Dank and darkened
Heavy with unseen moisture.

The birds are still.
They feel the change
The air laden, expecting.
Rain is coming soon.

The garden quietly waiting.
Obedient to our God.
The thirst of growing things
Waiting to be blessed.

The Community Programs Department is always looking for new speakers on a variety of topics. If you have a family member or friend with an interesting hobby, that recently went on a trip, or has a unique talent who would be willing to present—please let us know!

Tie Day! Celebrating Father’s Day
Monday, June 19th
Judging will take place during Lunch

Cornell Estates is honoring Fathers everywhere by having a Tie Day! Choose your favorite tie, whether it is silly, wacky, stylish, or sentimental and wear it to Lunch on Monday, June 19th. There will be prizes for some of the most unique ties – so do your best to impress! Both men and women can participate in this fun event!

Happy Fathers Day

A Look Ahead to July...
- Trip to Hillsboro’s Fourth of July Parade
  Tuesday, July 11th @ 5:00pm
- Trip to Hillsboro’s Tuesday Market
  Thursday, July 13th @ 10:30am
- Trip to the Pittock Mansion
- 1854 Portland History Presentation
  Friday, July 14th @ 1:30pm in the PR
Residents Serving the Surrounding Community

**Kids in Foster Care**  Washington County Department of Human Services Child Welfare

Residents are invited to make and donate quilts for children and teens in foster care in our County.

**Pacific University**

**Public Health Care**

Staff and residents assist Public Health Care students with their Practicum projects.

**“One Odd Job”**

Occupational Therapy students offer their assistance to residents every other month with odd jobs around the apartment.

**Speech-Language Pathology**

Residents serve as mentors to Speech-Language Pathology students to help the students learn how to provide speech and language enhancements in a natural setting.

**Occupational Therapy Students**

Residents meet with a student on a one-on-one basis to assist in conversational interviewing.

**School of Audiology**

Residents volunteer to work one-on-one with Audiology students on their hearing health curriculum assignments.

**Pacific University Clinics**

**Dental Clinic**  The dental clinic is hiatus for the summer! Check back in the fall.

On-site dental clinic provided by senior dentistry students for preventative dental treatment, e.g. free brushing, teeth cleaning at a reduced rate, and recommendations for better dental health.

**Ear Wax Clinic**  The ear wax clinic is hiatus for the summer! Check back in the fall.

Audiologist Dr. Trent Westrick and Pacific University Audiology students provide convenient on-site ear wax management.  NOW FREE OF CHARGE
Magic Moments @ Cornell

Top Left: Everyone participating in the National Day of Prayer lead by Pastor Bryan.

Top Right: The Rose Festival Princesses helping serve punch and cake to Barbara K. and Jeanne F. at the May Birthday Party.

Middle picture: Elizabeth S., Ruth K., Joan D., Ruth in Activities, Dee L., and Muriel W. at the Mother’s Day Tea.

Bottom picture: Everyone enjoying the Border Collie Dog Show.