

Cornell Estates

Events Calendar

July 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| <p>AC - Arts Center COL - Columbia Room - 1st floor CR - Cascade Room - 2nd floor ELR - East Living Room - 1st floor FA - Floor Alcove</p> | <p>ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL— Retirement Living LIB - Library - 2nd floor</p> | <p>Happy Birthday!</p> <p>Bill Thomas 7/1 Cynthia Pannell 7/3 Alton Ashford 7/5</p> | <p>Happy Birthday!</p> <p>Bob Pillsbury 7/8 Barbara King 7/10 Georgia Rutledge 7/11</p> | <p>Happy Birthday!</p> <p>Lois Minson 7/13 Hans Friedrich 7/15</p> |  | <p>1</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML</p> <p>2:00 Knit and Stitch Group –ML</p> |
| <p>2</p> <p>9:30 Worship Service - PR</p> <p>2:30 Bible Study - CR</p> | <p>3</p> <p>8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Read Aloud Newsletter - ELR 10:00 Cornell College - CR 1:30 Movie & Popcorn –PR 2:30 Pretty Nails - ML</p> | <p>4 INDEPENDENCE DAY</p> <p>9:15 Trip: Hillsboro Fourth of July Parade</p>  | <p>5 HEARING AWARENESS DAY</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Group Activities - AC 1:30 Resident's Meeting - PR 3:00 Men's Club– CR</p> | <p>6</p> <p>9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 10:30 Trip: Unger Farm& Picnic 1:30 Bingo - PR 3:00 Happy Hour W/ Frank Sinatra Impersonator –PR 6:30 Pokeno - CR</p> | <p>7 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Group Activities -AC 1:30 Dr. Bautista: Yoga, Meditation and Aging Seminar– PR 3:00 Boost Your Memory –CA 6:30 Scrabble Night - COL</p> | <p>8</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML</p> <p>2:00 Knit and Stitch Group –ML</p> |
| <p>9</p> <p>9:30 Worship Service & Communion - PR</p> <p>2:30 Bible Study - CR</p> | <p>10</p> <p>8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn –PR 2:30 Pretty Nails - ML</p> | <p>11</p> <p>8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 AL Group Activities –AC 10:00 Community Gardening - ML 11:00 Blood Pressure Clinic –ML 1:00 Bingo - PR 1:30 Target/Safeway/Bi-Mart/\$tree 6:00 Wii Games-PR</p> | <p>12 HEARING AWARENESS DAY</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Group Activities - AC 10:00 Janice the Card Lady - PR 1:30 July Birthday Party with the Senior Serenaders- PR 3:00 Hillsboro History –PR</p> | <p>13</p> <p>9:00 Trip: Pittock Mansion 9:15 Functional Fitness - PR 10:00 Pretty Nails - ELR 1:00 Bingo - PR 2:00 Music Sing-along w/ Jan - ML 6:00 Trip: Showtime at Shute Park Oregon Symphonic Band 6:30 Pokeno - CR 6:30 Orenco Photography Club-PR</p> | <p>14 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Group Activities - AC 1:30 A Visit from Mrs.Pittock-PR 3:00 Boost Your Memory –CA 6:30 Scrabble Night - COL</p> | <p>15</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML</p> <p>2:00 Knit and Stitch Group –ML</p> |
| <p>16</p> <p>9:30 Worship Service - PR</p> <p>2:30 Bible Study - CR</p> | <p>17</p> <p>8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn –PR 2:30 Pretty Nails - ML</p> | <p>18</p> <p>8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 AL Group Activities –AC 10:00 Community Gardening - ML 1:00 Bingo - PR 1:30 Winco/JoAnn's/Kohl's 6:00 Wii Games-PR</p> | <p>19 HEARING AWARENESS DAY</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Group Activities - AC 1:30 Bean Bag Baseball and Root Beer Floats - RCY</p> | <p>20</p> <p>9:15 Functional Fitness - PR 10:00 Group Activities - CR 10:30 Walmart & Lunch at Prime Time Restaurant 1:00 EmpRes Bingo - PR 2:00 Music Sing-along w/ Jan –ML 6:30 Pokeno - CR</p> | <p>21 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Group Activities - AC 1:30 Bean Bag Baseball-PR 3:00 Boost Your Memory –CA 6:30 Scrabble Night - COL</p> | <p>22</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML</p> <p>2:00 Knit and Stitch Group –ML</p> |
| <p>23</p> <p>9:30 Worship Service - PR</p> <p>2:30 Bible Study - CR</p> | <p>24</p> <p>8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn –PR 2:30 Pretty Nails –ML</p> | <p>25</p> <p>8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 AL Group Activities –AC 10:00 Community Gardening - ML 1:00 Bingo - PR 3:00 Tea with Friends - CR 6:00 Trip: Tuesday Marketplace 6:00 Wii Games-PR</p> | <p>26 HEARING AWARENESS DAY</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation - COL 10:00 Group Activities - AC 1:30 Boost Your Memory-CA 3:00 Hillsboro History –PR</p> | <p>27</p> <p>9:15 Functional Fitness - PR 9:30 Trip: Multnomah Falls & lunch at Multnomah Falls Restaurant 10:00 Pretty Nails - ELR 1:00 Bingo - PR 2:30 Alzheimer's Support Group w/Sandy Morehouse –CA 3:00 Happy Hour w/Stan Laskey- PR 6:30 Pokeno - CR</p> | <p>28 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 1:30 First Lady Handwriting Analysis Lecture by Joyce Brizendine –PR 3:00 Boost Your Memory –CA 6:30 Scrabble Night - COL</p> | <p>29</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML</p> <p>2:00 Knit and Stitch Group –ML</p> |
| <p>30</p> <p>9:30 Worship Service - PR</p> <p>2:30 Bible Study - CR</p> | <p>31</p> <p>8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn –PR 3:00 Book Club– LIB</p> | | | | | |