


Cornell Estates

Events Calendar

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AC - Arts Center COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room FA - Floor Alcove</p> <p>September is National Healthy Aging Month</p>	<p>ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL— Retirement Living LIB - Library - 2nd floor</p>	<p>Happy Birthday!</p> <p>Phyllis Reed 9/2 Loretta Sloan 9/2 Pearl Pfaff 9/3 Chuck Moeller 9/4 Sydney Matney 9/8</p>	<p>Happy Birthday!</p> <p>Robert Dressler 9/9 Hazel Seagren 9/10 Shirley McGregor 9/16 Ed Ulrich 9/18 Helen Huffman 9/22</p>		<p>1 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 1:30 Bean Bag Baseball –PR 3:00 Boost Your Memory-CR</p>	<p>2</p> <p>2:00 Knit & Stitch - ML</p>
<p>3</p> <p>9:30 Worship Service - PR 2:30 Bible Study - CR</p>	<p>4 LABOR DAY</p> <p>8:00–3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML</p>	<p>5 PU Dental Clinic</p> <p>8:00 - 11:00 Bus to Doctors 9:15 Read Aloud: Newsletter - ML 9:15 Strength & Balance - PR 10:00 Community Gardening - ML 1:00 Bingo - PR 1:30 Fred Myer 6:00 Wii Games-PR</p>	<p>6 HEARING AWARENESS DAY</p> <p>8:00-3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 1:30 Resident’s Meeting - PR 3:00 Men’s Club - CR</p>	<p>7 Flu Shot Clinic</p> <p>9am—12pm Flu Shot Clinic -PR 1:00 Bingo - PR 3:00 Music Sing-along w/ Jan - ML 6:00 Pokeno - CR 6:30 Orenco Photography Club</p>	<p>8 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Visit from Mrs. Pittock-PR 3:00 Boost Your Memory-CR</p>	<p>9</p> <p>9:30 Cornell Estates Walking Group with Dynamic Stretch - Meet in ML 2:00 Knit & Stitch - ML</p>
<p>10</p> <p>9:30 Worship Service & Communion - PR 2:30 Bible Study - CR</p>	<p>11</p> <p>8:00-3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML</p>	<p>12</p> <p>8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities –AC 1:00 Bingo - PR 1:30 Safeway/BiMart 6:00 Wii Games-PR</p>	<p>13</p> <p>8:00-3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Group Activities - AC 10:00 Janice the Card Lady - PR 1:00 Spanish Conversation –COL 1:30 Birthday Party with the Senior Serenaders - PR 3:00 Oregon History-CA</p>	<p>14</p> <p>9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 10:30 Bean Bag Baseball-PR 1:00 Bingo - PR 3:00 Happy Hour w/ Hans & his Accordion -PR 6:00 Pokeno - CR</p>	<p>15 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 1:30 Fall Prevention Health Lecture –PR 3:00 Boost Your Memory-CR</p>	<p>16</p> <p>2:00 Knit & Stitch - ML</p>
<p>17</p> <p>9:30 Worship Service - PR 2:30 Bible Study - CR</p>	<p>18</p> <p>8:00-3:30Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML</p>	<p>19 PU Dental Clinic</p> <p>8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 9:15 AL Group Activities –AC 10:00 Community Gardening - ELR 1:00 Bingo - PR 1:30 Winco/Joann/Kohls 6:00 Wii Games-PR</p>	<p>20</p> <p>8:00-3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation -COL 10:00 Group Activities - AC 1:30 Trivia with the Hillsboro Public Library - PR</p>	<p>21</p> <p>9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 10:30 Trip: Elmer’s &Scenic Drive 1:00 Bingo - PR 3:00 Music Sing-along w/ Jan - ML 6:00 Pokeno - CR</p>	<p>22 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Border Collies Show-PR 3:00 Boost Your Memory-CR</p>	<p>23</p> <p>2:00 Knit & Stitch - ML</p>
<p>24</p> <p>9:30 Worship Service - PR 2:30 Bible Study - CR</p>	<p>25</p> <p>8:00-3:30Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:00 Pretty Nails-ML 3:00 Book Club - LIB</p>	<p>26</p> <p>8:00 - 11:00 Bus to Doctors 9:15 SS Strength & Balance - PR 9:15 AL Group Activities –AC 1:00 Bingo - PR 1:30 Albertson’s 3:00 Tea With Friends - CR 6:00 Wii Games-PR</p>	<p>27</p> <p>8:00-3:30 Bus to Doctors & Errands 9:15 Stretch, Flex, Energize - PR 9:50 Spanish Conversation -COL 10:00 Group Activities - AC 1:00 Bingo - PR 3:00 Oregon History-CA</p>	<p>28</p> <p>9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 10:30 Trip: Jackson Bottom Wetland & Picnic Lunch 1:00 Bingo - PR 3:00 Wine & Cheese Hour w/ Gordon Herman-PR 6:00 Pokeno - CR</p>	<p>29 NAME TAG DAY</p> <p>9:15 Stretch, Flex, Energize - PR 9:30 Catholic Mass - CR 10:00 SLP Pacific University –PR 1:30 Senior Square Dancers-PR 3:00 Boost Your Memory-CR</p>	<p>30</p> <p>2:00 Knit &Stitch Group –ML</p> 