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<th>Sunday</th>
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<tr>
<td>3:00 9:30 Worship Service -PR</td>
<td>2:30 Bible Study -CR</td>
<td>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College -CR 11:00 Laddy Boy Jewelry –ML 1:30 Movie &amp; Popcorn-CR 2:30 Pretty Nails - ML</td>
<td>8:00 - 11:00 Bus to Doctors 9:15 Read Aloud: Newsletter 9:15 Strength &amp; Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Myer</td>
<td>8:00-3:30 Bus to Doctors 9:00 Smart Step Hearing Free Assessments– Sign up 9:15 Stretch, Flex, Energizer-PR 10:00 Group Activities -AC 1:30 Resident’s Meeting - PR 3:00 Men’s Club-CR 4:15 Cub Scout Caroling</td>
<td>9:00 Trip: Krispy Kreme 9:15 Functional Fitness – PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR 6:30 Oreno Photography Club</td>
<td>9:15 Stretch, Flex, Energizer-PR 9:30 Catholic Communion -CR 10:00 Pretty Nails - ELR 1:30 Portland Japanese Garden Lecture-PR 3:00 Boost Your Memory-CR</td>
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<td>3:00 9:30 Worship Service &amp; Communion - PR</td>
<td>2:30 Bible Study -CR</td>
<td>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energizer-PR 10:00 Cornell College -CR 1:30 Movie &amp; Popcorn-CR 2:30 Pretty Nails - ML 4:00 Hillsboro Student’s Annual Piano Recital-ML</td>
<td>8:00 - 11:00 Bus to Doctors 9:15 Strength &amp; Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Safeway/Target/$Tree</td>
<td>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energizer-PR 10:00 Group Activities -AC 10:00 Janice the Card Lady - PR 1:30 Trivia with the Hillsboro Public Library-PR</td>
<td>9:15 Functional Fitness – PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 1:00 Trip: Pittcock Mansion 6:00 Pokeno - CR</td>
<td>9:15 Stretch, Flex, Energizer-PR 9:30 Catholic Communion -CR 10:00 Pretty Nails - ELR 1:30 Boost your Memory</td>
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<td>3:00 9:30 Worship Service-PR</td>
<td>2:30 Bible Study -CR</td>
<td>8:00-3:30Bus to Doctors 9:15 Stretch, Flex, Energizer-PR 10:00 Cornell College -CR 10:00 Door Decorating Contest 1:30 Movie &amp; Popcorn-CR 2:30 Pretty Nails - ML</td>
<td>8:00 - 11:00 Bus to Doctors 9:15 Strength &amp; Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Winco/Joann/Kohls</td>
<td>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energizer-PR 10:00 Group Activities -AC 1:30 Birthday Party with the Senior Serenaders - PR</td>
<td>9:15 Functional Fitness – PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR 6:00 Trip: Christmas Lights Tour of Hillsboro</td>
<td>9:15 Stretch, Flex, Energizer-PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Strokes Lecture by Dr. Friedman –PR 3:00 Boost Your Memory-CR</td>
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<td>3:00 9:30 Worship Service -PR</td>
<td>2:30 Bible Study -CR</td>
<td>Christmas</td>
<td>8:00 - 11:00 Bus to Doctors 9:15 Strength &amp; Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Movie &amp; Popcorn-CR 3:00 Book Club-LIB</td>
<td>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energizer-PR 10:00 Group Activities -AC 2:00 Tea With Friends - CR</td>
<td>9:15 Functional Fitness – PR 10:00 Adult Coloring - CR 10:00 Trip: Scenic Drive 1:00 Bingo - PR 2:30 Alzheimer’s Support Group w/Sandi Morehouse-CR 6:00 Pokeno - CR</td>
<td>9:15 Stretch, Flex, Energizer-PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Bean Bag Baseball &amp; Popcorn-CR</td>
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**Events Calendar for December 2017**

**Sunday**
- 9:30 Worship Service -PR
- 2:30 Bible Study -CR

**Monday**
- 3:00 2:30 Bible Study -CR

**Tuesday**
- Happy Birthday! Eva Beeman 12/9
- Happy Birthday! Dorothy Sterrett 12/9
- Happy Birthday! Janet Spellerberg 12/13
- Happy Birthday! Alma Lou Stubbert 12/13
- Happy Birthday! Irene Wolfe 12/17

**Wednesday**
- 2:30 Bible Study -CR

**Thursday**
- 1:30 Movie & Popcorn
- 2:00 Knit & Stitch - ML
- 4:00 Holiday Sights & Sound w/Up Front Band

**Friday**
- 9:15 Stretch, Flex, Energizer-PR
- 10:00 Pretty Nails - ELR
- 1:00-3:00 Ear Wax Clinic -PC
- 4:00-6:00 Holiday Sights & Sound w/Up Front Band

**Saturday**
- 10:00 Adult Coloring-CR
- 1:00 Movie-CR
- 2:00 Knit & Stitch – ML
- 3:00 Bible Study w/Fran-AAC
- 6:00 Violin Recital
- 6:30 Skipbo-CR

**December 2017**

**Cornell Estates**
- ML - Main Lobby - 1st fl
- PC - Pacific Univ. Clinic - 1st fl
- PR - Party Room - 2nd fl
- RCY - Retirement Court Yard
- SR - Sewing Room - 3rd fl
- AL - Assisted Living
- Lib - Library - 2nd floor

**Other Events**
- 10:00 Trip: Christmas Lights Tour of Hillsboro
- 3:00 Boost Your Memory-CR
- 6:30 Skipbo-CR