



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC - Arts Center COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room FA - Floor Alcove 	ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL— Retirement Living LIB - Library - 2nd floor	Happy Birthday! Dorothy Gabaig 3/5 Jeanne Fairley 3/5 Priscilla Lafollett 3/6 Blue Bozeman 3/9 Josephine Fraser 3/11 Fran Whittaker 3/16 Helen Moeller 3/16 Pat Grinnell 3/17	Happy Birthday! Chuck Missfeldt 3/18 Marybeth Jordan 3/21 Jay Eisenbeis 3/21 Barbara Huey 3/21 Madeline Turner 3/21 Jean Dietrich 3/22 Ruth Klein 3/30	1 9:15 Strength & Balance - PR 10:00 Adult Coloring - CR 11:00 Trip: Primetime 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR	2 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize -PR 10:00 Pretty Nails - ELR 1:30 Keeping the Golden Years Golden: Health Lecture by Dr. Tom Tursich 3:00 Boost Your Memory-CR	3 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
4 9:30 Worship Service -PR 2:30 Bible Study - CR	5 8:00–3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 11:00 Laddie Boy Jewelry –ML 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML	6 PU Dental Clinic 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Read Aloud: Newsletter 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer	7 HEARING AWARENESS DAY 8:00-3:30 Bus to Doctors 9:00 Smart Step Hearing Free Assessments– Sign up 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 1:30 Resident’s Meeting - PR 3:00 Men’s Club-CR	8 9:15 Strength & Balance - PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 1:30 Trip: BiMart 6:00 Pokeno - CR 6:30 Orenco Photography Club	9 NAME TAG DAY 9:00 Catholic Mass - CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - ELR 3:00 Happy Hour w/Hans-PR	10 10:00 Adult Coloring-CR 1:00 Bingo-PR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
11 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	12 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML	13 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 WinCo/\$Tree	14 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 10:00 Janice the Card Lady - PR 2:00 Tea With Friends - CR	15 9:00 Trip: Grand Lodge & Iron Work Grill 9:15 Strength & Balance - PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR	16 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - ELR 1:30 Travelogue: National Parks of Utah 3:00 Boost Your Memory-CR	17 St. Patrick’s Day 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR 
18 9:30 Worship Service-PR 2:30 Bible Study - CR	19 8:00-3:30Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML	20 PU Dental Clinic 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Walmart	21 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 1:30 St. Patrick’s Day & March Birthday Party with the Senior Serenaders - PR	22 9:15 Strength & Balance - PR 10:00 Card Making w/Kristi - CR 1:00 Bingo - PR 1:30 Trip: Fred Meyer 6:00 Pokeno - CR	23 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - ELR 11:30-12:30 Dining Music w/Phil & his accordion 3:00 Happy Hour w/Dom Franco –PR	24 10:00 Adult Coloring-CR 1:00 Bingo-PR 2:00 Knit & Stitch–ML 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
25 9:30 Worship Service -PR 2:30 Bible Study - CR	26 8:00-3:30Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML 3:00 Book Club-LIB	27 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 BiMart	28 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Easter Egg Prep- CR 1:30 Trivia with the Hillsboro Public Library-PR	29 9:15 Strength & Balance - PR 10:00 Bean Bag Baseball—PR 1:00 Bingo - PR 2:30 Alzheimer’s Support Group with Sandy Morehouse 6:00 Pokeno - CR	30 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - ELR 1:00-3:00 PU Earwax Clinic-PC 1:30 Movie & Popcorn-CR 3:00 Boost Your Memory-CR	31 10:00 Adult Coloring-CR 1:30 Family Easter Egg Hunt-RCY 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR