


Cornell Estates



Events Calendar



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! Stella Casey 1/4 Norm Nielsen 1/4 Arlene Judah 1/5 Wilma Pieren 1/10 Deanna Lilly 1/14	Happy Birthday! Nancy Finster 1/15 Sharlot La Madrid 1/15 Betty Lou Smith 1/19 Diane Lancaster 1/20 Susie Kinney 1/20	1 HAPPY NEW YEAR!  <i>New Year's Day</i>	2 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:30 Trivia with the Hillsboro Library-PR	3 9:15 Strength & Balance - PR 10:00 Adult Coloring - AC 1:00 Bingo - PR 1:30 Trip to Bethany Goodwill 3:00 Music Sing-along w/ Jan-PR	4 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ML 1:30 Beanbag Baseball-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC	5 10:00 Adult Coloring-CR 10:30 Knit & Stitch-ML 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
6 9:30 Worship Service -PR 2:30 Bible Study - CR	7 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -PR 2:00 Pretty Nails - ML	8 PU DENTAL CLINIC 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 2:30 Dish Round Up 6:00 Poker-COL	9 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:30 Birthday Party with the Senior Serenaders- PR	10 9:15 Strength & Balance - PR 10:00 Adult Coloring - AC 11:00 Lunch at Olive Garden 1:00 Bingo - PR 6:00 Pokeno - CR 6:30 Orenco Photography Club -PR	11 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ML 2:30 Dish Round Up 3:00 Happy Hour with Hans on the Accordion	12 10:00 Adult Coloring-CR 1:00 Bingo-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
13 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	14 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -PR 2:00 Pretty Nails - ML	15 National Hat Day 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 WinCo 2:30 Dish Round Up 6:00 Poker-COL	16 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:00 Spanish Conversation-ML 1:30 Residents Meeting-PR 1:30 Card Ladies- PR Lobby	17 9:15 Strength & Balance - PR 10:00 Adult Coloring- AC 1:00 Bingo - PR 1:00 Trip: Movie Matinee "A Dogs Way Home" 3:00 Music Sing-along w/Jan-PR 6:00 Pokeno - CR	18 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion-CR 10:00 Pretty Nails - ML 1:30 Travelogue with Bob Kuest -Alaskan Cruise -PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC	19 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
20 9:30 Worship Service-PR 2:30 Bible Study - CR	21 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -PR 2:00 Pretty Nails - ML	22 PU DENTAL CLINIC 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 BiMart 2:30 Dish Round Up 6:00 Poker-COL	23 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:00 Spanish Conversation ML	24 9:15 Strength & Balance - PR 10:00 Adult Coloring-AC 11:00 Lunch at Gyro House Mediterranean Grill 1:00 Bingo - PR 6:30 Pokeno - CR	25 NAME TAG DAY 9:15 Stretch, Flex, Energize PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ML 11:30-12:30 Dining Room Music w/Phil Hall on the Accordion 1:00-4:00 PU Ear Wax Clinic-PC 2:30 Dish Round Up 3:00 Happy Hour with Stan Lasley- PR	26 10:00 Adult Coloring-CR 1:00 Bingo-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
27 9:30 Worship Service -PR 2:30 Bible Study - CR 3:00 Visit from VOFW	28 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -PR 2:00 Pretty Nails - ML	29 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Walmart 2:30 Dish Round Up 6:00 Poker-COL	30 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:00 Spanish Conversation ML 2:00 Tea with friends-PR	31 9:00 Trip to ilani Casino 9:15 Strength & Balance - PR 10:00 Adult Coloring-AC 1:00 Bingo - PR 6:30 Pokeno - CR	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st fl FA - Floor Alcove LIB - Library - 2nd floor ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st	PR - Party Room - 2nd fl SR - Sewing Room - 3rd fl RCY - Retirement Side Court Yard AL—Assisted Living RL— Retirement Living