Lecture on the Portland Japanese Garden
Friday, April 12th
1:30pm in the Party Room

Sharry Johnston, docent from the Oregon Historical Society, is back to give us an updated lecture on the Portland Japanese Garden. She will give you a visual tour of the garden from the comfort of your chair, with her captivating photos and explain the history on how this magnificent garden came to be.

OUR ANNUAL EASTER EGG HUNT & PARTY

Saturday, April 20th in the 1:00pm in the Retirement Courtyard

Join us for Cornell Estate’s annual Easter Egg Hunt and Party. The event will begin at 1:00pm and the Easter Egg Hunt will begin promptly at 1:30pm in the Retirement Courtyard. We will be having a balloon twister, face painting, a craft and coloring table, lemonade and cookies and of course the Easter Bunny will be paying us a visit!

The outside community is also invited to join us.
CORNELL ESTATES WELCOMES
Rose Betts 281
Kathleen Hoy 161
Audrey Greenlee 209
Pushpa Mehra 290

April Birthdays!

Ethel Snook 4/1
Carla McCall 4/2
June Ranf 4/6
Evelyn Steele 4/7
Sophia Johnson 4/7
Roberta Keogan 4/8
Al Judah 4/8
Gail Plowe 4/8
Harriett Sherwood 4/17 4/26

Birthday Party with the Senior Serenaders
April 10th at 1:30 pm in the Party Room

Sue Colly 4/20
Carl Schmadeke 4/24
Carmen Bryant 4/25
Janet Kaetterhenry

Thank You!

We could not have done it without you:
Welcome Bags: Jane Van Dyke
Community Gardening: Arden Sheets, Anne Matthes, Donna Detrick and Elaine Logan
Newsletter Folding: Margot Stoneking, Jim Colegrove, Robert Dressler, Bob Plumb, Priscilla Lafollett & Nancy Finster
Assisting with Church: Bob Brooks
Assisting with Exercise: Eva Beeman
Assisting with Bingo: Jeanne Fairley and Nancy Finster
Library & Daily Event Boards: Anne Matthes
Birthday Bell Ringer: Sue Colly
Greeting Card Organizer: Sharry Houfek

Staff Birthdays
Ayala Daniela 4/3
Betzy Johnson 4/6
Rechelle Wickhan 4/14
Edith Sanchez 4/23
April 2019

Introducing Missy Tate

Many of you have had a chance to meet me by now, but if our paths have yet to cross, allow me to introduce myself! My name is Missy and at the end of February, I began working as Karen’s assistant. I’m originally from southern Indiana, but I’ve lived in the Pacific Northwest for the past 12 years now. Having majored in studio art, I am excited to share my creativity with the residents of Cornell Estates.

Get To Know: (PIP) Personal Independence Program

PIP provides care for our Independent Side residents who need minimal assistance to maintain total independence. Services include medication administration, blood pressure checks, personal hygiene care, laundry, pet care, companionship, meal delivery, dining room escorts and escorts to medical or any other appointments. Our current care providers are Sam Johnson and Andrea Martinez. They are more than happy to answer any questions you may have.

Employee of the Month

Jessica Bautista

April’s Employee of the Month is Jessica Bautista. She has been a server in the dining room at Cornell Estates for almost a year now.

Residents enjoy coming into the dining room and seeing her kind smile. She is always willing to go the extra mile to make sure everyone is satisfied and she is consistently kind and friendly.

In her free time, Jessica enjoys going hiking and shopping. She would also love to visit Chicago in the future.
The Speech Language Pathology Clinic with Pacific University Students

Friday, April 19th will be our final celebration with your SLP students. Please join us in the Party Room at 10:00am for coffee and cookies.

Pacific University Ear Wax Clinic
The Ear Wax Clinic will be here Friday April 19th from 1-4pm in the first floor dental office. Please sign up at the front desk.

Pacific University Dental Clinic
Sign up at the front desk for a free assessment. The dental students will be here on Tuesday, April 2nd and 16th from 9am – 2:30pm in the Dental Clinic Room on the 1st floor.

Hillsboro Public Library: Trivia Challenge
Wednesday, April 3rd
1:30 pm in the Party Room

Join the Hillsboro Public Library for a fun filled hour of trivia. Library representative Philip Delgado will be hosting.

Residents can form teams to help answer trivia questions. You will also get the chance to learn more about the library and what they do throughout the community.

Education Opportunities at Cornell Estates!

Take advantage of all the continuing education classes that Cornell has to offer. No need to sign up!

Cornell College
Mondays at 10:00 am
In the Cascade Room

Cornell College is a video lecture series. Participants watch a lecture and then discuss. The current topic is Inventions that Changed the World

“NEW CLASS” Collage Making
Thursdays at 10:00 am
in the Cascade Room

In this newly added class, we will be creating our own individual works of art, using assorted papers and glue on a canvas. Fun for all skill levels!

“NEW CLASS” Anyone Can Draw!
Wednesdays at 10:00am
(except the first Wednesday)
in the Cascade Room

Using pencil and paper, we will learn how to draw from life. This is an all-level art class, not just for people who are familiar with art Techniques, but also those who have always said that they cannot draw.
Entertainment

**April Birthday Party**
with the Senior Serenaders
**Wednesday, April 10th**
**1:30pm in the Party Room**

Celebrate all the Birthdays happening this month with a party. We will have a wonderful performance by the Senior Serenaders and some sweet treats for everyone to enjoy!

**Happy Hour with Matthew Casey on the Piano**
**Friday, April 5th at 1:30pm**
Join us in the Party Room for an hour of entertainment, along with snacks and an assortment of beverages. It’s a great opportunity to visit with friends and also meet some new ones.

**Luau Happy Hour with Dom Franco on the Steel Guitar**
**Friday, April 26th at 3:00pm**
Dress up in your favorite Hawaiian shirt and join us for a special Happy Hour Luau. We will have special cocktails and mocktails, palm trees and the soothing sounds of Hawaiian steel guitar. We’re all weary of winter, so let’s escape to Hawaii for the afternoon!

**Bean Bag Baseball**
**Wednesday, April 19th**
**1:30 pm in the Party Room**

In the mood for a little friendly competition? Head up to the Party Room for Bean Bag Baseball! The rules are simple to learn and the game is always fun to play.

Spectators are also needed! Come cheer on your fellow residents.

**COFFEE WITH FRIENDS**
The first Wednesday of each month at 10am in the Cascade Room

**TEA WITH FRIENDS**
The last Wednesday of each month at 2pm in the Party Room

**Music Sing-along with Jan Whittaker**
**Thursday, April 4th & 18th**
**3:00pm in the Party Room**

Want to sing-along to some old favorites? Looking to have a good laugh? Experience both at our Sing-along with Jan. Twice a month Jan plays the piano and encourages you to sing with her. We have all the music lyrics printed out, so all you need to bring is your lovely voice.
Happy Panda Restaurant in Aloha, serves up an amazing variety of traditional Chinese dishes. They have seventeen different lunch specials all under $10. Kung Pao Chicken, Sweet and Sour Prawns, Mongolian Beef and General Tso’s Chicken, just to name a few. All the lunch specials include hot and sour soup, fried wonton, spring roll and steamed rice. They also have Gluten free options.

Happy Panda Restaurant
Thursday, April 4th
Bus leaves at 11:30 am

Trip to Happy Panda Restaurant

Trip to Tea’s Me
Thursday, April 11th
Bus leaves at 1:00 pm
$15, Cash only

Tea’s Me Tea Room offers a wide variety of fine all natural Tea, Tisanes, Herbal Tea and Chai, most are organic. Their “Spot of Tea” special includes two scrumptious Scones, fresh baked when you order, handmade Lemon Curd, Real Imported English Clotted Cream, fresh fruit preserves and a side of fresh fruit. Come enjoy an afternoon at this quaint little tea room. ($15. includes gratuity)

Outings

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Trip to ilani Casino
Thursday, April 18th
Bus leaves at 9:00 am

Located on in Ridgefield, Washington, ilani is the West Coast’s premier gaming, dining, entertainment and meeting destination. ilani includes 100,000 square feet of gaming space with 2,500 slots and 75 gaming tables; 15 different restaurants, bars and retail outlets.

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Trip to Wooden Shoe Tulip Festival
Thursday, April 25th
Bus leaves at 9:00 am

From expansive views of distant mountains to our vineyards, to strolling through rows of tulips in a rainbow of colors, the Wooden Shoe Tulip Festival offers fresh flowers, food and fun for the entire family, rain or shine.

We will be bringing a picnic lunch, but there will also be food vendors on location, if you would prefer something different.
Express Yourself

A place for Cornell Estates residents to express themselves and share their written work or work they have enjoyed. This month includes a selection of poems written by resident David Lee Woods in his published poetry book “Last Goodbye: Poems for Transitions”.

Getting Old

I stopped wondering
if I looked old
when a young woman
got up to give me
her seat.

Safe Anchorage

May your anchorage
always be sheltered
from the storm
And in the early morning mist
may your hear the fish jump
and the birds sing softly
And may the sun fill
your heart
as it does the day
with warmth.

Last Goodbye

When they come by
to say their last goodbye
they will see me in
my favorite suit and tie.
sure hope they’ll say,
“Looks good for an old guy.”
Magic Moments @ Cornell

The lovely Sharlot!

Sophia thoroughly enjoying her cheeseburger at our lunch outing 😊

The Cornell Crew heading back from a fun time at the Hill High Breakfast