Oregon History:
A Step Back in Time
Presented by Bob Setterberg
Of the Oregon Historical Society
Friday, May 3rd
1:30pm in the Party Room
Come learn about interesting parts of Oregon’s history, including pre-human times, Native American settlements and beaver trapping. Bob comes with video slides and items you can handle, including beaver pelts, thunder eggs, baskets and more!

A Visit from the Rose Festival Princesses
Friday, May 10th
Cornell Estates is pleased to welcome the 2019 Rose Festival Court. It’s the 19th year we have hosted. The arrival of the princesses kicks off our Rose Festival events, including nominating our own Court. Please join us in the Party Room. Cake will also be served by these lovely young ladies.

National Day of Prayer
Thursday, May 2nd
1:30 pm in the Party Room
Pastor Bryan Austring is returning to lead us in prayer and song for National Day of Prayer. Please join us for this very special event.
Cornell Estates
Management Team

ADMINISTRATOR
Candy Goodavish

DIRECTOR OF MARKETING
& INDEPENDENT LIVING
Cindy Lovell

DIRECTOR OF ASSISTED LIVING
Ron Gifford

RESIDENT CARE COORDINATOR
Mikayla Ravenberg

EXECUTIVE CHEF
Robyn Davis

MAINTENANCE
Jeremy Lovell

HOUSEKEEPING SUPERVISOR
Betzy Johnson

BOOKKEEPER
Tim Helling

ACTIVITIES COORDINATOR
Karen Fowler

Cornell Estates WELCOMES
MURIEL STRAUGMAN  #115
AUDREY GREENLEE  #209
PUSHPA MEHRA  #160

May Birthdays!

Marselo Tso  5/9
Anne Matthes  5/16
Bev Beam  5/17
Dorothy Hermens  5/19
June Martin  5/24
Mark Bonham  5/27
Charles Krug  5/28
Lydia Calhoun  5/31
Maxine Erdman  5/31

Birthday Party with the Senior Serenaders
May 8th at 1:30 pm
in the Party Room

Thank You!

We could not have done it without you:

Community Gardening: Arden Sheets, Anne Matthes, Donna Detrick and Elaine Logan

Newsletter Folding: Margot Stoneking, Jim Colegrove, Robert Dressler, Bob Plumb, Priscilla Lafollett & Nancy Finster

Assisting with Bingo: Jeanne Fairley

Assisting with Church: Bob Brooks

Assisting with Exercise Class: Eva Beeman

Library Organizer & Daily Event Boards: Anne Matthes

Birthday Bell Ringer: Sue Colly

Staff Birthdays

Tashi Lhazon  5/12
Get to Know: 
Hairstylist Teri Crunelle

Teri has been doing her magic with hair for forty years, thirty of those years at Cornell Estates! She’s also been working at our sister community, Rosewood for fifteen years. Teri is the mother of two sons, the grandma of two boys and has three dogs that she adores and calls “her girls”. She enjoys Friday nights out with her husband and loves to vacation in Las Vegas. Her loyal clients love the great rates, convenient location and the excellent work she does. Teri is available Thursdays and Fridays.

Call (503) 680-2638 today to schedule an in-house appointment.

Employee of the Month
INGRID SANCHEZ

Ingrid has been at Cornell Estates for almost a year and a half. She is the person responsible for making the salad bar look so amazing! Residents comment on how clean and attractive the bar always looks and how Ingrid always has a lovely smile on her face. In her free time she enjoys spending time with her baby grandson. She also loves to get out walking and visiting her homeland, Guatemala.
## Continuing Education

### Pacific University Ear Wax Clinic

The Ear Wax Clinic will be here Friday May 17th from 1-4pm in the dental office on the first floor.

**Please sign up at the front desk.**

The SLP students and the Dental Clinic are on hiatus until the fall.

### Cornell College

**Mondays at 10:00 am**

In the Cascade Room

Cornell College is a video lecture series. Participants watch a lecture and then discuss. The current topic is Inventions that Changed the World

### Hillsboro Public Library: Trivia Challenge

**Wednesday, May 1st**

**1:30 pm in the Party Room**

Join the Hillsboro Public Library for a fun filled hour of trivia. Library representative Philip Delgado will be hosting.

Residents can form teams to help answer trivia questions. You will also get the chance to learn more about the library and what they do throughout the community.

### CHECK OUT THE NEW CONTINUING EDUCATION CLASSES

Take advantage of all the exciting new classes that Cornell has to offer.

No need to sign up!

#### Anyone Can Draw!

**Wednesdays at 10:00am (except the first Wednesday)**

In the Cascade Room

Using pencil and paper, we will learn how to draw from life. This is an all-level art class, not just for people who are familiar with art techniques, but also those who have always said that they cannot draw.

#### American Sign Language Class

**Every Other Thursday at 10:00 am**

in the Cascade Room

Learn the basics of American Sign Language in a fun and easy way! The class is led by Jason Hanson.

#### Anyone Can Paint!

**Every Other Thursday at 10:00 am**

in the Cascade Room

Using acrylic paint, we will learn the basics of color theory and composition. This is an all-level art class!
Entertainment

May Birthday Party
with the Senior Serenaders
Wednesday, May 8th
1:30pm in the Party Room

Celebrate all the Birthdays happening this month with a party. We will have a wonderful performance by the Senior Serenaders and some sweet treats for everyone to enjoy!

Happy Hour
Fridays at 3:00pm
in the Party Room

Join us for an hour of entertainment, along with snacks and an assortment of beverages. It’s a great opportunity to visit with friends and also meet some new ones.

Friday, May 17th with Gordon Herman on the piano & May 31st with Hans on the accordion

Young at Heart Readers Theater
Tuesday, May 7th
1:30pm in the Party Room

Young at Heart Readers Theater is a group of retired teachers, directors and actors who love theater. Unlike film and plays, Readers Theater relies solely on the actor, a few props and your imagination. Rather than memorizing the script, they read their lines focusing on the audience.

TRIP TO THE ALPENROSE DAIRY OPERA HOUSE
Thursday, May 16th
Bus leaves at 12:45 pm
($10 per person cash only )

Come enjoy an afternoon of entertainment with the NW Senior Theatre presenting “Raising the Standards”: music of the 30’s, 40’s, 50’s and 60’s Great American Songbook.

Music Sing-along with Jan Whittaker
Thursday, May 16th
3:00pm in the Party Room

Want to sing-along to some old favorites? Looking to have a good laugh? Experience both at our Sing-along. Jan plays the piano and encourages you to sing with her. We have all the music lyrics printed out, so all you need to bring is your lovely voice.
Outings

Trip to Sesame Donuts
Thursday, May 2nd
Bus leaves at 9:00 am

Sesame Donuts is rated as one of the best donut shops in the Portland area. They are famous for their unique sesame donuts, donut holes, cake, raised donuts, pastries and other Middle East delicacies.

Trip to Rhododendron Garden
& Picnic at Rood Bridge Park
Thursday, May 23rd
Bus leaves at 11:30 am

Join us for an afternoon out to enjoy the splendor of Rhododendron season along with a picnic lunch at one of Hillsboro’s loveliest parks.

Lunch at Salam Restaurant
Thursday, May 9th
Bus leaves at 11:30 pm

Serving the very best Lebanese and Persian cuisine right here in Hillsboro. Start your meal off with an absolutely delicious pita bread served to you right from their brick oven. Then choose from a variety of authentic menu items such as Hummus, Kabobs, and Tabouleh, just to name a few. Then of course Baklava for dessert!

Lunch at Bargarten Bavarian Restaurant
Thursday, May 30th
Bus leaves at 11:30 am

At Bargarten, it’s their goal to provide the best dining experience possible, which is why they follow authentic Bavarian recipes developed and perfected by culinary director Marcus Stolpp and prepare everything fresh. Cheese Fondue, Bratwurst, Schnitzel and Spatzle are just a few of the delicious items on the menu.
Express Yourself

A place for Cornell Estates residents to express themselves and share their written work or work they have enjoyed. This month includes a poem and photos by Donna Detrick

Spring Spring Spring

The earth shudders
Bulbs planted with hope
push through the
. warming soil. Upward
Reaching for the sun.

Each new day a joy to behold!

A towee trills…
Robin cocks her beady Eye…..Expectant ?
Energy Urges me to action
Inhaling deeply.
Magic Moments @ Cornell