


# Cornell Estates

# Events Calendar

# August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AC - Arts Center-2nd fl COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room-1st FA - Floor Alcove DO-Dental Office-1st fl</p>	<p>ML - Main Lobby - 1st fl PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL— Retirement Living LIB - Library - 2nd fl</p>		<p><b>Happy Birthday!</b> <b>Jim Colegrove 8/1</b> <b>Paula Peterson 8/2</b> <b>Garabed Yeghiaian 8/13</b> <b>Bob Brooks 8/30</b></p>	<p><sup>1</sup> 9:15 Strength &amp; Balance - PR 10:00 American Sign Language Class-CR 11:00 Picnic at Orenco Woods Park 1:00 Bingo - PR 2:30 Anyone Can Paint!- AC 5:30 Pokeno - COL</p>	<p><sup>2</sup> 9:00 Catholic Communion- CR 9:15Stretch, Flex, Energize-PR 10:00 Friendly Visiting 2:00 “NEW” Community Support Group-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC 5:30 Skipbo-AC</p>	<p><sup>3</sup> 9:15 Saturday Stretch-PR 10:00 Board Game-AC 1:00 Bingo-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p><sup>4</sup> 9:30 Worship Service -PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p><sup>5</sup> 8:00–3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn-PR 3:00 CellPhone Workshop– COL 3:00 Reading with Donna-ML 5:30 Skipbo-AC</p>	<p><sup>6</sup> 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance - PR 10:00 Group Activity–AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 2:30 Dish Round Up 6:00 Poker-COL</p>	<p><sup>7</sup> 8:00-3:30 Bus to Doctors 9:15 Breathe &amp; Stretch-PR 10:00 Coffee with Friends-CR 10:00 Community Gardening-ML 1:30 Trivia w/Hillsboro Library-PR 2:30 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p><sup>8</sup> 9:15 Strength &amp; Balance - PR 10:00 American Sign Language Class-CR 1:00 Bingo - PR 1:30 Duyck’s Peachy Pig Farm 2:30 Anyone Can Paint!- AC 3:00 Music Sing-along w/Jan-PR 5:30 Pokeno - COL 5:45 Shute Park Concert</p>	<p><sup>9</sup> 9:00 Catholic Communion- CR 9:15 Stretch, Flex, Energize- PR 2:30 Dish Round Up 3:00 Happy Hour with pianist Donn Rochlin-PR 5:30 Skipbo-AC</p>	<p><sup>10</sup> 9:15Saturday Stretch-PR 10:00 Board Game-AC 1:30 Movie &amp; Popcorn -PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p><sup>11</sup> 9:30 Worship Service &amp; Communion - PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p><sup>12</sup> 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn-PR 3:00 Reading with Donna-ML 5:30 Skipbo-AC</p>	<p><sup>13</sup> 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance- PR 10:00 Group Activity–AC 11:00 Blood Pressure Clinic-ML 1:30 Bingo 1:30 BiMart 2:30 Dish Round Up 6:00 Poker-COL</p>	<p><sup>14</sup> 8:00-3:30 Bus to Doctors 9:15 Breathe &amp; Stretch- PR 10:00 Clay Jewelry-CR 1:30 Birthday Party with the Senior Serenaders - PR 2:30 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p><sup>15</sup> 9:00 Trip to Seaside 9:15 Strength &amp; Balance - PR 10:00 American Sign Language Class-CR 1:00 Bingo - PR 2:30 Anyone Can Paint!- AC 5:30 Pokeno - COL 6:30 Orenco Photography Club</p>	<p><sup>16</sup> 9:00 Catholic Communion-CR 9:15Stretch, Flex, Energize-PR 10:00 Friendly Visiting 1:30 Youth Performing Arts Academy-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC 5:30 Skipbo-AC</p>	<p><sup>17</sup> 9:15 Saturday Stretch- 10:00 Board Game–AC 1:00 Bingo-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p><sup>18</sup> 9:30 Worship Service-PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p><sup>19</sup> 8:00-3:30Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn-PR 3:00 Reading with Donna-ML 5:30 Skipbo-AC</p>	<p><sup>20</sup> 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance- PR 10:00 Group Activity –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Albersons 2:30 Dish Round Up 6:00 Poker-COL</p>	<p><sup>21</sup> 8:00-3:30 Bus to Doctors 9:15 Breathe &amp; Stretch-PR 10:00 Clay Jewelry-CR 1:00 Card Lady– PR Hallway 1:30 Resident’s Meeting - PR 2:30 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p><sup>22</sup> 9:15 Strength &amp; Balance - PR 10:00 American Sign Language Class-CR 11:30 Lunch at Prime Time 1:00 Bingo - PR 2:30 Anyone Can Paint!- AC 3:00 Music Sing-along w/Jan-PR 5:30 Pokeno - COL 5:30 AmberGlen Park Concert</p>	<p><sup>23</sup> 9:00 Catholic Communion- CR 9:15Stretch, Flex, Energize- PR 10:00 Friendly Visiting 2:30 Dish Round Up 3:00 Happy Hour w/Hans-PR 5:30 Skipbo-AC</p>	<p><sup>24</sup> 9:00 Hillsboro Saturday Market 1:30 Movie &amp; Popcorn -PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p><sup>25</sup> 9:30 Worship Service -PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p><sup>26</sup> 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn-PR 3:00 Reading with Donna-ML 3:00 Therapy Dog– ELR 5:30 Skipbo-AC</p>	<p><sup>27</sup> 8:00-11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance 10:00 Group Activity-AC 11:00 Blood Pressure Clinic-ML 1:30 Bingo-PR 1:30 Walmart 2:30 Dish Round Up</p>	<p><sup>28</sup> 8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe &amp; Stretch-PR 10:00 Clay Jewelry-CR 2:00 Tea With Friends - PR 5:30 Skipbo-AC</p>	<p><sup>29</sup> 9:15 Strength &amp; Balance - PR 9:30 Shopping @Wash.Mall &amp; Lunch at Cheesecake Factory 10:00 American Sign Language Class-CR 1:00 Bingo - PR 2:30 Anyone Can Paint!- AC 3:00 Music Sing-along w/Jan-PR 5:30 Pokeno - COL</p>	<p><sup>30</sup> 9:00 Catholic Communion- CR 9:15Stretch, Flex, Energize-PR 10:00 Friendly Visiting 1:30 Japanese Garden Lecture with Sherry Johnston-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC 5:30 Skipbo-AC</p>	<p><sup>31</sup> 9:15 Saturday Stretch-PR 10:00 Board Game-AC 1:00 Bingo-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>