



Cornell Estates

Events Calendar

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 2:00 CellPhone Workshop- COL 3:00 Reading by Donna-ML 5:30 Skipbo-AC</p>	<p>2</p> <p>8:00 - 11:00 Bus to Doctors 8:30 Seated Exercise-PR 9:00 Writers Group-CR 9:15 Strength & Balance - PR 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL</p>	<p>3</p> <p>8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe & Stretch-PR 10:00 Coffee with Friends-CR 10:00 Community Gardening-ML 1:30 Trivia w/Hillsboro Library-PR 3:00 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p>4</p> <p>HAPPY 4TH OF JULY!</p> 	<p>5</p> <p>8:30 Seated Exercise-PR 9:00 Catholic Communion- CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - PR 1:30 Beanbag Baseball-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC 5:30 Skipbo-AC</p>	<p>6</p> <p>9:15 Saturday Stretch-PR 10:00 Card Making- AC 1:00 Bingo- PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-CR</p>
<p>7</p> <p>9:30 Worship Service - PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p>8</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 3:00 Reading by Donna-ML 5:30 Skipbo-AC</p>	<p>9</p> <p>8:00 - 11:00 Bus to Doctors 8:30 Seated Exercise-PR 9:00 Writers Group-CR 9:15 Strength & Balance - PR 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Bimart 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL</p>	<p>10</p> <p>8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe & Stretch-PR 10:00 Wreath Making-CR 10:00 Community Gardening-ML 1:30 Birthday Party with the Senior Seranaders- PR 3:00 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p>11</p> <p>8:30 Seated Exercise-PR 9:00 Spirit Mountain Casino 9:15 Strength & Balance - PR 10:00 American Sign Language -AC 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-PR 6:00 Pokeno - COL 6:30 Orenco Photography Club</p>	<p>12</p> <p>8:30 Seated Exercise-PR 9:00 Catholic Communion- CR 9:15 Stretch, Flex, Energize- PR 10:00 Pretty Nails - PR 2:30 Dish Round Up 3:00 Happy Hour wine & cheese sampling- PR 5:30 Skipbo-AC</p>	<p>13</p> <p>9:15 Saturday Stretch-PR 10:00 Card Making- AC 1:30 Movie & Popcorn-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p>14</p> <p>9:30 Worship Service & Communion - PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p>15</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 3:00 Reading by Donna-ML 5:30 Skipbo-AC</p>	<p>16</p> <p>8:00 - 11:00 Bus to Doctors 8:30 Seated Exercise-PR 9:00 Writers Group-CR 9:15 Strength & Balance- PR 11:00 Blood Pressure Clinic-ML 1:00 Bingo-PR 1:30 Albertsons 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL</p>	<p>17</p> <p>8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe & Stretch- PR 10:00 Wreath Making-CR 10:00 Community Gardening-ML 1:30 Resident Meeting-PR 1:30 Card Lady-PR Hallway 3:00 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p>18</p> <p>8:30 Seated Exercise-PR 9:15 Strength & Balance - PR 10:00 Anyone Can Paint!- AC 11:30 Lunch at Rock Creek Tavern 1:00 Bingo - PR 5:45 Shute Park Concert 6:00 Pokeno - COL</p>	<p>19</p> <p>8:30 Seated Exercise-PR 9:00 Catholic Communion-CR 9:15 Stretch, Flex, Energize-PR 10:00 Pretty Nails - PR 1:30 Trivia Challenge-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC 5:30 Skipbo-AC</p>	<p>20</p> <p>9:15 Saturday Stretch-PR 10:00 Card Making-AC 1:00 Bingo- PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p>21</p> <p>9:30 Worship Service-PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p>22</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 3:00 Reading by Donna-ML 5:30 Skipbo-AC</p>	<p>23</p> <p>8:00 - 11:00 Bus to Doctors 8:30 Seated Exercise-PR 9:00 Writers Group-CR 9:15 Strength & Balance- PR 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Winco 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL</p>	<p>24</p> <p>8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe & Stretch-PR 10:00 Wreath Making-CR 10:00 Community Gardening-ML 1:30 Beanbag Baseball- PR 3:00 Anyone can Draw!- AC 5:30 Skipbo-AC</p>	<p>25</p> <p>8:30 Seated Exercise-PR 9:15 Strength & Balance - PR 10:00 Washington County Fair 10:00 American Sign Language -AC 1:00 Bingo - PR 6:00 Pokeno - COL</p>	<p>26</p> <p>8:30 Seated Exercise-PR 9:00 Catholic Communion-CR 9:15 Stretch, Flex, Energize PR 10:00 Pretty Nails - PR 2:30 Dish Round Up 3:00 Happy Hour w/Hans- PR 5:30 Skipbo-AC</p>	<p>27</p> <p>9:15 Saturday Stretch-PR 10:00 Card Making-AC 1:30 Movie & Popcorn-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC</p>
<p>28</p> <p>9:30 Worship Service - PR 2:30 Bible Study - CR 5:30 Skipbo-AC</p>	<p>29</p> <p>8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 3:00 Reading by Donna-ML 5:30 Skipbo-AC</p>	<p>30</p> <p>8:00-11:00 Bus to Doctors 8:30 Seated Exercise-PR 9:00 Writers Group-CR 9:15 Strength & Balance 11:00 Blood Pressure Clinic-ML 1:00 Bingo-PR 1:30 Walmart 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL</p>	<p>31</p> <p>8:00-3:30 Bus to Doctors 8:30 Seated Exercise-PR 9:15 Breathe & Stretch-PR 10:00 Wreath Making- CR 2:00 Tea With Friends - PR 3:00 Anyone Can Draw!-AC 5:30 Skipbo-AC</p>	<p>HAPPY BIRTHDAY!</p> <p>Bill Thomas 7/1 Cynthia Pannell 7/3 Bob Pillsbury 7/8 Barbara King 7/10 Hans Friedrichs 7/15 Lunada Stuart 7/30</p>	<p>AC - Arts Center COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room FA - Floor Alcove DO-Dental Office-1st</p>	<p>ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL-Assisted Living RL- Retirement Living LIB - Library - 2nd floor</p>