Magic Moments

Barbara & Roxanne enjoying a day at Seaside

Cornell Estates resident Dorothy Gabaig and her sister Bethany who lives over at Rosewood, had a lovely visit during Rosewood’s Happy Hour

Chuck & Anne enjoying a dance at Happy Hour with Hans on the accordion

Trip to the Sauvie Island Pumpkin Patch & lunch at the Café
Tuesday, October 15th
Bus leaves at 9:00am

The Sauvie Island Pumpkin Patch is celebrating 50+ years of family fun and farm fresh produce. It’s an extra fun place to visit during the Halloween season. Activities include U-Pick pumpkins, free hayrides, a giant hay maze and The Big Red Animal Barn. There is also a lovely gift shop and a café where we can enjoy some lunch.

HAPPY HALLOWEEN
TRICK OR TREAT!
Best costume prize for resident & staff
Thursday, October 31st
Trick or Treaters
6:00-7:30pm

Every year Cornell Estates opens its doors to the kids in our community for Halloween. It’s always a joy to see the children showing off their costumes. We let the trick or treaters know to only knock on the doors that are sporting an orange pumpkin, so let us know if you would like to hang one on your door. You can also just relax out in the main lobby and welcome them from there if you’d like. There will be a prize awarded to a staff member and resident on each side for best costume!
CORNELL ESTATES WELCOMES
EVELYN GIESZLER
PAUL & LOIS MULLER

October Birthdays

Irene Mathern 10/3
Luella Koch 10/4
Peg Owens 10/5
Betty Fisher 10/5
Don Bryant 10/9
Betty Coggins 10/21
Bob Hicks 10/21
Joan Dummer 10/26
Deloris Lockard 10/27

Birthday Party with
the Senior Serenaders
October 9th at 1:30pm
in the
Party Room

Thank You

We could not have done it without you

Community Gardening: Arden Sheets, Anne Matthes,
  Donna Detrick and Elaine Logan
Newsletter Folding: Everyone who helped
Assisting with Church: Bob Brooks
Assisting with Exercise Class: Eva Beeman
Library Organizer & Daily Event Boards: Anne Matthes
Birthday Announcers: Nancy Finster and Sue Colly

THE FOOD COMMITTEE WILL MEET THE FIRST WEDNESDAY OF EACH
MONTH AT 2:00PM IN THE COLUMBIA ROOM ON THE FIRST FLOOR
ALL ARE WELCOME TO ATTEND

FUN FACTS

WHY IS IT CALLED “HALLOWEEN”?

As with many holidays, Halloween is rooted in our agricultural past,
marking the end of harvest time and the beginning of the new year.
The origin of Halloween and many of its customs can be traced to Samhain, the
ancient pagan Celtic festival that is Gaelic for “summer’s end,” a day to bid good-
bye to warmth and light. The ancient Celts believed that the veil between the worlds
of the living and the dead was at its thinnest during Samhain, thereby making it the
ideal time to communicate with the deceased and to divine the future.
Following the triumph of the Roman Empire over Celt-occupied lands in the 1st
century A.D., the Romans combined many of the Celtic traditions, including Sam-
hain, with their own. This day evolved into All Hallows’ Day or Allhallowmas, hal-
low meaning to sanctify.

WITCHES ON BROOMSTICKS

Why are witches a common costume on Halloween? In the Middle Ages, women
labeled as witches (from the Anglo-Saxon word wicce, or “wise one”) practiced
divination. Such a woman would curl up near a fireplace and go into a trancelike
state by chanting, meditating, or using hallucinogenic herbs. Superstitious people
believed that these women flew out of their chimneys on broomsticks and terrorized
the countryside with their magical deed.

THE JACK-O’-LANTERN

Before the modern pumpkin jack-o’-lantern, turnip lanterns were used. In ancient
Ireland, revelers would hollow out large turnips (or potatoes or beets) and carve
them into a demon’s face to frighten away spirits. They would light the turnips from
within with a candle or a piece of smoldering coal. They then placed the lanterns in
the windows and doorways of their homes, in the belief that the carvings would
scare off evil spirits and welcome deceased loved ones inside.
Irish immigrants arriving in the New World during the early 1800’s found the
plentiful, easier-to-carve pumpkins ready substitutes for turnips.
Outings

Shopping Trip to Washington Square & lunch at the Cheesecake Factory
Tuesday, October 8th
Bus leaves at 9:30am

Sauvie Island Pumpkin Patch and lunch at the Café
Tuesday, October 15th
Bus leaves at 9:00am

Fall Book Sale at the Brookwood Public Library
Tuesday, October 29th
Bus leaves at 1:30pm

Resident Spotlight
Hazel Seagren

Our resident spotlight this month is Hazel Seagren. She has lived at Cornell Estates since April of 2010. Hazel was born and raised in Pennsylvania and graduated from nursing school in 1955 from there as well. She then moved to Michigan, to Southern California for a bit and then to Northern California where she worked for nearly 17 years at Stanford Medical Center in San Francisco. She later moved to Oregon to be closer to her brother and his family and has been here for 21 years. Hazel has enjoyed living at Cornell Estates and says she likes the comforting feeling of not being alone. She is an avid reader and has a book on the go at all times.

Employee of the Month
Daniel Rossetti

Daniel has been helping out in the Maintenance department for almost a year now. Residents comment on his positive attitude and how he is always ready and willing to help. His grandma is Joan Dummer and his aunt owns Unger Farms, which he has been working at since he was ten. He is finishing up his senior year at Oregon Connections Academy and would like to continue on at PCC to get a degree in fire science and his EMT certification. He would then like to pursue a career as a law enforcement officer. Not that he has a lot of free time with working and going to school, but when he does have free time he likes to hang out with his friends, enjoys woodworking, working on cars, and would really like to build a go-cart.
The Pacific University programs are starting up again.

EARWAX CLINIC: Friday October 11th from 1pm-4pm. Please sign up at the front desk.

DENTAL CLINIC: Tuesday, October 8th & 22nd from 8:30am-4:00pm. Please sign up at the front desk.

SPEECH AND LANGUAGE PATHOLOGY
The SLP students are also back to be matched up with resident partners. We had our meet and greet September 27th. If you didn’t attend but would like to be involved with this program, please let Karen know.

Hillsboro Public Library:
Trivia Challenge
Wednesday, October 2nd
1:30 pm in the Party Room

Join the Hillsboro Public Library for a fun filled hour of trivia. Library representative Philip Delgado will be hosting. Residents form teams to help answer trivia questions. You will also get the chance to learn more about the library and what they do throughout the community.

Flu Shots
ANNUAL FLU SHOT CLINIC
TUESDAY, OCTOBER 1ST
8:00 AM – 11:00 AM
IN THE PARTY ROOM

It’s that time of year again. Rite Aid Pharmacy will be here giving flu shots. We’ll have the paperwork for you to fill out beforehand so the process will go quickly. The schedule is 8:00am – 9:30am for the Assisted Side and 9:30am-11:00am for the Independent Side.

CORNELL COLLEGE
Mondays at 10:00am
in the Cascade Room

Cornell College is a DVD lecture series where participants watch a lecture and then discuss. The topic “Inventions that Changed the World”, has come to a close.

The next series is “Optimizing Brain Fitness”. In this practical course, you’ll learn what steps you can take in your own life to enhance your brain function.

Missy’s “Anyone Can Paint!” Class
Mondays at 2:00pm
in the Cascade Room

“New Game” Jumbo Yahtzee
Thursday 3rd & 17th at 10:15am in the Party Room

Beanbag Baseball
Thursday 10th at 10:15am & Wednesday 23rd at 1:30pm in the Party Room

Reading by Donna
Mondays at 3:00pm in the Main Lobby

Reading by Will
Thursdays at 6:00pm in the Library

October Birthday Party
with the Senior Serenaders
Wednesday, October 9th

Celebrate all the Birthdays happening this month with a party. We will have a wonderful performance by the Senior Serenaders and some sweet treats for everyone to enjoy!

COFFEE WITH FRIENDS!
Wednesday, October 2nd
10:00am in the Cascade Room

TEA WITH FRIENDS!
Wednesday, October 30th
2:00pm in the Party Room

ANNUAL FLU SHOT CLINIC
TUESDAY, OCTOBER 1ST
8:00 AM – 11:00 AM
IN THE PARTY ROOM

FRIDAYS IN THE PARTY ROOM
Join us for an hour of entertainment, along with snacks and an assortment of beverages. It’s a great opportunity to visit with old friends and also the chance to meet some new ones.

OCTOBER 4th WITH PIANIST
MATTHEW CASEY at 1:30pm

&

OCTOBER 18th WITH OUR VERY OWN
HANS ON THE ACCORDION at 3:00pm

Please Join Us for
A Special Performance by
THE WESTERNAIRES
SENIOR LINE DANCING TROUPE
Friday, October 25th
1:30pm in the Party Room