November 2019

Veterans Day
Monday, November 11th
1:30pm in the Party Room

Please join us on Monday, November 11th at 1:30pm for this very special event as we host our annual Veterans Day Tribute to honor our Cornell Estates Veterans. Pastor Bryan Astring from Helvetia Church will be leading our ceremony, along with guests from the American Legion #6, Daughters of the American Revolution, Boy Scout Troop 855 and two Veteran guest speakers, staff members Tim Helling and Xavier Headworth.

Cornell Estates Christmas Marketplace Bazaar
Saturday, November 2nd
9:00am-3:00pm

We are very excited to announce our bazaar returning. It will be the first Saturday in November, so come start your holiday shopping early. There will be 33 Portland area artists and crafters, which will include handcrafted jewelry, glass art, Christmas décor, and much more. There will also be a fabulous assortment of handmade cards, knit and hand sewn items, lovingly made by our residents, with all of those proceeds going to the Hillsboro Fire Fighter’s Toy and Joy program. We hope to see you there!
CORNELL ESTATES WELCOMES
CAROL FEE
KEN & LETHA MISHLER

November Birthdays

Anne St.Clair 11/1
Jane VanDyke 11/3
Norma Orr 11/10
Tim Hadsall 11/20
Don Krahmer 11/21
Roxanne Rhoades 11/22
Dee Larsen 11/25
Claudia Hall 11/28
Gail Luchs 11/28

Birthday Party with the Senior Serenaders
November 13th at 1:30pm in the Party Room

Thank You
We could not have done it without you

Community Gardening: Arden Sheets, Anne Matthes, Donna Detrick and Elaine Logan
Newsletter Folding: Everyone who helped
Assisting with Church: Bob Brooks
Assisting with Exercise Class: Eva Beeman
Library Organizer & Daily Event Boards: Anne Matthes
Birthday Announcers: Nancy Finster and Sue Colly
Calling Bingo: Irene Mathern & Nancy Finster

November’s employee of the month is Tiffany Wilcox-Rodriguez. She has been working in the housekeeping department for three months and the residents comment on what a hard worker she is and that she always has a smile on her face. She’s been married to her high school sweetheart for twenty-five years, has three sons, two daughter in laws, and two grandchildren.

She loves scary movies, going to music concerts, and is terrified of grasshoppers. Hobbies include Karaoke, fishing, hiking, cooking, and spending time with her family.

Tiffany loves the snow and her dream vacation would be a trip to Iceland.

Employee of the Month
Tiffany Wilcox-Rodriguez

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Some Turkey Trivia

There are several theories about how turkeys got their name. One story claims that Christopher Columbus heard some birds say “tuka,tuka,” and his interpreter came up with the name tukki, which means “big bird” in Hebrew.

Ben Franklin thought the turkey would be a better national symbol than the bald eagle.

A male turkey is called a tom, a female is a hen, and a youngster is a poult.
Outings

Thursday, November 7th
Bus leaves at 1:30pm
$5. admission

The new exhibit is called “This is Kalapuyan Land,” which was created over a decade ago in partnership with the Confederated Tribes of Grand Ronde. Littlebird Fogel says, “This is Kalapuyan Land” is my effort, as a descendant of the Kalapuyan people, to offer a more holistic representation of the past, present, and future of Oregon’s Indigenous Community.

Northwest Senior Theatre
Presents:
“Christmas is Just Around the Corner”
At the Alpenrose Dairy Opera House
Thursday, November 21st
Bus leaves at 12:45pm
$10 per person cash only please

Join us for lunch at
Camp 18 Restaurant
Tuesday, November 12th
Bus leaves at 10:30am

SHOPPING TRIPS
Tuesday, November 5th - Fred Meyer
Thursday, November 14th - Bimart
Tuesday, November 19th - Albertsons
Tuesday, November 26th - Walmart

Resident Spotlight
Peg Owens

In Pontiac, Michigan on October 5, 1920, Peg Owens was born Margaret MacGregor. She grew up in that community of place names recognizing the American Indians that first settled the region. Peg had a younger brother and the focus of her family's spiritual and social life centered around the Episcopal church. As a child, Peg and several friends founded the Rose Bud club. This social/service organization still exists today. Her family bought an Air-Stream trailer and camped during the summers. Peg's father worked for the post office so her family had security during the difficult Depression years. Peg remembers her mother taking soup to neighbors. During high school and college Peg helped organize bi-monthly formal dances and arranged for big bands to entertain live. Her mother sewed her gowns. Peg attended Eastern Michigan University in Ypsilanti. She lived in a boarding house and then the sorority house where she made life long friends. She earned a bachelor's degree and began teaching school. WWII started and she became engaged, receiving her diamond ring in the mail from Ecuador, where her fiancé was in training to pilot B-17s. Peg took a train to San Francisco and they were married. After three weeks, he returned to the front and she to teaching for two more years until the war ended. They moved around the country, he went back to college, they had three children and in 1956 settled in southern California where they lived for the next half century. Widowed seven years, Peg moved to Cornell Estates in 2010. She recalls her first visit here and having the feeling that this could definitely be her new home. She said “everyone was so nice.” She enjoys field trips on the Cornell bus, Trivia, Mexican Train dominoes and adult coloring. She also enjoys making collages and greeting cards from pretty papers and pressed leaves. Peg was crowned Cornell Estates Rose Festival Queen in 2016, and celebrated her ninety-ninth birthday this October. She has enjoyed living here for nearly ten years and we are certainly blessed to know her. For me, Peg is the epitome of grace and elegance.
Hillsboro Public Library: Trivia Challenge
Wednesday, November 6th
1:30 pm in the Party Room
Join the Hillsboro Public Library for a fun filled hour of trivia. Library representative Philip Delgado will be hosting.
Residents form teams to help answer trivia questions. You will also get the chance to learn more about the library and what they do throughout the community.

EARWAX CLINIC: Friday, November 15th from 1pm-4pm. Please sign up at the front desk

DENTAL CLINIC: Tuesday, November 5th and 19th from 8:30am-4:00pm. Please sign up at the front desk.

SPEECH AND LANGUAGE PATHOLOGY
For those of you involved in this years SLP program, your students will be back Friday, November 15th at 10:00am. They will come meet you at your apartment.

HEARING HEALTH WORKSHOP
“Understanding Hearing Loss, Your Loss Your Gains”
with Darin Scheurer
Friday, November 8th at 1:30pm
In the Party Room

CORNELL COLLEGE
Mondays at 10:00am
in the Cascade Room
Cornell College is a DVD lecture series where participants watch a lecture and then discuss. The current topic is “Optimizing Brain Fitness”. In this practical course, you’ll learn what steps you can take in your own life to enhance your brain function.

“ANYONE CAN PAINT!”
with Missy
Mondays at 2:00pm
in the Cascade Room

“NEW” WHEEL OF FORTUNE
Friday 1st at 1:30pm in Party Room
Beanbag Baseball
Thursday 7th at 10:00am
in the Party Room
Jumbo Dice Yahtzee
Thursday 14th at 10:00am
in the Party Room
Boost Your Memory
Friday 1st & 8th at 3:00pm in the Art Center

Reading by Donna
Mondays at 3:00pm in the Main Lobby
Reading by Will
Thursdays at 6:00pm in the Library

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November Birthday Party
with the Senior Serenaders
Wednesday, November 13th
Celebrate all the birthdays happening this month with a party. We will have a wonderful performance by the Senior Serenaders and some sweet treats for everyone to enjoy!

COFFEE WITH FRIENDS!
Wednesday, November 6th
10:00am in the Cascade Room

TEA WITH FRIENDS!
Wednesday, November 27th
2:00m in the Party Room

* SOME FRIENDLY REMINDERS *
We encourage you to get a flu shot if you haven’t already. It is for your protection as well as others around you. Also remember to wash your hands frequently, sneeze/cough into your arm not hands, don’t reuse tissues, and please stay in your room if you are ill. Also encourage visitors to stay home if they are sick.

Out of the consideration of those around you, please don’t use cell phones in the dining room, activities or events. If you must have your phone with you, please turn off your ringer or keep it on vibrate only.

Please do not leave dirty dishes out in the hallways until “dish round up” is announced.

HAPPY BIRTHDAY!
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with the Senior Serenaders
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HAPPY HOUR!
FRIDAYS AT 3:00PM IN THE PARTY ROOM
Join us for an hour of entertainment, along with snacks and an assortment of beverages. It’s a great opportunity to visit with old friends and also the chance to meet some new ones.

NOVEMBER 15th
with Pianist Donn Rochlin
NOVEMBER 29th
with Dom Franco
on the Steel Guitar