<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>8:00-11:00 Bus to Doctors</td>
<td>8:00-11:00 Bus to Doctors</td>
<td>8:00-3:30 Bus to Doctors</td>
<td>9:00 Spirit Mountain Casino**</td>
<td>9:00 Catholic Communion-CR</td>
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<tr>
<td>9:30 Worship Service-PR</td>
<td>9:15 Stretch, Flex, Energize - PR</td>
<td>9:15 Strength &amp; Balance - PR</td>
<td>9:15 Strength &amp; Balance - PR</td>
<td>9:00 Mexican Train-AC</td>
<td>10:00 Friendly Visits-AL</td>
<td>10:00 Mexican Train-AC</td>
</tr>
<tr>
<td>2:30 Bible Study - CR</td>
<td>10:00 Cornell College - CR</td>
<td>10:00 Blood Pressure Check-ML</td>
<td>10:00 Mexican Train-AC</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 The Intel Singers-PR</td>
<td>1:00 Bingo-CR-RL</td>
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<tr>
<td>5:30 Skipbo-AC</td>
<td>1:00 Bingo - PR</td>
<td>1:00 Bingo-PR</td>
<td>1:00 Bingo-PR</td>
<td>5:30 Skipbo-AC</td>
<td>2:30 Dish Round Up</td>
<td>2:30 Bingo-CR-RL</td>
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<tr>
<td></td>
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<td>1:30 Albertsons**</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>3:00 Sing-along with Jan- PR</td>
<td>3:00 Bingo-CR-RL</td>
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<td></td>
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<td>1:30 Wheel of Fortune-ML</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>6:00 Pokeno - COL</td>
<td>6:00 Skipbo-AC</td>
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<tr>
<td></td>
<td></td>
<td>3:00 Therapy Dog-ALR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>6:00 Pokeno - COL</td>
<td>6:00 Skipbo-AC</td>
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<tr>
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<td>5:00 Bus Ride to see the &amp; 6:00 Christmas Lights**</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>6:00 Pokeno - COL</td>
<td>6:00 Skipbo-AC</td>
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<tr>
<td></td>
<td></td>
<td>6:00 Poker-COL</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>1:30 Birthday Party with the Senior Senenaders- PR</td>
<td>6:00 Pokeno - COL</td>
<td>6:00 Skipbo-AC</td>
</tr>
</tbody>
</table>

**WEAR A HOLIDAY SHIRT! 8:00 - 11:00 Bus to Doctors**

| 8:00-3:30 Bus to Doctors | 9:00 Writers Group-CR | 9:15 Stretch, Flex, Energize - PR | 9:15 Strength & Balance - PR | 9:00 Mexican Train-AC | 10:00 Friendly Visits-AL |
| 9:15 Stretch, Flex, Energize - PR | 10:00 Cornell College - CR | 11:00 Blood Pressure Check-ML | 11:00 Blood Pressure Check-ML | 1:30 Beanbag Baseball-PR | 2:30 Dish Round Up |
| 1:30 Movie & Popcorn-PR | 1:30 Bingo - PR | 1:00 Bingo-PR | 1:00 Bingo-PR | 1:30 Bingo-PR | 2:30 Bingo-CR-RL |
| 3:00 Reading by Donna-ML | 1:30 WinCo** | 2:30 Dish Round Up | 2:30 Dish Round Up | 1:30 Sing-along with Jan- PR | 6:00 Reading by Will-LIB |
| 5:30 Skipbo-AC | 5:30 Skipbo-AC | 5:30 Skipbo-AC | 5:30 Skipbo-AC | 6:00 Reading by Will-LIB | 6:00 Pokeno - COL |
| 6:00 Poker-COL | 6:00 Poker-COL | 6:00 Poker-COL | 6:00 Poker-COL | 6:00 Pokeno - COL | 6:00 Skipbo-AC |

**HAPPY BIRTHDAY!**

Jim Hoeksema 12/07
Paul Weaver 12/08
Dorothy Sterrett 12/09
Eva Beeman 12/09

**HAPPY BIRTHDAY!**

Alma Lou Stubbert 12/13
Irene Wolfe 12/17
Donna Detrick 12/28
Shirley Parson 12/29
Mary Zagelow 12/30

**CHRISTMAS TIDE**

6:00 Christmas Bingo with the Apelien Family-PR

**AC - Art Center**

COL-Columbia Room-1st floor
CR - Cascade Room -2nd floor
ALR-Assisted Side Living Room
FA - Floor Alcove
DO-Dental Office-1st floor
**- Sign up at front desk
RL - Resident Led
ACTIVITIES ARE SUBJECT TO CHANGE

**ML - Main Lobby - 1st floor**

PR - Party Room - 2nd floor
RCY - Retirement Court Yard
SR - Sewing Room - 3rd floor
AL - Assisted Living
IL - Independent Living
LIB - Library - 2nd floor

9am-3pm FIREFIGHTERS BAKE SALE-ML
9:15 Saturday Stretch-PR
10:00 Mexican Train- 1st floor:
1:30 Friendly Visits-AL
2:30 Dish Round Up
Holiday Sights & Sounds 4:00 in the AL Dining Room and 5:00 in the Independent Dining Room

10:00 Mexican Train- 1st floor:
1:30 Friendly Visits-AL
2:30 Dish Round Up
5:30 Skipbo-AC

10:00 Mexican Train- 1st floor:
1:30 Friendly Visits-AL
2:30 Dish Round Up
5:30 Skipbo-AC