Holiday Sights and Sounds
with the UpFront Band
Friday, December 6th
4:00pm in the Assisted Dining Room
5:00pm in the Independent Dining Room

Kick off the Holiday season here at Cornell Estates! We invite you to join us on Friday, December 6th from 4:00pm or 5:00pm in the dining room for music and holiday cheer. Feel free to dress up for the occasion!

Enjoy special appetizers, and drinks served by your loyal staff. Holiday music will be provided by the talented UpFront Band!

Annual Bake Sale
Hillsboro Firefighters
Toy & Joy Drive
Saturday, December 7th
9:00am-3:00pm in the Main Living Room

Cornell Estates will hold our annual bake sale to benefit the Firefighters Toy and Joy Fundraiser. Come on down to the main living room, and lobby to choose from a wide array of baked goods made by Cornell Estates staff, residents, the firefighters and their spouses. If you would like to donate a baked item please drop it off no later than December 6th at the front desk.
CORNELL ESTATES WELCOMES
FLORENE WELLS
DOROTHY RILEY
DANIEL WILCOTT

DECEMBER BIRTHDAYS
Jim Hoeksema 12/07
Paul Weaver 12/08
Dorothy Sterrett 12/09
Eva Beeman 12/09
Alma Lou Stubbert 12/13
Irene Wolfe 12/17
Donna Detrick 12/28
Shirley Parson 12/29
Mary Zagelow 12/30

Birthday Party with the Senior Serenaders
December 11th at 1:30pm in the Party Room

Thank You!
We could not have done it without you

Community Gardening: Arden Sheets, Anne Matthes,
            Donna Detrick and Elaine Logan
Newsletter Folding: Everyone who helped
Assisting with Church: Bob Brooks
Assisting with Exercise Class: Eva Beeman
Library Organizer & Daily Event Boards: Anne Matthes
Birthday Announcers: Nancy Finster and Sue Colly

“GRANDPA DAN”
There is an old man, his name is Dan.
He’s currently ninety-three.
He sits at home, mostly alone,
except for the dog at his knee.
He’s been around to see a lot of things,
and he turns his stories into songs of
which he sings.
He gives his grandchildren the keys to the
world, and the secrets to success.
And because of him, those children’s lives,
truly are blessed.
He sees them through the good and the
bad, the rich times and the poor,
and says if they should ever need something,
to come knocking on his door.
He says his prayers every night and
gives thanks for what he’s got, and
he’s someone who really knows that
the best things in life can’t be bought.

Written by Sophia Johnson’s granddaughter
Allyson Shope when she was 15 years old.

Happy Holidays!

Santa Claus
Cornell Estates held its Christmas bazaar last
weekend and I was surprised to see Santa
wandering around with the folks. I watched him
and all of the sudden he turned to me and said,
“hello Helen, how are you?”
Oh my!! Santa remembered ME!
(My folks told me when I was a child, that
Santa knew everyone, and was “keeping a list
of the nice and the naughty things we did,” and
that determined how many presents we would
get under the Christmas tree.)
So, immediately I told him I had been a really
good girl all year. (So, my parents WERE
right!) All the people who had been standing nearby
were surprised Santa knew my name!
I wasn’t surprised at all, because I HAVE been
especially good. My parents would never lie to
me. And there were songs like...“Santa’s
making a list and checking it twice, seeing who
is naughty or nice.”
When I returned to our room I excitedly told
my husband what had just happened, and that
Santa had promised there would be lots of
presents for me under our Christmas tree!
I can hardly wait!!!!!!!

By: Helen Moeller
**Outings**

**Margarita Factory**
Owned by siblings Jorge Castro and Betty Cantu, the Castro’s come from a long lineage of restaurateurs, dating back to their grandparents time in Jalisco, Mexico. The Margarita Factory was voted one of “Hillsboro’s Best 2019”
They offer authentic Mexican dishes, and a huge array of different hand-crafted Margaritas to enjoy if you are so inclined.

Join us for lunch! Thursday, December 19th
Bus leaves at 11:30am

**Powell’s Bookstore**
Cedar Hills Crossing
Thursday, December 26th
Bus leaves at 1:30pm

**SHOPPING TRIPS**

**Shopping Trip to Washington Square & lunch at the Thirsty Lion Restaurant**
Thursday, December 12th
Bus leaves at 9:30am

**DECEMBER 2019**

**Resident Spotlight**

**Arden Sheets**
Born Willis Arden Sheets in Topeka, Kansas, Arden grew up on his parents farm and spent a lot of time helping with chores. He loved weeding the garden and says he enjoyed working with the plants “because they don’t talk back.”
He has an older brother and younger sister, and attended a one room school house through the 8th grade. He went on to high school and was a member of the National Honor Society. Arden then attended Kansas State University where he majored and received a bachelor degree in Pomology. I bet you can’t guess what that is! In 1959 he began working at the North Willamette Research Center where he stayed for 17 years developing new types of berries, such as the Hood strawberry, and Marion blackberry, while also receiving his Masters Degree in Horticulture. He spent the next 17 years with the OSU Extension Service for Washington County.
He moved to Cornell Estates in 2011 and had many happy years here with his wife. When Connie moved across the street to EmpRes, Arden visited her faithfully every day for 647 days, before her recent passing, reading to her from the journals of their life travels together.
Arden continues to enjoy his home here. He likes to read, listen to music, and spends much time tending to our gardens, for which we all get to reap the benefits.
He is also an avid football fan for the Green Bay Packers, KSU Wildcats, and the OSU Beavers.

**Employee Spotlight**

**Sam Johnson**
Sam has enjoyed working in the Personal Independence Program at Cornell Estates for six and a half years. Residents consistently comment on what a hard worker she is, and that she is always happy to help with whatever they need. Sam has been married 41 years, and has 8 grandchildren.
In her free time she enjoys cooking, barbecuing, canning fruits and vegetables, camping, concerts, relaxing on a sunny beach, and most of all spending quality time with her husband, kids, and grandchildren. When she retires she would love to take time to travel with no worries. For those of you who don’t know, Sam is the person responsible for the can and bottle fundraiser. She has done it for the last 4 years, with all of the proceeds going to the Hillsboro Firefighters Toy and Joy drive. So far this year she has already raised $503!
EARWAX CLINIC: Friday, December 13th from 1pm-4pm. Please sign up at the front desk.

SPEECH AND LANGUAGE PATHOLOGY
For those of you involved in this year’s SLP program, your students will be back Friday, December 6th at 10:00am. They will come meet you at your apartment.

DENTAL CLINIC WILL RETURN: Tuesday, January 21st from 8:30am-4:00pm. Please sign up at the front desk.

PACIFIC UNIVERSITY SCHOOL OF PHARMACY MEDICATION REVIEW
Free Blood Pressure Screenings
Bring your medications and get your questions answered with a free medication review!
Stop by and see your local pharmacy student at any of the below dates and times.
No need to sign up
IN THE MAIN LOBBY
MONDAY, DECEMBER 2ND, 4-6PM
WEDNESDAY, DECEMBER 4TH FROM 12:30-1:30PM & 4-6PM

HOLYDAY DOOR DECORATING CONTEST
Are you up for the challenge?
Decorate your door for the holiday season, and on December 20th an outside representative will be voting for the Best Door on the Assisted Side and the Independent Side. There will also be a prize given to the two best doors on each side, decided by you, “The People’s Choice.”

Good Luck and Happy Decorating!

Hillsboro Public Library:
Trivia Challenge
Wednesday, December 4th
1:30 pm in the Party Room
Join the Hillsboro Public Library for a fun filled hour of trivia. Library representative Philip Delgado will be hosting.
Residents form teams to help answer trivia questions. You will also get the chance to learn more about the library and what they do throughout the community.

Wheel of Fortune
Tuesday 17th at 1:30pm in the Main Living Room
Beanbag Baseball
Friday 27th at 1:30pm in the Party Room
Mexican Train
Saturdays at 10:00am in the Art Center
Boost Your Memory
Friday 13th & 27th at 3:00pm in the Art Center

Reading by Donna
Mondays at 3:00pm in the Main Lobby
Reading by Will
Thursdays at 6:00pm in the Library

HAPPY BIRTHDAY!
December Birthday Party with the Senior Serenaders
Celebrate all the birthdays happening this month with a party. We will have a wonderful performance by the Senior Serenaders, and some sweet treats for everyone to enjoy!

CHRISTMAS BINGO with the APELAND FAMILY
WEDNESDAY, DECEMBER 25TH
6:00-7:00PM IN THE PARTY ROOM

THE INTEL SINGERS
Friday, December 13th
1:30pm in the Party Room
Cornell Estates is honored to have this extremely talented group back. The Intel Singers are current, and former Intel employees and family members. They have been singing and performing together for the past twenty-one years. Barbara Thurber is the fourth artistic director, and has been directing the group since 2011. Join us in the Party Room for their holiday concert. It’s always a full house, so don’t be late if you want to get a seat!