


# Cornell Estates

# Events Calendar

# January 2020

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|---|---|---|---|---|---|---|
| ML- Main Lobby - 1st Fl<br>PR - Party Room-2nd Fl<br>RCY - Retirement Court<br>Yard<br>SR - Sewing Room-3rd<br>AL--Assisted Living<br>IL-- Independent Living<br>LIB - Library - 2nd Fl | <b>HAPPY BIRTHDAY!</b><br>Stella Casey 1/4<br>Norm Nielsen 1/4<br>Arlene Judah 1/5<br>Wilma Pieren 1/10<br>Deanna Lilly 1/14  | <b>HAPPY BIRTHDAY!</b><br>Nancy Finster 1/15<br>Sharlot LaMadrid 1/15<br>Betty Lou Smith 1/19<br>Susie Kinney 1/20<br>Diane Lancaster 1/20  |    | 9:15 Strength & Balance - PR<br>10:00 Mexican Train-AC1<br>11:00 Lunch at Olive Garden**<br>1:00 Bingo - PR<br>6:00 Reading by Will-LIB<br>6:00 Pokeno - COL  | 9:00 Catholic Communion- CR<br>9:15 Stretch, Flex, Energize- PR<br>10:00 Friendly Visits-AL<br>2:30 Dish Round Up<br>3:00 2020 Special Celebration<br>Happy hour w/Barbara Cecil-PR<br>5:30 Skipbo-AC | 9:15 Saturday Stretch-PR<br>10:00 Mexican Train-AC<br>1:30 Movie & Popcorn-PR<br>2:00 Bible Study<br>with Fran-COL<br>5:30 Skipbo-AC  |
| 9:30 Worship Service-PR<br>2:30 Bible Study - CR<br>5:30 Skipbo-AC  | 8:00-3:30 Bus to Doctors<br>9:15 Stretch, Flex, Energize -PR<br>10:00 Cornell College - CR<br>1:30 Movie & Popcorn-PR<br>3:00 Reading by Donna-ML<br>5:30 Skipbo-AC | 8:00-11:00 Bus to Doctors<br>9:00 Writers Group-CR<br>9:15 Strength & Balance - PR<br>11:00 Blood Pressure Check-ML<br>1:00 Bingo - PR<br>1:30 Fred Meyer**<br>2:30 Dish Round Up<br>5:30 Skipbo-AC<br>6:00 Poker-COL                                     | 8:00-3:30 Bus to Doctors<br>9:15 Breathe & Stretch-PR<br>9:30-11 Hearing Aid Check-AC<br>10:00 Coffee with Friends-CR<br>1:30 Birthday Party with the Senior Serenaders- PR<br>2:30 Chef Chat- CR<br>5:30 Skipbo-AC | 9:15 Strength & Balance - PR<br>10:00 Scrabble-AC<br>1:00 Bingo -PR<br>1:30 Assistance League Thrift Shop**<br>3:00 Sing-along with Jan- PR<br>6:00 Pokeno - COL<br>6:00 Reading by Will-LIB<br>6:30 Orenco Photography Club-PR | 9:00 Catholic Communion- CR<br>9:15 Stretch, Flex, Energize- PR<br>10:00 Friendly Visits-AL<br>1:30 Wheel of Fortune-PR<br>2:30 Dish Round Up<br>3:00 Boost Your Memory-AC<br>5:30 Skipbo-AC          | 9:15 Saturday Stretch-PR<br>10:00 Mexican Train-AC<br>1:00 Bingo-PR<br>2:00 Bible Study<br>with Fran-COL<br>5:30 Skipbo-AC  |
| 9:30 Worship Service & Communion-PR<br>2:30 Bible Study - CR<br>5:30 Skipbo-AC  | 8:00-3:30 Bus to Doctors<br>9:15 Stretch, Flex, Energize -PR<br>10:00 Cornell College - CR<br>1:30 Movie & Popcorn-PR<br>3:00 Reading by Donna-ML<br>5:30 Skipbo-AC | 8:00-11:00 Bus to Doctors<br>9:00 Writers Group-CR<br>9:15 Strength & Balance- PR<br>11:00 Blood Pressure Check-ML<br>1:00 Bingo-PR<br>1:30 Bimart**<br>5:30 Skipbo-AC<br>6:00 Poker-COL  | 8:00-3:30 Bus to Doctors<br>9:15 Breathe & Stretch- PR<br>10-11:15 Cellphone/Computer Workshop**-COL<br>1:30 Resident's Meeting-PR<br>1:30 Card Lady-PR Hallway<br>5:30 Skipbo-AC                                   | 9:15 Strength & Balance - PR<br>10:00 Mexican Train-AC<br>1:00 Bingo - PR<br>1:00 Tea's Me Tearoom**<br>6:00 Reading by Will-LIB<br>6:00 Pokeno - COL   | 9:00 Catholic Communion-CR<br>9:15 Stretch, Flex, Energize-PR<br>10:00 Friendly Visits-AL<br>1-4 Ear Wax Clinic**-DO<br>2:30 Dish Round Up<br>3:00 Happy Hour with Hans-PR<br>5:30 Skipbo-AC          | 9:15 Saturday Stretch-PR<br>10:00 Mexican Train-AC<br>1:30 Movie & Popcorn-PR<br>2:00 Bible Study<br>with Fran-COL<br>5:30 Skipbo-AC  |
| 9:30 Worship Service-PR<br>2:30 Bible Study - CR<br>5:30 Skipbo-AC  | 8:00-3:30 Bus to Doctors<br>9:15 Stretch, Flex, Energize -PR<br>10:00 Cornell College - CR<br>1:30 Movie & Popcorn-PR<br>3:00 Reading by Donna-ML<br>5:30 Skipbo-AC | <b>Dental Clinic** 8:30-4-DO</b><br>8:00 - 11:00 Bus to Doctors<br>9:00 Writers Group-CR<br>9:15 Strength & Balance- PR<br>11:00 Blood Pressure Check-ML<br>1:00 Bingo - PR<br>1:30 Albertsons*<br>2:30 Dish Round Up<br>5:30 Skipbo-AC<br>6:00 Poker-COL | 8:00-3:30 Bus to Doctors<br>9:15 Breathe & Stretch-PR<br>10:00 Mexican Train-AC<br>1:30 Beanbag Baseball-PR<br>5:30 Skipbo-AC   | 9:15 Strength & Balance - PR<br>11:00 Lunch at Gustav's**<br>1:00 Bingo - PR<br>3:00 Sing-along with Jan- PR<br>6:00 Reading by Will-LIB<br>6:00 Pokeno - COL   | 9:00 Catholic Communion-CR<br>9:15 Stretch, Flex, Energize PR<br>10:00 Friendly Visits-AL<br>2:30 Dish Round Up<br>3:00 Happy Hour with Pianist Stan Lasley-PR<br>5:30 Skipbo-AC                      | 9:15 Saturday Stretch-PR<br>10:00 Mexican Train-AC<br>1:00 Bingo-PR<br>2:00 Bible Study<br>with Fran-COL<br>5:30 Skipbo-AC  |
| 9:30 Worship Service-PR<br>2:30 Bible Study - CR<br>5:30 Skipbo-AC  | 8:00-3:30 Bus to Doctors<br>9:15 Stretch, Flex, Energize -PR<br>10:00 Cornell College - CR<br>1:30 Movie & Popcorn-PR<br>3:00 Reading by Donna-ML<br>5:30 Skipbo-AC | 8:00 - 11:00 Bus to Doctors<br>9:00 Writers Group-CR<br>9:15 Strength & Balance- PR<br>11:00 Blood Pressure Check-ML<br>1:00 Bingo - PR<br>1:30 Walmart**<br>2:30 Dish Round Up<br>5:30 Skipbo-AC<br>6:00 Poker-COL                                       | 8:00-3:30 Bus to Doctors<br>9:15 Breathe & Stretch-PR<br>10:00 Scrabble -AC<br>2:00 Tea with Friends- PR<br>5:30 Skipbo-AC  | 9:15 Strength & Balance - PR<br>10:00 Mexican Train-AC<br>1:00 Bingo - PR<br>1:30 World Forestry Center**<br>6:00 Reading by Will-LIB<br>6:00 Pokeno - COL  | 9:00 Catholic Communion- CR<br>9:15 Stretch, Flex, Energize- PR<br>10:00 Friendly Visits-AL<br>1:30 Wheel of Fortune-PR<br>2:30 Dish Round Up<br>3:00 Boost Your Memory-AC<br>5:30 Skipbo-AC          | AC - Art Center<br>COL-Columbia Room-1st floor<br>CR - Cascade Room -2nd floor<br>ALR-Assisted Side Living Room<br>FA - Floor Alcove<br>DO-Dental Office-1st floor<br>**- Sign Up at front desk<br>RL- Resident Led<br>ACTIVITIES ARE SUBJECT TO CHANGE |