

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9/5/21	9/6/21	9/7/21	9/8/21	9/9/21	9/10/21	9/11/21
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Mal-O-Meal	Cream of Wheat	Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal
Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters
Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style
Link Sausage	Breakfast Ham	Bacon	Sausage Patty	Link Sausage	Bacon	Sausage Patty
Spinach and Mushroom Frittata	Waffles with Spiced Pears and Fresh Whipped Cream	Buttermilk Pancakes with Maple Syrup	Hashbrowns	French Toast with Maple Syrup	Waffles with Peaches and Fresh Whipped Cream	Biscuits and Sausage Gravy
Danish			Cinnamon Apple Muffin			Pumpkin Muffin
Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cornish Game Hen	Parmesan Breaded Ground Veal Cutlet w/ Marinara Sauce	Herb Marinated Chicken Breast	Tuna Cake with a Tarragon Cream Sauce And Lemon Wedge	Salisbury Steak with Gravy	Trout Amandine	Corned Beef
Garlic Pork Roast	Baked Pollock with a Lemon Dill Cream Sauce	Beef Stroganoff over Egg Noodles	Chicken Fried Steak with Country Gravy	Oven Roasted Chicken	Fennel and Caraway Roasted Pork Loin with Demi-Glaze	Smoked Almond Breaded Chicken Breast
Mashed Potatoes with Gravy	Rosemary Roasted Red Potatoes	Broccoli Rice Pilaf	Mashed Potatoes with Country Gravy	Baked Beans	Baked Potato with Sour Cream	Mashed Potatoes and Gravy
Green Beans	Cauliflower	Carrots	Steamed Spinach	Corn	Green Beans	Mixed Vegetables
Corn	Beets	Yellow Squash	Sautéed Turnips and Rutabagas	Broccoli	Carrots	Sautéed Cabbage
Tapioca Pudding	Assorted Pie	Brownies	Peach Strudel	Assorted Jello	Chocolate Cake with Vanilla Butter Cream Frosting	Pecan Pie
Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chefs Choice Soup	Beef and Barley Soup	Chefs Choice Soup	Cream of Tomato Soup	Chef's Choice Soup	Corn Chowder	Chefs Choice Soup
BBQ Baked Chicken Wings	Shrimp and Spinach Salad	Egg Salad Croissant Sandwich	Grilled Chicken Cobb Salad	Taco Salad	Grilled Chicken Tenders with Sweet and Sour Sauce	BBQ Bacon Cheeseburger with Lettuce and Tomato
Sautéed Mushrooms and Fresh Tarragon with Linguini	Grilled Smoked Turkey Sandwich with White Cheddar on Sourdough	Pork Pot Pie	Grilled Cheese Sandwich	Battered Cod with Lemon Wedge and Tartar Sauce	Roasted Vegetable Pizza	Open Face Turkey Sandwich with Gravy
Mixed Vegetables	Potato Chips	Pesto Pasta Salad	Three Bean Salad	Coleslaw	Mixed Vegetables	Tator Tots