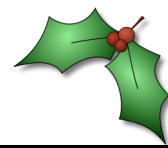



# Cornell Estates



# Events Calendar



# December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC - Arts Center COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room FA - Floor Alcove 	ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL—Assisted Living RL— Retirement Living LIB - Library - 2nd floor	<b>Happy Birthday!</b>  Eva Beeman 12/9 Dorothy Sterrett 12/9 Janet Spellerberg 12/13 Alma Lou Stubbert 12/13 Irene Wolfe 12/17	<b>Happy Birthday!</b>  Shryl Anderson 12/17 Pat Lindholm 12/18 Donna Detrick 12/28 Jean Smith 12/29		<b>1 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize -PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 1:00-3:00 Ear Wax Clinic -PC 4:00-6:00 Holiday Sights & Sound w/Up Front Band	<b>2</b>  10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Knit & Stitch- ML 3:00 Bible Study w/Fran-AC 6:00 Violin Recital 6:30 Skipbo-CR
<b>3</b>  9:30 Worship Service -PR  2:30 Bible Study - CR	<b>4</b>  8:00–3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 11:00 Laddy Boy Jewelry –ML 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML	<b>5</b>  8:00 - 11:00 Bus to Doctors 9:15 Read Aloud: Newsletter 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Myer	<b>6 HEARING AWARENESS DAY</b>  8:00-3:30 Bus to Doctors 9:00 Smart Step Hearing Free Assessments– Sign up 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 1:30 Resident’s Meeting - PR 3:00 Men’s Club-CR 4:15 Cub Scout Caroling	<b>7</b>  9:00 Trip: Krispy Kreme 9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR 6:30 Orenco Photography Club	<b>8 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize- PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Portland Japanese Garden Lecture-PR 3:00 Boost Your Memory-CR	<b>9</b>  10:00 Adult Coloring-CR 1:00 Bingo-PR 2:00 Knit & Stitch- ML 3:00 Bible Study w/Fran-AC 6:30 Skipbo-CR
<b>10</b>  9:30 Worship Service & Communion - PR  2:30 Bible Study - CR	<b>11</b>  8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML 4:00 Hillsboro Student’s Annual Piano Recital-ML	<b>12</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Safeway/Target/\$Tree	<b>13</b>  8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 10:00 Janice the Card Lady - PR 1:30 Trivia with the Hillsboro Public Library-PR	<b>14</b>  9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 1:00 Trip: Pittock Mansion 6:00 Pokeno - CR	<b>15 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize- PR 9:30 Catholic Communion -CR 10:00 Pretty Nails - ELR 1:30 Boost your Memory	<b>16</b>  10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Knit & Stitch-ML 3:00 Bible Study-AC 3:00 Happy Hour w/ Brian Scott on Piano-PR 6:30 Skipbo-CR
<b>17</b>  9:30 Worship Service-PR  2:30 Bible Study - CR	<b>18</b>  8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 10:00 Door Decorating Contest 1:30 Movie & Popcorn-CR 2:30 Pretty Nails - ML	<b>19</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Winco/Joann/Kohls	<b>20</b>  8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 1:30 Birthday Party with the Senior Serenaders - PR	<b>21</b>  9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-ML 6:00 Pokeno - CR 6:00 Trip: Christmas Lights Tour of Hillsboro	<b>22 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize- PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Strokes Lecture by Dr. Friedman –PR 3:00 Boost Your Memory-CR	<b>23</b>  10:00 Adult Coloring-CR 1:00 Bingo-PR 2:00 Knit & Stitch-ML 3:00 Bible Study w/Fran-AC 6:30 Skipbo-CR
<b>24</b>  9:30 Worship Service -PR 2:30 Bible Study - CR	<b>25 Christmas</b>  	<b>26</b>  8:00 - 11:00 Bus to Doctors 9:15 Strength & Balance - PR 10:00 Group Activities –AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Movie & Popcorn-CR 3:00 Book Club-LIB	<b>27</b>  8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Group Activities - AC 2:00 Tea With Friends - CR	<b>28</b>  9:15 Functional Fitness - PR 10:00 Adult Coloring - CR 10:00 Trip: Scenic Drive 1:00 Bingo - PR 2:30 Alzheimer’s Support Group w/Sandi Morehouse-CR 6:00 Pokeno - CR	<b>29 NAME TAG DAY</b>  9:15 Stretch, Flex, Energize- PR 9:30 Catholic Mass - CR 10:00 Pretty Nails - ELR 1:30 Bean Bag Baseball & Popcorn-PR	<b>30</b>  10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Knit & Stitch-ML 3:00 Bible Study w/Fran-AC 6:30 Skipbo-CR
<b>31 New Year’s Eve</b>  9:30 Worship Service -PR 1:30 New Year’s Eve Party w/Gordon Herman-PR 2:30 Bible Study-CR						