



CORNELL ESTATES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1/28/18	1/29/18	1/30/18	1/31/18	2/1/18	2/2/18	2/3/18
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal
Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters
Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style
Link Sausage	Bacon	Sausage Patty	Link Sausage	Breakfast Ham	Bacon	Sausage Patty
French Toast with Maple Syrup	Waffles with Strawberries and Fresh Whipped Cream	Biscuits and Sausage Gravy	Grilled Vegetable Frittata	Waffles with Walnut Topping and Fresh Whipped Cream	Buttermilk Pancakes with Maple Syrup	Hash Browns
			Maple Bar			Danish
Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Beef Pot Roast with Gravy	Fried Chicken	Lasagna	BBQ Boneless Pork Ribs	Meatloaf	Sautéed Garlic Prawns	Stuffed Bell Peppers
Roasted Turkey with Cranberry Sauce	Pork Chops with Applesauce	Chicken Scaloppini with Caper Butter Sauce	Cornmeal Catfish with Lemon and Tartar Sauce	Chicken and Dumplings	Marinated Top Sirloin Steak with Peppercorn Sauce	Chicken Enchiladas
Mashed Potatoes and Gravy Stuffing	Baked Potato with Sour Cream	Garlic Polenta with Marinara Sauce	Roasted Red Potatoes	Mashed Potatoes and Gravy	Three Cheese Scalloped Potatoes	Spanish Rice
Roasted Brussels Sprouts	Green Beans	Roasted Zucchini with Lemon and Tomatoes	Broccoli	Spinach	Cauliflower	Mixed Vegetables
Beets	Corn	Asparagus	Mixed Vegetables	Beets	Carrots	Broccoli
Bread Pudding with Vanilla Sauce	Boston Cream Pie	Assorted Jell-O	Butterscotch Pudding	Apple Pie	Chocolate Chip Banana Cake	Cheesecake with Caramel Topping
Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chef's Choice Soup	Potato Bacon Soup	Chef's Choice Soup	Tomato Basil Soup	Chef's Choice Soup	Clam Chowder	Chef's Choice Soup
Grilled Tuna Melt on Sourdough	Polish Sausage with Sauerkraut	Hamburger Gravy over Mashed Potatoes	Grilled Ham and Cheese Sandwich with Apple Butter	Taco Salad with Salsa and Sour Cream	Smoked Salmon Caesar Salad	BBQ Pork Sandwich on a Brioche Bun
Chef Salad	Apple Walnut Salad with Grilled Chicken and Mixed Greens	Herb Baked Chicken Legs	Cobb Salad with Bay Shrimp	Smoked Turkey and White Cheddar French Dip Sandwich	Mushroom and Bacon Pizza with White Sauce	Battered Cod Fillet with Lemon and Tartar
Broccoli Cranberry Salad	Mustard Potato Salad	Mixed Vegetables	Tator Tots	Carrot Raisin Salad	Garlic Bread	Coleslaw