


# Cornell Estates

# Events Calendar

# August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AC - Arts Center COL-Columbia Room-1<sup>st</sup> fl CR-Cascade Room - 2<sup>nd</sup> fl ELR-East Living Room-1<sup>st</sup> FA - Floor Alcove LIB - Library - 2nd floor ML - Main Lobby - 1st fl PC- Pacific Univ.Clinic- 1<sup>st</sup> PR - Party Room - 2nd fl</p>	<p><b>Happy Birthday!</b> Jim Colegrove 8/1 Garabed Yeghiaian 8/13 Vesta Sundstrom 8/18 Maxine Brown 8/22 Bob Brooks 8/30</p>		<p>1 8:00—3:30 Bus to Doctors 9:15 Seated Yoga-- PR 10:00 Group Activities—CR 10:00 Community Gardening-ML 11:00 ReadAloud:Newsletter-ELR 1:00 Spanish Conversation COL 1:30 Resident's Meeting - PR</p>	<p>2 9:15 Strength &amp; Balance - PR 10:00 Adult Coloring - AC 11:30 Trip: South Store Café 1:00 Bingo - PR 3:00 Sing-Along w/Jan- PR 6:00 Pokeno - CR</p>	<p>3 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize - PR 10:00 Pretty Nails - ELR 2:30 Dish Round-up 3:00 Happy Hour w/ Hans &amp; his Accordion-PR</p>	<p>4 10:00 Adult Coloring-CR 1:00 Bingo-CR 1-4 Pat with Avon- ML 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR</p>
<p>5 9:30 Worship Service -PR 2:30 Bible Study - CR</p>	<p>6 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn -CR 2:00 Pretty Nails - ML 3:00 Boost Your Memory -AC</p>	<p>7 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 2:30 Dish Round-up 6:00 Poker-COL</p>	<p>8 8:00—3:30 Bus to Doctors 9:15 Seated Yoga-- PR 10:00 Group Activities—AC 1:30 Birthday Party with the Senior Serenaders- PR</p>	<p>9 9:15 Strength &amp; Balance - PR 10:00 Adult Coloring - AC 10:00 Trip: Picnic at Blue Lake 1:00 Bingo - PR 6:30 Orenco Photography Club 6:00 Pokeno - CR</p>	<p>10 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize - PR 10:00 Pretty Nails - ELR 1:30 Fall Risk Screening-PR 2:30 Dish Round-up 3:00 Boost Your Memory -AC</p>	<p>11 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR</p>
<p>12 9:30 Worship Service &amp; Communion - -PR 2:30 Bible Study - CR</p>	<p>13 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn -CR 2:00 Pretty Nails - ML 3:00 Boost Your Memory -AC</p>	<p>14 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 WinCo 2:30 Dish Round-up 6:00 Poker-COL</p>	<p>15 8:00—3:30 Bus to Doctors 9:15 Seated Yoga-- PR 10:00 Group Activities—AC 10:00 Community Gardening-ML 11:00 Bedazzled Jewelry-ML 1:30 Trivia Challenge-PR 1:30 Card Lady - PR</p>	<p>16 9:15 Strength &amp; Balance - PR 10:00 Adult Coloring- AC 1:00 Bingo - PR 1:30 Trip: Bethany Goodwill 3:00 Sing-along w/Jan-ML 6:00 Shute Park Concert-The Junebugs 6:00 Pokeno - CR</p>	<p>17 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize - PR 10:00 Pretty Nails - ELR 1:30 Performing Arts Youth Academy-PR 2:30 Dish Round-up 3:00 Boost Your Memory -AC</p>	<p>18 10:00 Adult Coloring-CR 1:00 Bingo-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR</p>
<p>19 9:30 Worship Service-PR 2:30 Bible Study - CR</p>	<p>20 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn -CR 2:00 Pretty Nails - ML 3:00 Boost Your Memory -AC</p>	<p>21 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Albertson's 2:30 Dish Round-up 6:00 Poker-COL</p>	<p>22 8:00—3:30 Bus to Doctors 9:15 Seated Yoga-- PR 10:00 Group Activities—AC 1:00 Spanish Conversation COL 1:30 Bean Bag Baseball-RCY</p>	<p>23 9:15 Strength &amp; Balance - PR 10:00 Adult Coloring- AC 1:00 Bingo - PR 1:30 Trip: Washington County Museum 6:00 Shute Park Concert-Ty Curtis 6:00 Pokeno - CR</p>	<p>24 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize PR 10:00 Pretty Nails - ELR 1:30 Happy Hour Happy Hour w/ Matthew Casey -PR 2:30 Dish Round-up</p>	<p>25 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR</p>
<p>26 9:30 Worship Service -PR 2:30 Bible Study - CR</p>	<p>27 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Cornell College - CR 1:30 Movie &amp; Popcorn -CR 2:00 Pretty Nails - ML 3:00 Book Club - LIB</p>	<p>28 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength &amp; Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Walmart 2:30 Dish Round-up 6:00 Poker-COL</p>	<p>29 8:00—3:30 Bus to Doctors 9:15 Seated Yoga-- PR 10:00 Group Activities—AC 10:00 Community Gardening-ML 1:00 Spanish Conversation COL 2:00 Tea With Friends-PR</p>	<p>30 9:15 Strength &amp; Balance - PR 10:00 Pretty Nails - ELR 11:30 Lunch at the Cheesecake Factory 1:00 Bingo - PR 2:30 Alzheimer's Support Group w/Sandy Morehouse -CA 6:00 Pokeno - CR</p>	<p>31 NAME TAG DAY 9:00 Catholic Communion - CR 9:15 Stretch, Flex, Energize PR 10:00 Pretty Nails - ELR 1:30 Lecture with Bob Kuest-PR 2:30 Dish Round-up 3:00 Boost Your Memory -AC</p>	<p>SR - Sewing Room - 3rd fl RCY - Retirement Side Court Yard AL—Assisted Living RL- Retirement Living</p>