


Cornell Estates



Events Calendar



October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:00—3:30 Bus to Doctors 8-11 Flu Shot Clinic-PR 1:30 Movie & Popcorn-CR 2:00 Pretty Nails - ML	2 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Fred Meyer 6:00 Poker-COL	3 Smart Step Hearing 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 10:00 Community Gardening-ML 11:30-2 Bedazzled Jewelry-ML 1:30 Trivia w/Hillsboro Library-PR	4 9:15 Strength & Balance - PR 10:00 Adult Coloring - AC 1:00 Bingo - PR 1:30 Mystery Drive 3:00 Music Sing-along w/ Jan-PR	5 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 1:30 Beanbag Baseball-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC	6 10:00 Adult Coloring-CR 1:00 Bingo-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
7 9:30 Worship Service -PR 2:30 Bible Study - CR	8 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:00 Pretty Nails - ML	9 PU DENTAL CLINIC 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Safeway 2:30 Dish Round Up 6:00 Poker-COL	10 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 10:00 Community Gardening-ML 1:30 Birthday Party with the Senior Serenaders- PR 1:30 Pinochle -1st FA	11 9:15 Strength & Balance - PR 10:00 Adult Coloring - AC 10:00 Trip: Tillamook Cheese Factory and lunch 1:00 Bingo - PR 6:00 Pokeno - CR 6:30 Orenco Photography Club -PR	12 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 2:30 Dish Round Up 3:00 Happy Hour w/Stan Lasley-PR	13 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
14 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR	15 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:00 Pretty Nails - ML	16 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Joann/Kohls 2:30 Dish Round Up 6:00 Poker-COL	17 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:00 Spanish Conversation-COL 1:30 Residents Meeting-PR 1:30 Pinochle -1st FA	18 9:15 Strength & Balance - PR 10:00 Adult Coloring- AC 10:30 Trip: Lunch at Camp 18 1:00 Bingo - PR 3:00 Music Sing-along w/Jan-PR 6:00 Pokeno - CR	19 NAME TAG DAY 9:15 Stretch, Flex, Energize - PR 9:30 Catholic Communion-CR 10:00 Pretty Nails - ELR 1:30 Bunnies in Baskets-PR 2:30 Dish Round Up 3:00 Boost Your Memory-AC	20 10:00 Adult Coloring-CR 1:00 Bingo-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
21 9:30 Worship Service-PR 2:30 Bible Study - CR	22 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:00 Pretty Nails - ML	23 PU DENTAL CLINIC 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Walmart 2:30 Dish Round Up 6:00 Poker-COL	24 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 10:00 Community Gardening-ML 1:00 Spanish Conversation COL 1:30 Pinochle -1st FA 1:30 Card Lady- PR hallway 2:00 Tea with friends	25 9:15 Strength & Balance - PR 10:00 Adult Coloring-AC 1:00 Bingo - PR 1:00 Trip to Sauvie Island Pumpkin Patch 2:30 Alzheimer's Support Group with Sandy Morehouse 6:30 Pokeno - CR	26 NAME TAG DAY 9:15 Stretch, Flex, Energize PR 9:30 Catholic Communion - CR 10:00 Pretty Nails - ELR 1:30 PDX Tap Connection Halloween Show-PR 2:30 Dish Round Up 3:00 Newsletter Folding-COL	27 10:00 Adult Coloring-CR 1:00 Movie-CR 2:00 Bible Study w/Fran-COL 6:30 Skipbo-CR
28 9:30 Worship Service -PR 2:30 Bible Study - CR 3:00 Visit from VOFW	29 8:00—3:30 Bus to Doctors 9:15 Stretch, Flex, Energize-PR 10:00 Cornell College - CR 1:30 Movie & Popcorn -CR 2:00 Pretty Nails - ML 3:00 Book Club - LIB	30 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance - PR 9:15 Group Activities -AC 11:00 Blood Pressure Clinic-ML 1:00 Bingo - PR 1:30 Walmart 2:30 Dish Round Up 6:00 Poker-COL	31 HALLOWEEN 8:00—3:30 Bus to Doctors 9:15 Seated Yoga -PR 10:00 Group Activities—CR 1:00 Spanish Conversation COL 1:30 Pinochle -1st FA 3:00 Halloween Happy Hour-PR 6:00 Trick or Treaters	Happy Birthday! Peg Owens 10/5 Beppy Hunter 10/7 Bob Hicks 10/24 Veronica Scouler 10/25 Joan Dummer 10/26 Jean Brady 10/30	AC - Arts Center COL - Columbia Room - 1st fl CR - Cascade Room - 2nd fl ELR - East Living Room - 1st fl FA - Floor Alcove LIB - Library - 2nd floor ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st	PR - Party Room - 2nd fl SR - Sewing Room - 3rd fl RCY - Retirement Side Court Yard AL—Assisted Living RL— Retirement Living