



CORNELL ESTATES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9/30/18	10/1/18	10/2/18	10/3/18	10/4/18	10/5/18	10/6/18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal
Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters
Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style
Bacon	Link Sausage	Sausage Patty	Bacon	Sausage Patty	Link Sausage	Breakfast Ham
Buttermilk Pancakes with Maple Syrup	French Toast with Maple Syrup	Hash Browns	Waffles with Apple Topping and Fresh Whipped Cream	Biscuits with Sausage Gravy	Mushroom and Spinach Frittata	Pumpkin Waffles with Whipped Cream
		Almond Orange Muffins			Donuts	
Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Roasted Turkey with Cranberry Sauce	Lasagna	Herb Baked Catfish	London Broil with Horseradish Sauce	Baked Herb Chicken	Chicken Fried Steak with Country Gravy	Spaghetti and Meatballs with Marinara Sauce
Pork Roast with Apricot Sauce	Marinated Chicken Breast with Maître D Butter	Roasted Spiced Pork Loin with Applesauce	White Fish and Potato Cake with Lemon Dill	Beef Stroganoff over Egg Noodles	Boneless BBQ Pork Ribs	Baked Swai with Roasted Red Pepper
Maple Roasted Sweet Potatoes	Garlic Parmesan Risotto with Prosciutto	Savory Cornbread Pudding	Herb Roasted Potatoes	Baked Potato with Sour Cream	Mashed Potatoes with Country Gravy	Wild Rice Pilaf
Zucchini	Yellow Squash	Mixed Grilled Vegetables	Broccoli	Mixed Vegetables	Roasted Okra	Cauliflower
Carrots	Green Beans	Braised Kale	Beets	Asparagus	Corn	Sauté Cabbage
Bread Pudding	Hot Fudge Sundaes	Pecan Pie	Yogurt Tartlet	Chocolate Cake	Butterscotch Pudding	Banana Cake with
Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chef's Choice Soup	Cream of Broccoli Soup	Chef's Choice Soup	Cream of Tomato Soup	Chef's Choice Soup	Clam Chowder	Chef's Choice Soup
Baked Cod with Lemon and Tartar Sauce	Waffles with Cinnamon Roll Topping	Mushroom Swiss Burger with Lettuce and Tomato	Grilled Cheese and Tomato Sandwich	Tacos with Lettuce, Tomato and Cheese	Chicken Stew over a Biscuit	Hawaiian Pizza
Chicken Salad Croissant	Grilled Ruben on Rye	Tuna Salad Stuffed Tomato Halves on a Bed of Greens	Grilled Chicken Tenders with Ranch Dressing	Smoked Turkey Sandwich with Provolone,	Green Salad with Roasted Pork and Beets	Buffalo Chicken Wings with Blue Cheese Sauce
Coleslaw	Sausage and Potato Frittata	Cucumber Salad with Yogurt and Fresh Dill	Sweet Potato Fries	Black Bean Salad	Kale, Apple, and Walnut Salad	Fruit Salad