



# CORNELL ESTATES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3/31/19	4/1/19	4/2/19	4/3/19	4/4/19	4/5/19	4/6/19
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal	Malt-O-Meal	Cream of Wheat	Oatmeal
Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters	Egg Beaters
Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style	Eggs Any Style
Link Sausage	Sausage Patty	Bacon	Sausage Patty	Bacon	Link Sausage	Bacon
French Toast with	Farmer's	Waffles with Strawberries	Biscuits with	Spinach and	Waffles with Raspberries	Buttermilk Pancakes
	Blueberry Muffin				Almond Poppy Seed Muffin	
Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice	Fruit/Toast/Juice
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Beef Pot Roast with Gravy	Teriyaki Beef Stir Fry with Yakisoba Noodles	Lasagna	Roasted Tri-Tip with Blue Cheese Cream Sauce	Meatloaf	Pork Chops with Mushroom Cream Sauce	Buttered Bake Chicken
Cornish Game Hen	Pork Chow Mein over Fried Noodles	Chicken Marsala	White Fish Potato Cakes with Remoulade Sauce	Chicken and Dumplings	Baked Cod with Lemon Wedge and Tartar Sauce	Beef Goulash over Egg Noodles
Mashed Potatoes and Gravy	Steamed Rice with Green Onion	Roasted Garlic Polenta	Scalloped Potatoes	Mashed Potatoes and Gravy	Baked Potato with Sour Cream	Roasted Red Potatoes
Romanesco Cauliflower	Sauté Vegetable Medley	Zucchini	Yellow Squash	Green Beans	Mixed Vegetables	Parsnips
Spaghetti Squash	Broccoli	Carrots	Beets	Corn	Spinach	Sugar Snap Peas
Blueberry Rhubarb Crisp	Ice Cream Sundaes	Applesauce Cake with	Strawberry Cheesecake	Apple Pie	Butterscotch and Chocolate	Cherry Chocolate Cake
Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll	Fresh Roll
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chef's Choice Soup	Kale and Navy Bean Soup	Chef's Choice Soup	Cream of Tomato Soup	Chef's Choice Soup	Potato Leek Soup	Chef's Choice Soup
Beef Macaroni and Cheese	Sausage Spaghetti	Chicken Stew over Biscuits	Grilled Tomato and Cheese Sandwich	Cabbage Roll Casserole	Mushroom Spinach Casserole	BBQ Pork Sandwich on a Bun
Roasted Chicken Breast with Carrots and Onions	Green Salad with Chicken, Strawberries	Sloppy Joe	Penne Pasta with Capicola Tomato Cream Sauce	Grilled Chicken Tenders with Ranch	Meat Combo Pizza	Battered Cod Fillet with Lemon and Tartar Sauce
Mixed Vegetables	Garlic Breadstick	Chips	Carrot Raisin Salad	Peas and Carrots	Fruit Salad	Coleslaw