

# Cornell Estates



# Events Calendar



# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HAPPY BIRTHDAY!</b> Irene Mathern 10/3 Luella Koch 10/4 Betty Fisher 10/5 Peg Owens 10/5 Don Bryant 10/9	<b>HAPPY BIRTHDAY!</b> Betty Coggins 10/21 Bob Hicks 10/21 Joan Dummer 10/26 Deloris Lockard 10/27	1 8-11 Flu Shot Clinic-PR 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 11:00 Blood Pressure Check-ML 1:00 Bingo - PR 1:30 Fred Meyer** 2:30 Dish Round Up 3:00 Therapy Dog Visit-ELR 6:00 Poker-COL	2 8:00-3:30 Bus to Doctors 9:15 Breathe & Stretch-PR 10:00 Coffee with Friends-CR 1:30 Trivia w/Hillsboro Library-PR 2:00 Food Committee-COL 5:30 Skipbo-AC	3 9:15 Strength & Balance - PR 10:15 Jumbo Yahtzee-PR 1:00 Bingo - PR 1:30 Trip to Bethany Goodwill** 6:00 Pokeno - COL 6:00 Reading by Will-LIB	4 9:00 Catholic Communion- CR 9:15 Stretch, Flex, Energize- PR 10:00 Friendly Visiting-AL 1:30 Happy Hour with Matthew Casey- PR 5:30 Skipbo-AC	5 9:15 Saturday Stretch-PR 10:00 Board Game- AC 1:30 Movie & Popcorn- CR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-CR
6 9:30 Worship Service-PR 2:30 Bible Study - CR 5:30 Skipbo-AC	7 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 11-1 Laddie Boy Jewelry-ML 1:30 Movie & Popcorn-PR 2:00 Anyone Can Paint!-CR 3:00 Reading by Donna- ML 5:30 Skipbo-AC	8 <b>DENTAL CLINIC**8:30-4-DO</b> 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance-PR 9:30 Shop at Wash.Square & lunch at Cheesecake Factory** 11:00 Blood Pressure Check-ML 1:00 Bingo - CR 2:30 Dish Round Up 5:30 Skipbo-AC	9 8:00-3:30 Bus to Doctors 9:15 Breathe & Stretch-PR 10:00 Cellphone Workshop**-COL 1:30 Birthday Party with the Senior Serenaders- PR 5:30 Skipbo-AC	10 9:15 Strength & Balance - PR 10:15 Beanbag Baseball-PR 1:00 Bingo - PR 1:30 Bimart** 3:00 Sing-along w/Jan-PR 6:00 Reading by Will-LIB 6:00 Pokeno - COL 6:30 OrencoPhotographyClub-PR	11 9:00 Catholic Communion- CR 9:15 Stretch, Flex, Energize- PR 10:00 Friendly Visiting-AL 1-4 Earwax Clinic**-DO 1:30 Halloween Craft**-PR 2:30 Dish Round Up 5:30 Skipbo-AC	12 9:15 Saturday Stretch-PR 10:00 Board Game- AC 1:30 Bingo - PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC
13 9:30 Worship Service & Communion - PR 2:30 Bible Study - CR 5:30 Skipbo-AC	14 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 2:00 Anyone Can Paint!-CR 3:00 Reading by Donna- ML 5:30 Skipbo-AC	15 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:00 Trip to Sauvie Island Pumpkin Patch & lunch** 9:15 Strength & Balance- PR 11:00 Blood Pressure Check-ML 1:00 Bingo-CR 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL	16 8:00-3:30 Bus to Doctors 9:15 Breathe & Stretch- PR 10:00 Board Game- AC 1:30 Resident Meeting-PR 1:30 Card Lady-PR Hallway 5:30 Skipbo-AC	17 9:15 Strength & Balance - PR 10:15 Jumbo Yahtzee-PR 1:00 Bingo - PR 1:30 Albertsons** 6:00 Reading by Will-LIB 6:00 Pokeno - COL	18 9:00 Catholic Communion-CR 9:15 Stretch, Flex, Energize-PR 10:00 Friendly Visiting-AL 2:30 Dish Round Up 3:00 Happy Hour w/Hans-PR 5:30 Skipbo-AC	19 9:15 Saturday Stretch-PR 10:00 Board Game- AC 1:30 Movie & Popcorn -PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC
20 9:30 Worship Service-PR 2:30 Bible Study - CR 5:30 Skipbo-AC	21 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1-6pm Red Cross Blood Drive-PR 2:00 Anyone Can Paint!-CR 3:00 Reading by Donna- ML 5:30 Skipbo-AC	22 <b>**DENTAL CLINIC-8:30-4-DO</b> 8:00 - 11:00 Bus to Doctors 9:00 Writers Group-CR 9:15 Strength & Balance- PR 11:00 Blood Pressure Check-ML 11:30 Lunch at Hale's** 1:00 Bingo - CR 2:30 Dish Round Up 5:30 Skipbo-AC 6:00 Poker-COL	23 8:00-3:30 Bus to Doctors 9:15 Breathe & Stretch-PR 10:00 Board Game-AC 1:30 Beanbag Baseball-PR 5:30 Skipbo-AC	24 9:15 Strength & Balance - PR 1:00 Bingo - PR 1:30 WinCo** 3:00 Sing Along with Jan-PR 6:00 Reading with Will-LIB 6:00 Pokeno - COL	25 9:00 Catholic Communion-CR 9:15 Stretch, Flex, Energize PR 10:00 Friendly Visiting-AL 1:30 Westernaires Senior Line Dancing Troupe -PR 2:30 Dish Round Up 5:30 Skipbo-AC	26 9:15 Saturday Stretch-PR 10:00 Board Game-AC 1:00 Bingo-PR 2:00 Bible Study w/Fran-COL 5:30 Skipbo-AC
27 9:30 Worship Service-PR 2:30 Bible Study - CR 5:30 Skipbo-AC	28 8:00-3:30 Bus to Doctors 9:15 Stretch, Flex, Energize -PR 10:00 Cornell College - CR 1:30 Movie & Popcorn-PR 2:00 Anyone Can Paint!-CR 3:00 Reading by Donna- ML 5:30 Skipbo-AC	29 8:00-11:00 Bus to Doctors 9:00 Walmart** 9:00 Writers Group-CR 9:15 Strength & Balance 11:00 Blood Pressure Check-ML 1:00 Bingo-CR 1:30 Book Sale - Brookwood Public Library** 2:30 Dish Round Up 5:30 Skipbo-AC	30 8:00-3:30 Bus to Doctors 9:15 Breathe & Stretch-PR 10:00 Board Game- AC 2:00 Tea With Friends - PR 5:30 Skipbo-AC	31 <b>Happy Halloween!</b> 9:15 Strength & Balance - PR 1:00 Halloween Bingo - PR Prize for best costume & prizes for Bingo winners 6:00 Pokeno - COL 6:00-7:30 Trick or Treaters	AC - Arts Center COL-Columbia Room-1st fl CR - Cascade Room -2nd fl ELR-East Living Room FA - Floor Alcove DO-Dental Office-1st **-Sign up at front desk <b>ACTIVITIES ARE SUBJECT TO CHANGE</b>	ML - Main Lobby - 1st fl PC - Pacific Univ. Clinic - 1st PR - Party Room - 2nd fl RCY - Retirement Court Yard SR - Sewing Room - 3rd fl AL- Assisted Living IL- Independent Living LIB - Library - 2nd floor