

SUNDAY 4/4/21	MONDAY 4/5/21	TUESDAY 4/6/21	WEDNESDAY 4/7/21	THURSDAY 4/8/21	FRIDAY 4/9/21	SATURDAY 4/10/21
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
♥ Oatmeal with Milk and Sugar	♥ Malt-O-Meal with Milk/Sugar	♥ Cream of Wheat with Milk/Sugar	♥ Oatmeal with Milk and Sugar	♥ Malt-O-Meal with Milk and Sugar	♥ Cream of Wheat w/ Milk + Sugar	♥ Oatmeal with Milk and Sugar
♥ Egg Beaters	♥ Egg Beaters	♥ Egg Beaters	♥ Egg Beaters	♥ Egg Beaters	♥ Egg Beaters	♥ Egg Beaters
Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg	Scrambled, Poached Or Fried Egg
Bacon	Link Sausage	Ham Steak	Sausage Patty	Bacon	Sausage Patty	Chorizo Sausage Patty
Monte Cristo Sandwich	Pancakes with Caramel Sauce and Whipped Cream	Biscuit and Gravy Country Potatoes Banana Muffin	French Toast with Strawberry Sauce and Whipped Cream	Breakfast Croissant Sandwich	Pancakes with Maple Syrup	Eggs and Cheese
White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast	White, Wheat, Rye or Raisin Toast
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Hazelnut Crusted Salmon Half or Full	Beef Lasagna Half or Full	Orange Chicken Half or Full	Beef Fajitas with Sour Cream and Salsa Half or Full	♥ Roasted Turkey Half or Full	♥ Salmon Dill Cake with Lemon Butter Caper Sauce Half or Full	Meatloaf with Ketchup Glaze Half or Full
Oregano Garlic Grilled Chicken Half or Full	♥ Shrimp Piccata Half or Full	Spring Vegetable Rolls with Sweet and Sour Sauce Half or Full	Pork Carnitas Half or Full	♥ Italian Roasted Pork Loin Half or Full	Chicken Cordon Bleu Half or Full	Turkey Pot Pie Half or Full
Baked Potato Italian Herb Rice	Scalloped Potatoes	Stir Fried Rice	Spanish Rice	Garlic Mashed Potatoes	Parsley Butter Rice	Baked Potato with Sour Cream
♥ Fresh Green Beans	Green Peas	Yakisoba Noodles	♥ Black Refried Beans	Bacon Onion Green Beans	♥ Broccoli	♥ Brussels Sprouts
Baby Carrots	♥ Broccoli	Stir Fry Vegetables	Zucchini and Yellow Squash	Baby Carrots	♥ Sautéed Spinach	Capri Vegetables
♥ Side Garden Salad	♥ Side Caesar Salad	♥ Side Spring Mix Salad	♥ Side Garden Salad	♥ Side Spring Mix Salad	♥ Side Garden Salad	♥ Side Caesar Salad
Dinner Roll	Garlic Breadstick	Fortune Cookie	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll
Strawberry Bread Pudding	Cannoli	Strawberry Shortcake	Flan	Apple Pie	Brownie	Apple Rum Tart
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Basil Tomato Soup	Cream of Mushroom Soup	Chicken Noodle Soup	Bacon Potato Soup	Broccoli Cheese Soup	Clam Chowder	Navy Bean and Ham Soup
Grilled Cheese Sandwich Half or Full	Open Face Beef Sandwich Half or Full	Cheese Tortellini with Alfredo Pesto Sauce Half or Full	Taco Salad with Sour Cream and Salsa Half or Full	BBQ Pulled Pork Sandwich Half or Full	Grilled Turkey and Swiss Sandwich Half or Full	Hot Beef Sandwich with Cheese Sauce
Chicken Tenders with Honey Mustard Dressing Half or Full	Ham and Mushroom Quiche Half or Full	♥ Chicken Cobb Salad Half or Full	Crab Cakes with Louie Sauce Half or Full	Cheese Manicotti Half or Full	Italian Sub Sandwich Half or Full	♥ Cranberry Chicken Salad On a Croissant Half or Full
Tater Tots	Mashed Potatoes	Roasted Red Potatoes	Yellow Rice	Fries	Potato Wedges	Potato Salad
Coleslaw	Mixed Vegetables	♥ Green Beans	♥ Broccoli	Peas and Carrots	Potato Chips	♥ Broccoli
	Sweet Potato Fries			Coleslaw	Tomato Cucumber Salad	Pineapple and Carrot Salad
Assorted Cookies	Tapioca Pudding	Peanut Butter Crumb Cake	Watermelon	Snickerdoodle Cookies	Custard and Caramel Sauce	Coconut Pineapple Cake

NAME: _____ ROOM # _____ ♥ = heart healthy ♥ = heart healthy w/o sauce PLEASE FILL OUT AND RETURN TO FRONT DESK OR SERVER, ASAP. THANK YOU!